

“If you get out of Toastmasters all there is to get out of Toastmasters you will never get out of Toastmasters.” (Helen Blanchard Past Intl. President TI

I know this statement is true from my past 19 years as a Toastmaster in District 8. I have been District Sergeant@Arms, Co-Chair of Toastmasters Leadership Institute, Trainer for Officer Training Sessions, and a career Sergeant@Arms for Midtown Clayton Toastmasters Club 283 (club is second oldest in District 8--75 years old!). I have these

Toastmaster educational awards: ACG, ALB. I am honored to be chosen as the Area 19 Director until June 30, 2020 as part of my requirements to earn DTM.

I am a retired St. Louis County Community Health Nurse, M.S.N., R.N., and a part-time professional storyteller (DBA One Fine Storyteller) to both children and adults in the St. Louis area. Tag line: “Great stories told well!”

My husband and I have been married for 53 years and share the SAME BIRTHDAY (month, day, and year). Our son is 45 years old and practices as an Organizational Psychologist.

I am an epigrammatic communicator when not on stage, detail oriented, and a life-long learner. I am still getting used to my smart phone. I am a senior citizen with some mobility issues. As Daniel Newman said, “I am truly wealthy with “freedom from drudgery and unwanted commitments.”