

## **Tammy Ablan Bio**

Tammy has been a member of Crossroads Toastmasters Club since 2014. She sponsored and mentored two RaboMasters Toastmasters Club in her company, Rabobank, where she has worked since 2017. She joined Toastmasters to help prepare for answering interview questions. She continued with Toastmasters to continue her growth journey and because she couldn't imagine leaving her Crossroads family.

Tammy has held all club office roles except VP Membership at least once. She is currently President of one RaboMasters club and Treasurer in the other. Tammy previously served as Area 9 Director in the 2020-2021 Toastmaster year and achieved Distinguished Toastmaster in the 2021-2022 Toastmaster year.

Tammy has a Communications degree and an MBA from Maryville University; is a Business Continuity Analyst for Rabobank; and loves being the aunt of two great nephews. She is currently pursuing her dream of becoming a published author as she continues to write her first novel.

*“A goal is a written plan. Write your dreams and visions.” - Lailah Gifty Akita*