District 8 Toastmasters Annual Conference April 26, 2025



Marriott St. Louis Airport Hotel



Welcome!

From Your Conference Chair

Welcome to the 2025 District 8 Conference. We're excited you're here! A lot of people have worked hard so you can have a great time while you ELEVATE. It's our goal to help you elevate your speaking, leadership, and opportunities to succeed in your personal and professional life.

We encourage you to take notes so you can remember what you've learned from the keynote speech, the educational sessions, and the speech contests.

Please also make it a priority to meet some Toastmasters you haven't met before. To help you connect and have even more fun, participate in the Conference Connection Quest (found on page 13 of your program)! Complete the quest, visit the Registration Table to show your progress, and collect a prize for playing along!

Let's make this a weekend of learning, laughter, and leadership you'll never forget.

Brad Adams

Annual Conference Chair



Keynote Speaker: Pamela Rodney
①11:15 - 12:15
Keynote Speech Title: "LIFT"
Get ready to be inspired and challenged as
Pamela Rodney—District 8's celebrated 2023
World Championship of Public Speaking
Finalist—takes the stage with her dynamic keynote, LIFT.

Drawing from her journey of perseverance, leadership, and personal growth, Pamela will reveal how embracing your own "LIFT" can transform the way you lead, influence, and succeed.

Expect a powerful, relatable, and motivating message that will leave you energized and ready to rise higher in every area of your life.

☆ Come discover what LIFT could mean for you.

Insights That Lift My Leadership



SPEAK: Jennifer Krupp

1:40 – 2:20 Salon A

Session Title: "Your Favorite Things,
Your Professional Story - Telling
Powerful Networking and Interview
Stories" Turn your favorite experiences
into compelling stories that showcase
your strengths and build authentic
connections.



LEAD: Dan Woods, DTM

1:40 – 2:20 Salon B

Session: "Powerful Leading, By

Serving?" Want to Level-Up in your

career? To be a next generation leader?

Are you already the boss – and find

yourself overwhelmed? Learn how to

lead your team so they follow – and

you may even get some sleep at night!



SUCCEED: Jim Zboran

1:40 – 2:20 Salon C

Session Title: Step up, Step Out, and Step Into Leadership with Toastmasters

Align with your authentic self, overcome limiting beliefs, and unlock greater success. Discover how to elevate your growth.

Ideas That Elevate Me

JIM ZBORAN



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SPEAK: Dr. Shantay Wakefield

②2:30-3:15 Salon A

Session: "Dealing with Difficult People:
Conflict Resolution in

Volunteer Organizations" Struggling
with difficult personalities in your
volunteer organization? Discover
practical strategies to resolve conflicts,
foster teamwork, and keep your mission
on track!



LEAD: Annetta Works Salley

②2:30-3:15 Salon B

Session: "Elevate – Leading with Impact for Change" Discover how to inspire action, lead with impact, and unlock your full potential to achieve greater outcomes. Elevate your leadership and drive meaningful change in and outside of your Toastmasters journey.



SUCCEED: RJ Stratton, DTM ② 2:30–3:15 PM Salon C Session: "Ain't No Club Like the One We've Got" Panel discussion with representatives from successful clubs across the district will share what's working well in their clubs—from member engagement to creative programming—and offer practical ideas to take back to your club.

New Heights: My Key Takeaways

Schedule

8am - 5pm	Hospitality Room	Salon 2					
8am-7pm	Registration/ Vendors	Ball Room East Foyer					
8-8:45	Networking/ Vendo <mark>rs</mark>	Ball Room East Foyer					
8-8:45	Candi <mark>dates Co</mark> rner	Salon C					
9-11am	Annu <mark>al Busine</mark> ss Meeti <mark>ng</mark>	Salons III, IV, & V					
11-11:15	Break						
11:15 - 12:15pm	Welco <mark>me/Keyn</mark> ote	Salons III, IV, & V					
12:15 - 12:30	Travel Break	-4.					
12:30 -1:30	Lunch w/ Roast	Salons III, IV, & V					
1:30 - 1:40pm	Move to sessions						
1:40-2:20pm	Educational/ Networking/ Vendor	Salons A, B, C (split) East Foyer					
2:20-2:30	Break						

2:20-2:30	Break						
2:30-3:15	Educational Sessions/Vendor	Salons A, B, C (split) East Foyer					
3:00-3: <mark>30</mark>	Functionary Brief	Lambert Room					
3:15-3:30	Contestants Brief	Salon VI & V					
3:15-3:30	Break						
3:30-5:00	Evaluation Speech Contest	Salons III, VI & V					
5:00-5:30	Functionary Brief	Lambert Room					
5:00-5:30	Contestants Brief	Salon VI & V					
5:30-6:00	Dinner Processional	Salon C					
6:00-7:00	Dinner	Salons III, IV, & V					
7:30-9:30	Intl Speech Contest	Salons III, IV, & V					
9:30 -	Rising Higher: Our Closing Celebration	Salons III, IV, & V					



Evaluation Contest

Judge's Guide and Ballot

	SUGGESTED POINT VALUES													
JUDGING ITEMS	E X C E L L E N	V E R Y G O O	G 0 0	F A										
	T		D	R	1	2	3	4	5	6	7	8	9	10
Analytical Quality Clear, Focused	40	28-39	17-27	0-16										
Recommendations Positive, Specific, Helpful	30	22-29	13-21	0-12										
Technique Sympathetic, Sensitive, Motivational	15	11-14	6-10	0-5										
Summation Concise, Encouraging	15	11-14	6-10	0-5										
TOTAL SCORE (100 Points Possible)														

EVALUATION SPEECH CONTESTANTS

PATRICK HUNT	
ALEXA DICKSON	
JAMIL MCKINNEY	
MEG LANGLAND ———	
BRYCE "ROOSTER" RAWERS	

CONTEST MASTER: MARQUETTA WISE, DTM

CHIEF JUDGE: TERRI ORBAN



International Speech Contest

Judge's Guide and Ballot

		SUGGESTED POINT VALUES			INT											
JUDGING ITEMS		EXCELLENT	VERY GOOD	G00D	R											
		EXC	VE	9	FAIR	1	2	3	4	5	6	7	8	9	10	
Speech Development Structure, Organization, Support Material	0.	15	11-14	6-10	0-5											
Effectiveness Clear purpose, Achievement of Purpose, Relevance	CONTENT 50	10	7-9	4-6	0-3											
Speech Value Ideas, Logic, Original Thought	8	25	17-24	9-16	0-8											
Physical Appearance, Body Language, Speaking Area	DELIVERY 30	10	7-9	4-6	0-3											
Voice Flexibility, Volume		DELIVERY 3	10	7-9	4-6	0-3										
Manner Directness, Assurance, Enthusiasm			DE	10	7-9	4-6	0-3									
Appropriateness To Speech Purpose, and Audience	LANGUAGE 20	10	7-9	4-6	0-3											
Correctness Grammar, Pronunciation, Word Selection		10	7-9	4-6	0-3											

INTERNATIONAL SPEECH CONTESTANTS

SETH MCDONALD
BRAD STOCKTON
JASON WYATT
SHANEICE MILLER THOMAS ————
DAVID MCNEEL ———

CONTEST MASTER: MARQUETTA WISE, DTM

CHIEF JUDGE: TERRI ORBAN



Thank You to Our Conference Leaders!

On behalf of District 8, I want to sincerely thank each of our Elevate 2025 Conference committee heads. Your leadership, creativity, and dedication have made this event possible.

You've helped us lift our members higher and created a truly memorable experience.

Conference Chair: Brad Adams

Conference Advisor: Tom Coscia, DTM

District Director: Charice Manor

Education Chair: Patti Howard, DTM

Facilities/Arrangements: Glory Kindou

Finance Chair: Herman Koester, DTM

Hospitality Chair: Bret Nicolas

Publicity Chair: Deborah Woods

Registration Chair: Mark Bean, DTM

Speech Contest Chair: Angie Breinin Technology Chair: Leo Breinin

Videographer: Tony Moore

Volunteers

Thank you for helping District 8 shine!

Patti Howard, DTM
 District 8 Program Quality Director
 Toastmasters International

CONFERENCE CONNECTION QUEST

Find someone who...

		7				
joined Toastmasters in the past 2 years	has competed in any speech contest	serves as a club officer				
is attending their FIRST Toastmasters conference	has completed <i>any</i> level in Pathways	follows Toastmasters on social media				
is wearing a Toastmasters Pathways Pin	has led a Table Topics session	can recite the Toastmasters mission from memory (or close enough!)				
has been a Toastmaster for 10+ years	shared a story that made you smile	has made a new Toastmasters friend today				



Complete 8+ tasks! Show your Quest page at Registration to claim a prize and enter the prize drawing. Winners announced at the start of the Evaluation Contest (3:30 PM)!

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Shop When You Want, No Mandatory Monthly Purchase Build a Global Platform Business with Our Proven Platform Significant Earning Potential



Backed by Research & Quality Manufacturing: Korea Atomic Energy Research Institutes & Kolmar BNH

Local Meeting on Sundays at 2PM 10936 Schuetz Dr. St Louis, MO 63146



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Kesha Kent, DTM

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Join Deborah Woods, NCC, creator of the



Vocal Variety Shuffle a fun, practical card deck to build vocal range and emotional expression



Brave Empathy a groundbreaking guide to growing emotional fluency in leadership, parenting, and club communication



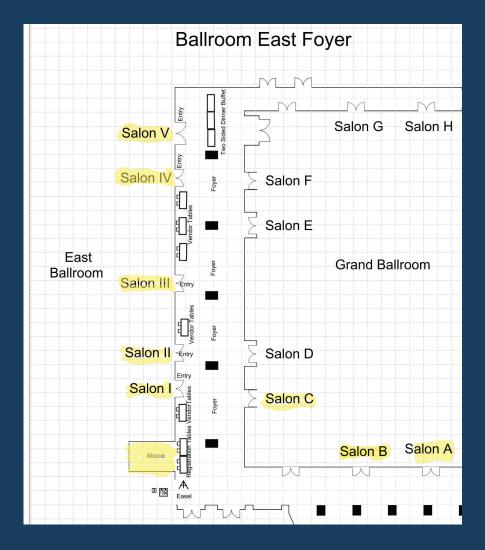
Counselor & Toastmaster



Loved the Friday night game? Keep the momentum going – visit the Vendor table to see the Vocal Variety Shuffle[™] in action.

Order *Brave Empathy* on Amazon





"It brings me great pride and deep gratitude to thank each of you for attending and actively contributing to the success of this year's conference. Your presence wasn't just appreciated—it was impactful. You showed up with curiosity, courage, and a willingness to connect, and that energy set the tone for everything we hoped this experience would be. It's an honor to walk this journey with leaders like you—committed to making a difference and elevating together."

-Charice Manor, DTM District 8 District Director