Alinda Heron is a native of Murphysboro, IL, where she currently resides. After finishing school at Southern Illinois University, where she studied art and clothing design, Alinda eventually settled on the shores of the Chesapeake Bay, just outside of Washington, DC. During her 26 years there, she had a successful career in sales, marketing, and graphic design. Working for the Maryland-National Park and Planning Commission as an Exhibit Designer inspired Alinda to start her own graphic design business.

Alinda joined Toastmasters after moving back to Southern Illinois in 2017. Her goal was to improve her public speaking skills, to meet people with similar interests, and to discover new opportunities. She served as VP Of Public Relations in her club, Southern Illinois Toastmasters.

Since joining Toastmasters, Alinda went back to SIU for her master's degree in Recreational Therapy and is graduating in August 2020. Toastmasters has helped develop the communication and leadership skills needed to effectively foster health, wellness, and independent living skills for individuals with disabilities.