

### **Shannon Dunphy Lazo -- Bio**

Shannon Dunphy Lazo is a longtime member of Toastmasters. She has been a member of a total of 5 clubs in Washington, DC and the Midwest: Energy Toastmasters (US Dept of Energy), NSF Toastmasters (National Science Foundation), CACI Toastmasters (government contractor), Timely Talkers Toastmasters (N Aurora, IL), and her current club, Free Speakers Toastmasters in St Louis.

Before moving to St Louis, she worked as a STEM professional (science, technology, engineering, and mathematics), planning and coordinating internships and scholarships for college undergrads. Shannon proudly has 2 Masters degrees and is an engineer.

Over the years, she has learned firsthand the benefits from being a Toastmaster. She believes in pitching in where needed and the importance of asking questions and documenting.

Shannon is also the Director of a disease nonprofit and volunteers at the St Louis Science Center. In her down time, Shannon enjoys going to Cardinals games, reading, and baking. She loves pizza and burgers and hopes to one day try all non-chain restaurants' burgers in the St Louis area.

She looks forward to serving this year as Area 17 Director!