

## **Amy Lamb Biography**

Amy joined Toastmasters in 2015 as a member of the RGA Toastmasters Club. Since joining, Amy has held the Vice President of Membership, Vice President of Education, and President roles. As President, Amy reenacted the club's mentorship program, instituted an annual club appreciation event, and worked with other Toastmaster Clubs within RGA to hold joint meetings every other month. During 2021, Amy participated in the Area 4 International Speech contest, placing third. She has completed the Motivational Strategies Path and is currently working on the Effective Coaching Path.

Outside of Toastmasters Amy is a Certified Public Accountant (CPA) licensed in the state of Missouri. She works as a Global Audit Manager for RGA in Chesterfield, Missouri with a primary focus on RGA's Global Financial Solutions business line and Global Investments. In addition to leading audits, Amy also leads a number of department initiatives, is a member of the St. Louis Institute of Internal Auditors and the Insurance Internal Audit Group, and volunteers on corporate charity initiatives with the American Heart Associations and Mercy Hospital's Blood Donor Services.

Amy spends her free time watching movies, experiencing with new foods, and playing games with her husband and their army of fur babies.