

**District 8 Toastmasters
Leadership Institute
July 22, 2023**

Washington University
Simon Hall
St. Louis, MO 63130

**D8-Destination
Distinguished**

Achieving Success Together



Toastmaster Leadership Institute

Saturday, July 22, 2023

| Time | Workshop/ Event | Instructor |
|---------------------|---|---------------------|
| 8:30 AM – 9:00 AM | Registration at Simon Hall, Olympia Way & Forsyth | |
| 9:00 AM – 9:20 AM | Opening Session | |
| 9:20 AM – 10:20 AM | Base Camp: Members and Managers, Room 112 | Rhonda Green, DTM |
| | Office of the Treasurer, Room 110 | Abel Carillo |
| | Office of the Sergeant at Arms, Room 122 | Dawnella Bowser |
| | Table Topics: Formulating a Response in 3 Seconds, Room 105 | Yolanda Wood, DTM |
| | Strengthening and Conditioning Your Club, Room 103 | Andrew Welter |
| 10:25 AM - 10:30 AM | <i>BREAK</i> | |
| 10:30 AM – 11:30 AM | Distinguished Club Program Plan, Room 112 | Charice Manor |
| | Office of the Vice President of Membership, Room 110 | Jackie Kam-Blackard |
| | Office of the Secretary, Room 122 | Melissa Triplett |
| | FreeToastHost: Members & Managers, Room 105 | Rebecca Jordan, DTM |
| | Office of the Vice President of Public Relations, Room 103 | Patrick Hunt |
| 11:30 AM – 11:45 AM | <i>BREAK</i> | |
| 11:45 AM – 12:45 AM | Office of the President, Room 103 | Karen Leingang, DTM |
| | Office of the Vice President of Education, Room 110 | Marquetta Wise, DTM |
| | Strengthening and Conditioning Your Club, Room 122 | Andrew Welter |
| | Yoodli: Speech Coach Tool, Room 105 | Rhonda Green, DTM |
| | Triangle Method: Audience Engagement, Room 112 | Kesha Kent |
| 12:45 PM – 1:00 PM | Wrap-Up Session | |

Refreshments are available as they last.

Thank you facilitators for giving your time!

Base Camp: For Members and Managers – Rhonda Green, DTM

This training is to introduce and/or refresh the skills to successfully using Base Camp and Base Camp Manager. Participants will learn to access base camp, access their pathways, approve levels, submit educational awards and understand the progress in the dashboard.

Table Topics: Formulating a Response – Yolanda Wood, DTM

This interactive session will get you thinking on your feet in no time. The skill of impromptu speaking is used in our daily lives and you will learn how to formulate a response to those questions that catch us off guard.

Distinguished Club Program Plan – Charice Manor

This course is an interactive class to give officers an opportunity to get a head start on their goal setting to achieve Distinguished Club Status.

Strengthening and Conditioning Your Club – Andrew Welter

This session will address everything you wanted to know about club coaches and were afraid to ask.

FreeToastHost: For Members and Managers - Rebecca Jordan

This session will orient and equip the attendees to use the Free Toast Host platform for website hosting, member management, meeting agendas, messaging, and more.

Triangle Method: Audience Engagement – Kesha Kent

The triangle eye contact method is a tool to help speakers engage their audience. This session will demonstrate what the method is and how to use it in their speeches.

Yoodli: Speech Coach – Rhonda Green, DTM

This session is to demonstrate how to use the newest tool that Toastmasters International has available and show its benefits in strengthening a member's speech.

Wrap-Up Session

This is a question-and-answer session to allow attendees the opportunity to ask any questions that they may have that will help us better navigate their role in the upcoming year.

CLUB OFFICER FACILITATORS

President
Vice President of Education
Vice President of Membership
Vice President of Public Relations
Treasurer
Sergeant at Arms
Secretary

Karen Leingang, DTM
Marquetta Wise, DTM
Jackie Kam-Blackard
Patrick Hunt
Abel Carillo
Dawnella Bowser
Melissa Triplett

UPCOMING EVENTS

Training Opportunities

July 26 -New Member Orientation 6:30 pm
(More info on D8 page)

August 28 – Marketing and Membership
6:30pm

Destination to Distinguished Incentives

FAST 5 to DISTINGUISHED: This incentive is for all clubs that complete five Distinguished Club Program goals by **December 31**. Your club will receive District recognition and \$25 in TM gift certificates.

OCTOBER DUES: Every member that pays their October renewal dues by **September 30, 2023** will be entered in a drawing to win TM document briefcase, 3 drawings per division.

SMEDLEY CONTEST: Clubs that gain 5 new, dual, or reinstated members between **August 1 and September 30** will receive a Smedley Banner ribbon and a 10% discount from TI Store. District recognition and \$50 TM gift certificate.

Opportunity

NEXT EXIT 

Need help to complete your Level 4 or Level 5 project?

Looking for Facilitators, Committee Members, Club Coaches, and Club Mentors.

Have an idea to empower the district?

The District needs your skills!

Email
pqd@dist8tm.org or
cgd@dist8tm.org

DID YOU KNOW? 

*Membership Rates are rising! Beginning August 1, the semi-annual membership dues will increase to \$60. All members that renew their dues for October-March term by **July 31** can pay at the current rate of \$45.

*Your club can have a **FREE** Canva non-profit account by simply using your club's EIN (Employer Identification Number). Canva is a free-to-use online graphic design tool. Use it to create social media posts, presentations, posters, videos, logos and more.

Your feedback is important to us. Please consider completing the TLI Feedback Survey by using the QR code. (To access, open your camera app and point your camera view at the QR code. A small yellow pop up will pop up below the square that will take you to the survey.)



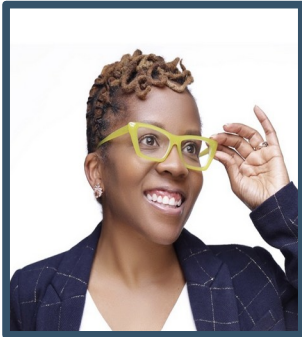
FACILITATORS



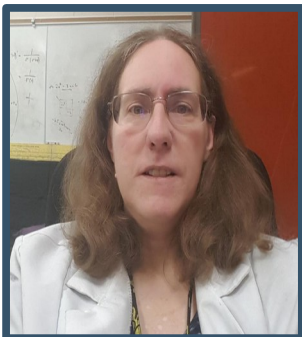
YOLANDEA WOOD, DTM served in the USAFA and retired at the rank of major. Highlights include her service as a navigator with almost 3,000 hours, including combat time. While on the ground she served as a Recruiting Squadron Commander and Assistant Professor at the USAFA. She retired at Scott. She continued teaching after retiring at a high school in MO. Now she is a personal trainer, mostly retired and active in nine organizations and counting. If you push her she can recount all... Toastmasters, Tuskegee Airmen, AARP Tax Aide, Restoration Ranch Community Garden, O'Fallon Garden Club, St Nicholas Church, Sunrise Rotary Club of O'Fallon, Center for Racial Harmony and Kiwanis Club. In over five she has a leadership role.



RHONDA GREEN, DTM, DD is a mother, grandmother, Artist and Published Author. I have a 43-year career in Aircraft Engineering. My fancy title is Product Material Board Review Engineer Senior. I design structural repairs and provide on the job training for newly graduated Engineers. I also provide company training on Presentation Skills, Conflict Resolution, Meeting Management and Professional Development. I have been a member of Toastmasters for 17 years. Always serving as an officer in my clubs. I have served in District level leadership positions starting with Area Director up an through to Immediate Past District Director, including Program Relations Officer. More recently, I served as last years D16 Program Relations Manager and District 8 Division F Director. Currently, she is the District Director of District 8.



KESHA KENT is a wife, mother, a High Energy Speaker, two time author. She has over 20 years of experience in Talent Development, Training, Development and Talent Acquisition. Her current role is National Diversity Talent Strategist, with Husch Blackwell a national Top 100 law firm. Kesha is Division E Director with District 8 Toastmasters International and has shared her expertise as panelist and keynote speaker for media outlets such as Oprah Daily and a diverse group of businesses and organizations, including, Ameren, Hire Level Staffing, Dress for Success, Washington University at St. Louis, Saint Louis University, Judson University, SCI Engineering, Professional Women's Alliance, National Society of Black Engineers, National Speakers Association, National Black MBAs and more. Kesha has also served on several local and global boards!



MELISSA TRIPLETT is a high school science and math teacher and has been a toastmaster since 2014. In the prior educational program, she completed Advanced Communicator Gold and Advanced Leadership Bronze and served as a Pathway Guide to help with the transition to Pathways. In 2017, she was the District 8 Toastmaster of the Year after leading two clubs to President's Distinguished as their president. In Pathways, she has completed two paths so far: Effective Coaching and Visionary Communication. She has held all club offices except for treasurer including 4 years as a secretary within 3 different clubs with 3 different styles of doing the secretary role.



ANDREW WELTER has been a Toastmaster for just under 7 years. In that time, he has a rich history serving his club, High Noon Toastmasters, as President, VPPR, and currently his 4th term as VPE. He also has completed 5 full Paths in Pathways as well as the Pathways Mentor Path, and is close to finishing his 6th Path. He also served in many roles in the district; Area Director, Division Director, Pathways Co-Chair, Education Committee member and later Chair, and currently is serving as the Retention Chair for District 8. His work has been recognized as he was honored as the 2021-2022 District Toastmaster of the Year. Today he will be presenting *Strengthening and Conditioning Your Club* which will talk in detail about the Club Coach program in Toastmasters, from both the Club side and the Coach side.

FACILITATORS



CHARICE MANOR, P Q D works as a contract specialist with the government. She is an children's book author and proud Army Veteran with combat service during Operation Iraqi Freedom. She holds a bachelor's degree in Marketing from Virginia State University, a MBA from the University of Phoenix and teaching certification from Drexel University. Charice is a former elementary and middle school teacher. She is passionate about teaching and education. She has been a Toastmaster since October 2020 and has proudly served as Club President, Sergeant at Arms, Secretary, Area Director, and currently, as the Program Quality Director. She desires to be an influential leader in all the roles she holds throughout life.



KAREN LEINGANG, IPDD joined Toastmasters in April 2014 as a charter member of Toast of WU. During her time as a Toastmaster, Karen has served all of the Club Officer role except Sergeant At Arms. She has also been active in the District by serving as an Area Director, Division Director and a member of the Trio for the past two years. She originally joined Toastmasters with a short term goal of being able to sharpen her skills for interviews so she could escape a dead end job. Nine years later, Karen is still at the same company, but she has received two promotions based on the communications and leadership skills she has gained by being an active member of Toastmasters.



DAWNELLA BOWSER is currently the Division C Director for District 8. She has been a member of Toastmasters since 2016. She presented the Treasurers training at TLI in 2022. She has held several club officer position throughout her Toastmasters journey since as President, VPE, VPM, Treasurer, and SAA. Additionally, she has served as an Area Director twice in District 117. She completed her Competent Communicator and currently has her Level 4 in Leadership Development. She serves in the United States Air Force as a Senior Enlisted Leader in the Headquarters Air Mobility Command.



PATRICK HUNT has been a Toastmaster for the last 4 years and has served as both an Area and Division Director. He is a member of South County Toastmasters and has served there as Vice President of Public Relations, Treasurer and assisted his club in other areas. He strongly believes that public speaking is a skill that everyone should cultivate. In his free time Patrick enjoys reading and writing about various subjects of interest. He also enjoys spending time with his friends and family. He is currently working as a researcher at Washington University in St. Louis.



JACKIE KAM-BLACKARD is a business analyst with Express Scripts. Jackie ensures that the customer's voice is represented. She has completed the Competent Communicator and Competent Leader series and is working on the Innovative Planning Pathway. She has served as the Area 3 Director and Division B Director and in various club level officer roles. Jackie is married to the man she met in Yosemite 27 years ago and her daughter is a junior in college. She enjoys scrapbooking, volunteering at the Missouri Botanical Gardens and Honor Flights, traveling, eating ethnic foods, and reading.

FACILITATORS



ABEL CARILLO is a member of Scott Speakers Association and serves in the Treasurer officer role. He is a Senior Enlisted Leader of the Air Refueling Directorate at the 618th Air Operations Center in Air Force. He leads the professional development of 65 total force members within 2 Divisions and 6 AFSCs ensuring proper utilization, training, and readiness as well as operational oversight to the Director. He joined Toastmasters February of 2022 and his goal for joining Toastmasters is to polish his public speaking and influence his team to strive for excellence in their career.



MARQUETTA WISE, DTM has been a Toastmaster since 2013. She is the founding member of Triton Club at University of Missouri – St Louis. She is a dual member at Aetna Toastmasters and Toast of SLU. She has held every club officer role except Vice President of Public Relations. She is an award-winning ToastMaster who enjoys new recipes, being the 'hostess with the mostess' and adult coloring books. She works for a local media organization and is in the process of creating her own non-profit. Marquetta's positive energy is typically described as contagious and fun.



REBECCA JORDAN is a member of Fairview Heights Toastmasters and the District Finance Manager. She has been a Toastmaster since April, 2015. She has served as President, VP Education, VP Membership, Secretary and Treasurer across two clubs during this time. She is currently working on Level 4 in the Dynamic Leadership path and Level 4 in the Leadership Development Path. She is a former Toastmaster of the Year and has served in the past as an Area 12 Director. Outside Toastmasters she spends time reading, crafting and being involved with her grandchildren. She balances her life between work at Washington University in St. Louis, Toastmasters, 2 children and 7 grandchildren and her 5 fuzzy kids.

We hope to see you there!

THANK YOU TO OUR SPONSORS!

