

**District 8 Mission** 

We build new clubs and

support all clubs in achieving excellence.

**District Officers** 

District Director Elaine Curry, DTM

DD@dist8tm.org

# Communic~8 District 8 Newsletter



Volume 18 Issue 3

June 2019

### MAXIMIZE YOUR TOASTMASTERS POTENTIAL Giving direction to all of your Toastmasters experiences.



Program Quality Director James Childress PQD@dist8tm.org

Club Growth Director Angela Breinin CGD@dist8tm.org

#### Immediate Past District Director Kat Mokriakow, DTM IPDD@dist8tm.org

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Plans for Summer 2019 TLI

(Toastmasters Leadership Institute) are complete. This theme is "*Maximize Your Toastmasters Potential.*"

The program is designed to help you maximize your potential in Toastmasters & outside Toastmasters for you career & personal goals.

This is what others have to say about attending Summer TLI:

"Not only did I learn my responsibilities as a club officer but I learned even more from some of the presenters on personal development topics presented there." – Raymond (R.J.) Stratton

"What I enjoy most about TLI are the officer trainings where I expect and get clarity. Anyone can ask questions and get answers." – Annetta Works-Salley

*"What I enjoy most about TLI is the networking opportunities." – Kevin Desrosiers* 

As always, TLI will include informative training to help you fulfill the duties of

your new officer role within your local club. You will learn more about the responsibilities for your new position and get suggestions to help you thrive as a leader for your club.

You will also help your club gain credit toward the Distinguished Club Program.

This TLI's elective workshops will include:

**Free Toast Host** – Is your club looking for a way to manage agendas and role assignments? Want to store club records digitally Toastmasters International offers a solution through Free Toast Host.

**Leadership Styles** – Learn more about different leadership styles and how to make the most of leadership opportunities.

**Building a Healthy Team** – Team work is required everywhere...work, community, family. Learn more about maintaining healthy team dynamics.

Cont. next page

<u>Newsletter Editor</u> Tom Coscia, DTM, PDG webmaster@dist8tm.org

### **Register today for the Summer TLI!** See page 2.

**Building Achievement for Continued Success** – We are all looking to succeed. Learn how to lead your club to success, thus helping your club members on their way to success.

Maximizing Your Meeting – Keep your team engaged with effective meetings.

**Pathways Lab** – Do you have questions about Pathways? Need a clear path to access your projects and necessary links? Bring your smart device or laptop to access Wi-Fi and get practical help you can take back to your club.

The keynote speaker, Adrienne Ross, is a fellow Toastmaster, John Maxwell Certified Speaker, and author. So many opportunities to Maximize Your Toastmasters Potential!

TLI will be held on June 22, 2019 from 8:30 am to 2:30 pm. Maritz North, 1355 North Highway Dr, Fenton, MO 63099

Register Here

## District 8 Toastmasters Leadership Institute

Club Officer Training and Workshops for All Toastmasters

# MAXIMIZE YOUR TOASTMASTERS POTENTIAL

Giving direction to all of your Toastmasters experiences.



**Keynote Speaker:** Adrienne Ross Toastmaster and John Maxwell-Certified Speaker, Trainer, and Coach Author of *Push Your Way to Purpose* 

Register by June 12<sup>th</sup> for a chance to win an Early Bird prize.

### Maritz Corporation • Fenton, MO Saturday • June 22, 2019



#### Register before midnight, June 12<sup>th</sup>, to be entered in the early bird drawing!

**Note**: Registration is a Google Form. Some companies block access on work computers. If blocked, you can easily apply on your phone or home computer.

As Jennifer Huck says, "I love the Summer TLI...you meet others and get inspired for the new TM year!" See you at Summer 2019 TLI...and get inspired together

# Farewell Message from your District Director Elaine Curry, DTM

#### **Greetings Fellow Toastmasters**,

I pondered for a while to determine what I wanted to say to you for my final message as your District Director. So many things churning in my mind. Well let me start with the obvious but most sincere. THANK YOU! There is no leader that is an island and works alone. I am a product of the Toastmasters International motto:



My growth that came as I led District 8 is embodied in the emblem that you see above. You afforded me opportunities to be part of your meetings, to meet and get to know many of you and network with you at District events. I was part of a Trio and District Staff that cared and worked hard to help District 8



be the best it could be. To all of you I am eternally grateful. Once again they are also embodied in the symbol above.

We all worked through the challenge of a changing environment within Toastmasters International. Yes, I am speaking of Pathways. We could not have anticipated what this meant for us and our future journey with Toastmasters. However, here we are preparing for the 2019 – 2020 year. You are in great hands.

Work with your elected leaders as you worked with me. District Director elect James Childress, Program Quality Director elect Angie Breinin and Club Growth Director elect Geoff King are preparing themselves to lead you to a path of excellence and greatness.

My advice to you is to stay focused, committed and dedicated to your goals. Toastmasters is invested in you. There are continued efforts to keep building and growing the programs that will help you grow to your personal and professional best. Remember to stay engaged. Your club needs you and you need your club. Be actively involved in every meeting that you attend. There is no organization that I know that gives so much for such an incredibly reasonable investment.

It is my intent to continue to work with the Leadership and the District as I begin my next chapter in life in retirement. You all have been instrumental to helping me make the transition from corporate life in 2017 to retirement and my life of leisure that I thoroughly enjoy. I look forward to the next level of my journey.

Don't be surprised if I reach out to you to share in my claim to fame. Watch out for me because I will be keeping my eye on you!! From the bottom of my heart, I thank you for being such an important part of my life's journey. I will see you soon.

# <u>Message from your District Program Quality Director</u> James Childress

#### Greetings Fellow Toastmasters!

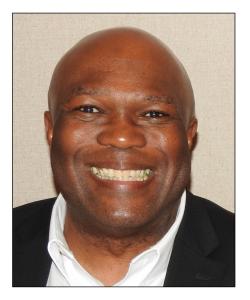
It has been a pleasure this year serving the most outstanding Toastmasters in the world as Program Quality Director (PQD). One of the key responsibilities as PQD is to organize and plan events like the Leadership Expo, Spring Conference and Toastmasters Leadership Institute (TLI).

The magnitude of these events can be very daunting. However, I know somehow and someway, District 8 Toastmasters will come through and make it happen. I am forever grateful to all of you for stepping up to the plate to ensure the events were successful.

The District 8 Leadership Expo was the first of its kind as it replaced the traditional Fall Conference. We did not know what to expect, but it turned out very well and set the tone for the rest of the program year.

The highlights of the Leadership Expo were a dynamic speech by Region 5 Advisor; Heather Perkins, heartfelt testimonials from the Youth Leadership graduates, and a knockout headliner by Kelly McCormack who once traveled the globe with Tony Robbins as an Executive Trainer. Kelly's presentation of "The State of Flow" captivated and inspired the audience.

The Winter TLI went off without a hitch. A special thank you to cochairs Linda Sullivan and Telicia



McGee for organizing the event. We had almost 200 Toastmasters in attendance to receive club officer training, learn new skills during educational sessions, and hear a riveting keynote speech from Coach Kim Burke of Primary Conversations and founder of Let's Grow Institute. Coach Kim imparted the value of networking and gave us actionable information to take our networking to the next level.

After the TLI came club officer make-up training. I want to thank all the Division Directors (DD) and Area Directors (AD) for ensuring the club officers were afforded an opportunity to attend training. By the time DD/ADs could catch their breath, it was time to host Area and Division Speech Contests and complete the second round of club visits.

Again, I appreciate the commitment from DD/ADs to ensure the district needs were met despite an already demanding schedule in their professional and personal lives. The speech contest season concluded at the District 8 Spring Conference. Anyone that has attended the Spring Conference knows it is a huge production of trying to coordinate two speech contests, a District Council meeting, keynote speaker, education sessions, recognition ceremony and many more activities behind the scenes.

Despite the enormity of the event, Stephanie Furlong took on the challenge along with Seth Miller to organize an outstanding conference. There was a lot of great feedback from those that attended. Know what was really amazing? That was Stephanie's first ever District Conference! Wow! Talk about stepping up and making it happen. Awesome job Stephanie!

The final event will be the Summer TLI on June 22, 2019 at Maritz in Fenton, MO. Adrienne Pluss and Angie Breinin are the co-chairs. Despite playing major roles in the Spring Conference, these outstanding Toastmasters without hesitation volunteered to chair the event. That's what true commitment is all about. Thank you, Adrienne and Angie!

Speaking of commitment, I want to thank RJ Stratton for taking Pathways to the people and motivating the members to adopt the new education program. RJ traveled districtwide and was available to lend his *Cont. next page* 

# <u>Message from your District Club Growth Director</u> Angela Breinin

Greetings, Fellow Toastmasters!

What a great year we've had! It has been my absolute pleasure to serve you this year as Club Growth Director for District 8. I want to extend my thanks to you for making this a truly outstanding year. From your efforts, we chartered 5 new clubs this year which generated 135 charter members for the District. I want to thank everyone who contributed to these new clubs by providing club leads, participating in demonstration meetings, providing officer and/or Pathways training, and serving as Club Mentors or Club Sponsors.

I would like to congratulate all those clubs who benefitted from the marketing promotions this year. Several clubs won the Open House promotion. Clubs that won the Smedley Award include: Little Hills Toastmasters, Chesterfield Toastmasters, and Central West End Toastmasters. Clubs that won the Talk



Up Toastmasters campaign include: ABECU, Columbia Toastmasters, WelDon Toast, Downtown Toastmasters, and Primary Conversations. Don't forget about the Beat the Clock membership campaign--keep bringing in those new members and renewing those current members! The Beat the Clock results will come in after June 30. Keep up the great work, District 8; let's keep promoting our wonderful clubs!

My year serving as your Club Growth Director was not without its challenges. It was difficult at times to juggle that and my full-time job! However, I had a great team of

people helping me out along the way. First, I would like to thank **District Director Elaine Curry and Program Quality Director James** Childress--it has been a pleasure to serve with you, and I will be forever grateful for your guidance and leadership this year. I would like to shout out a huge thank you to John Barry, our Club Extension Chair--I really don't think I could have done it without you! Also, thank you so much to our Public Relations Manager, RJ Stratton for his marketing insight that absolutely crushed it this year! I would also like to thank all of our Area and Division Directors for their support--it was great getting to know you better and working with all of you! I am extremely excited to move into the next leadership position, Program Quality Director. Thank you all and best wishes for another wonderful program year!!!

Sincerely, Angie Breinin Program Quality Director Elect

#### Message from your District Program Quality Director: James Childress (cont.)

expertise to anyone that asked. Overall, it was a very successful year.

I want to thank Elaine Curry; District Director and Angie Breinin; Club Growth Director for all their support along with the Division and Area Directors.

The biggest thanks go out to all of you in District 8. I love you and look forward to serving you in the upcoming program year. But we are still not done yet. Let's continue to the finish line and achieve those educational goals.

## Message from your District Public Relations Manager

# **RJ Stratton**

Wow, This year has went by really fast! I feel very blessed to have been your District 8 Public Relations Manager for 2018-2019 Toastmaster year.

I must say, This toastmasters year was the year for changes ... transitioning and phasing in the new Educational "Program 'Pathways"; utilizing online projects, manuals, and documents; virtual meetings a lot more; and one of the biggest changes – one less district conference and speech contest. Oh yeah, let's not forget the changing of attitudes and minds to embracing the way we do things in the 21st century (computers) everything pretty much online.

Though these changes seem to have been extremely trying at times, I have always tried to provide a solution and not all of my efforts have turned out as planned. But I like to think I had a positive impact and that I am leaving the district a little better than when I started.

When I started this year, I had three main goals as PRM...

- Culture: To create a culture of positivity and to encourage members at all levels to be actively involved with making District 8 all that it could be.
- 2.) Growth: Through marketing efforts, social media, and events, present a positive public image



of Toastmasters and attract new members.

3.) Communications: Internal communications for the district leaders and members to effectively communicate needed help, ideas, recognition, resources and assistance from district leaders, clubs, and other district members. External communications for promoting, educating and inviting to & sharing events & benefits of toastmasters and District 8 with the general public, a favorable image of toastmasters has proved effective in attracting new members to clubs in all areas.

Still need a lot more members & clubs participating in both Facebook (Closed Group) and setting up the clubs own Meetup page.

Here are a few ways that everyone can continue to help their clubs and their district grow:

More members & leaders joining

the District 8 Facebook Closed Group; ...to share ideas, promote events and ask for help...more clubs using & setting up district Meetup pages. All of this has greatly increased the effectiveness of the district members and leaders to communicate with each other.

REMEMBER ... The WOW Factor

ALWAYS Talk up Toastmasters whenever appropriate...Invite friends, family, and colleagues to club Meetings and be sure to ask them to join. Be active in your club's PR projects and Membership Drives (put up posters, volunteer at open houses, share online stories & testimonials, posts, pictures, etc.)

ALWAYS Look for opportunities to promote Toastmasters

ALWAYS volunteer to help your club, Area, Division and District ... together we accomplish more.

Are you going to be serving as your club's VP Public Relations for the coming Toastmasters year? Volunteer to serve on the District 8 PR Committee.

Remember to check out the all resources on the District 8 website (<u>www.dist8tm.org</u>) for ideas and inspiration.

District 8 has a long and distinguished history, of leaders and doers, and I look forward to seeing where the new year and new educational program takes us!

## All Toastmasters Need to Capture Some 'Goalrillas'

Rosemary Wilson, ACG, ALB & SAA







Toastmasters need to look for 'GOALRILLAS' and interact with them everyday. Toastmasters will not have to go on safari or take a trip to the local zoo to venture into their winning and wonderful world. 'GOALRILLAS' is a powerful term to represent your personal improvement goals in the areas of communication and leadership as an active member of Toastmasters International. Goals are actions/ behaviors intentionally identified and executed according to a specified timeline.

Recognize some of the 'GOALRILLAS' in your Toastmaster experience as the earning of educational awards thru Pathways or the 2020 retiring traditional educational program; being a contestant in a speech contest; and/or holding a club/district officer position. You need to intentionally and periodically hunt for your next 'GOALRILLAS' based on your acquaintance with prior "GOALRILLAS' and your Toastmasters progress. Keep the following in mind as you approach all 'GOALRILLAS':

First, 'GOALRILLAS' are compelling. They will confront you with vim and vigor. You are the master of this hunt and so you should not be surprised when they assault your senses. Your style of communication and leadership will definitely change under their persuasive and pervasive influence. You shouldn't be afraid of them. Rather you should welcome their help in focusing your time, talents, and treasure to your personal best Toastmasters benefit. Secondly, 'GOALRILLAS' are rarely cozy and comfortable to interact with face to face. Realize their necessary place in your Toastmasters membership. This will help with the periodic confrontation and choices that you will have to make in this organizational relationship. Your 'GOALRILLAS' are inescapable and long lasting in their influence on you. Learn to co-exist with them as ideal partners in gaining Toastmasters expertise as a speaker and as a leader.

Thirdly, 'GOALRILLAS' are great confidence and competence builders. They do the heavy sifting of all the things in your Toastmaster journey and leave you with a strong set of abilities and capabilities. 'GOALRILLAS' help you climb to heights of personal best that are both desirable and useful. Never enter a Toastmasters club meeting, conference, or contest without your ever evolving troop of 'GOALRILLAS' top of mind.

It is no surprise that 'GOALRILLAS' in your Toastmasters world travel logically and easily into the habitat of the rest of your life. Welcome and celebrate their co-existence with you wherever you find yourself in this world.

Copyright 2018 Rosemary Wilson, ACG, ALB & SAA Midtown Clayton Toastmasters Club 283-8 Phone: 314-997-3474; Email: <u>wilsonrosemary@me.com</u>

# **Spring Conference Recap**

#### John Mohr, DTM

#### District 8 Evaluation Contest 2019

On May 3, 2019 Kevin Desrosiers presented the test speech for the District 8 Evaluation Contest. His speech title was, "Look Both Ways." He told of his struggle to lose weight. Initial success soon led to a frustrating plateau. He might have given up except for the encouragement from his wife Elizabeth. She encouraged him to look back and rejoice in the progress so far. Kevin resumed his assault on weight with the help of a fitness trainer. His goal is 199 pounds.

Kevin then extrapolated looking both ways to apply to all of life's challenges. Keeping your eye on the goal is easier if we remember to rejoice the ongoing progress

After five minutes of preparation five contestants evaluated Kevin's speech. The order of evaluations was Nick Kwolek, Sam Kloese, Joseph McCall, Jean Broida and Melanie Ciotti.

#### District 8 International Speech Contest 2019

Tom Teasdale spoke first with, "A Peak in to Childhood." He began with a childhood dream of pitching in the big leagues. As a kid he would get his kid-sized glove and a ball and head out to the brick wall for a game of pitch at a target on the wall and hope to catch the rebound. He progressed to a bigger glove, a transistor radio and listening to Jack





Joseph McCall (center) won; Brad Adams (right) as second , Robert Washington as third.



Buck. Real life caught up with him and he went on to more profitable activities at least for his skill level. But, even today a brick wall and imaginary target will draw him back to his childhood dream.

Robert Washington spoke next with, "Conversation With A Little Boy." He highlighted his conversation with a picture of that little boy: himself. Robert shared his struggles to survive poverty. He even "turned bricks into fish" by laying bricks in the grass and search for worms for bait the next morning. Robert enlisted to escape poverty and learn survival skills. He then shared conversations with different little boys and little girls: his five children!

Joseph McCall presented, 'No

#### <u>Evaluation Speech</u> <u>Contest Winners</u>

Joseph McCall (center) won, Nick Kwolek as second Jean Broida as third.

More Monkey Business." This was a story about the power of forgiveness'. Two teenagers murdered his uncle (his Mother's brother). At the trial his mother had to decide between mercy and justice for the murderers. "Mom" chose forgiveness because it freed her to heal and pray for no more monkey business.

Wayne Schoeneberg proclaimed that "Opportunity (is) Knocking." Every dark day presents us with the option to choose; will it present an obligation which we are forced to resolve. Or, will it be an opportunity for us to enhance the day. Wayne stressed that we can choose to take advantage of this opportunity. Or we can grumble about the obligation.

**Cont. Next Page** 

# Spring Conference Recap Cont.

Brad Adams literally used selfstick labels in "Labels and Babies." Brad plastered himself with negative labels to emphasize negative characteristics: baby, defective, failure and loser. Brad then pulled off each negative label in turn and explained how these labels can be thrown away instead of holding us back.

#### Keynote Speaker Sam Silverstein

Sam Silverstein, our keynote speaker's mission is to empower people to live accountable lives, transform the way they do business, and to thrive at extraordinary levels.

Sam emphasized accountability by sharing a personal versus professional conflict. Sam once failed to merge his personal and professional calendars. The result was his professional commitment required him to be in Washington DC the morning after his daughter's high school graduation. His accountable solution was to lease an airplane and pilot to whisk him from St. Louis after the graduation to Washington. His commitment to accountability put a major dent in speaking fee! Sam's advice. When facing a challenge, decide to whom you are accountable.

Sam asked us to decide who we are accountable for? Obvious answers include wife, children, and perhaps other relatives. The question can be clarified by considering if we are responsible for



Sam Silverstein Conference Keynote

some aspect of some's life. If yes, we are accountable to them. However, we are most accountable to ourselves.

Accountability comes from a commitment to people. Sam urges us to build accountable relationships and live up to our values.

#### Special District 8 Awards

District 8 presents four special awards at each spring conference. Each award is given in recognition of meritorious service to the district. The first award is for Area Director of the year. It was presented to Toastmaster Larry Taylor. The second special award was for Division Director of the Year. It was presented to Ellen Kirchdoerfer.

The third special award was Toastmaster of the Year. This award might be presented for service this year; or it might be presented in recognition of long years of service. This year it was presented to Patti Howard.

The fourth award is for Retired Toastmaster of the Year. As you might suspect this is in recognition of long years of service by a "vintage" Toastmaster. This year's recipient was John Barry.

Congratulations to all!



**Patti Howard** Toastmaster of the Year

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# District Conference Pics- Susan Boley, DTM













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## **District 8 Members Who Earned Education & Leadership** Awards from April 1, 2019 to May 31, 2019

### **Division A**

#### **Chesterfield Toastmasters**

- Desrosiers, Kevin-VC1
- Joshi, Sudiksha—IP1
- Pluss, Adrienne—ACS
- Winslow, Mike—CC
- Zaegel, David-PM1 •
- Zhang, Emily-VC1 •

#### Crossroads

Hammond, Barry-IP1

#### **High-Noon Toastmasters**

- Huey, Aaron-MS1
- Odden, Ellen Marie-MS1 •
- Welter, Andrew --- IP1
- Welter, Andrew ---MS4

#### Jeffco Challengers

- Bubash James—ACG
- Meadows, Brook Rose—CC
- Meadows, Brook Rose—VC3

#### **Loquacious Leaders**

Sambamoorthy, Prabha—CC

#### Marion VA Toastmasters

Cunningham, Tobi.-CL

#### **Maritz Toastmasters**

Simon, Kara—ALB

#### **RGA** Toastmasters

Martin, Netanya—TC1

#### St. Francis Toastmasters

- Keller, Beth-VC1 •
- LeGrand, Christy S.—IP4 •

#### South County Toastmaster

### Mattison, Victor—ACS

#### Southern Illinois Toastmasters

- Beck, Aur-VC1 •
- Rushing, Julie-MS1
- Rushing, Julie-MS2 •
- Scarbrough, Tim-LD1

#### Speak Easy Toastmasters

- Broida, Jean-ALS
- Broida, Jean-DTM
- Broida, Jean-LDREXC
- Lodes, Kathleen—LD1
- Sturdivant, Michelle-IP1

- Swartz, Wyatt—CC **Unigroup Toastmasters**
- Murdick, Nina Rose—CC
- Orban, Terri—DL2 •

#### West County

- Gaskill. Mark—CC
- Kincade, David-LDREXC

## **Division B**

#### **Aerospace Auditors**

- Chansavang, Marie-EC1
- Mohr, John-PI1

#### **Cave Springs Toastmasters**

- Johnson, Krissy—PM1
- Johnson, Krissy—PM2
- Long, Janet Lorette—DL2 •
- Long, Janet Lorette—DL3
- Woods, Deborah—VC3 •
- Woods, Deborah-VC4

#### **Centene TM Timberlake**

Kalaf, Daniel Philip-LD1

#### **Creve Coeur Toastmasters**

- Ahmed, Shahnaz–IP2
- Cooper, Miranda—IP1
- Kardis, Anthony—ACS •

#### **Grace Church Toastmasters**

Robinson, Earnest—PM1

#### **Mastertoasters**

- Allen, Wayne—EC3
- Buchanan, Sheryl Ann-CL Smedley Hometown Memorial **Money Talks**
- Durfee, Georgia Rae—EC1
- Yasarapu, Padmini ACB

#### Noontime

Oest. Michael—ALB

#### **PMIMSL Toastmasters**

- Mayta, Ninfa 'Connie' CC
- Mayta, Ninfa 'Connie' CL

#### Script Masters

Erickson, Marianne-LD1

#### Shalom Church Toastmasters

- Troy, Donna—DTM
- Troy, Donna—ALS

#### Techmasters

- Gopalakrishnan, Suresh-CL •
- Pasupulati, Deepika-IP1

#### WeldonDon Toast Club

## **Division C**

#### **Capital City Toastmasters**

- Brennan, Katherin-DTM •
- Smith, Donald—MS3

#### Collinsville, Toastmasters

- Currivean, Sara-DL1
- Ramsey, Bob-LD1 •
- Rasche, Valerie ---CC

#### **Gem City Toastmasters**

Leenerts, Roger—CL Lefler, Dirk—CC

Williams, Margaret-CL

Shahidullah, Mohammed-LDREXC

**Horace Mann Toastmasters** 

Beard, Rachal—TC1

McBrian Lincoln-Douglas

Heilig, Leslie-EC1

Kincade, David—PI2

Curry, Elaine—IP2

**Toast of Belleville** 

Triplett, Melissa—VC2

Middendorf, Cindy-VC1

Stratton, Raymond L.-VC3

O'Fallon Toastmasters

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St. Clair

## District 8 Members Who Earned Education & Leadership Awards from April 1, 2019 to May 31, 2019 (cont.)

### **Division E**

#### Alpha Toastmasters

- Duke, James—CL
- Dyal, Kevin—ACS
- Lee, James—CC

#### Callaway Community

- Kate, Ravina—CC
- Capital Toastmasters

#### Nandy, Sumit—IP1

#### Columbia Toastmasters

- Cauley, Kevin—DL1
- Jarboe, Seth EC1
- Tucker, Erin Leila—EC1

#### **Ozark Orators Club**

Mehta, Meenakshi—ACB

#### <u>Talu Toastmasters</u>

Berry, Michael Dean—CC

#### Waynesville-St. Robert Area

- Stewart, Teresa —LDREXC
- Rowe, Mary Jean—VC3

### **Division F**

#### Aetna Toastmasters

Graves, Tammy —LD1

#### Central West End Toastmasters

- Moore, Scott—DTM
- Moore, Scott—ACG

#### Grand Center Club

- Brown, Angela—ACS
- Pulley, Alfreda Delores—PI1
- Smith, Richard– IP1

#### Jacobs P3

- Munro, Phil LD2
- Rasch, Shane—ALB
- Rasch, Shane—CL

#### Midtown Clayton

Suellentrop, Kurtis—CC

#### MilliporeSigma Toastmasters

• Breinin, Angela M—ACB

#### Rent-A-Toast

• Waugh, Leanne—IP1

#### SPEAK UP!

- Kardis, Sandra—TC2
- Strothmann, Mark—VC1

#### Tarsus Toastmasters

- Causey, Doni—PI2
- Vadner, Andrea—CC

#### Toast of WU

- Boaten, Veleria—ACB
- Leingang, Karen.—DL2

#### Voices in Unity

- Chapman, Jerry—LD2
- Triplett, Melissa—EC4

#### WashU Med Masters

### Leingang, Karen—CL

#### WWells Fargo Advisors

- Francis, Rachel—DL2
- Steckert, John Allan—PM2

#### WUSTL Speaks

- McCarthy, Leslie—PM1
- O'Laughlin, Rebecca—ACB
- Wang, Kun—ACB

#### Editor's Note

Did you earn an award and it does not show? Your privacy settings at TI are set to hide your name.

#### **Educational Descriptions**

Abbr.	Path Name
DL#	Dynamic Leadership
EC#	Effective Coaching
IP#	Innovative Planning
LD#	Leadership Development
MS#	Motivational Strategies
PI#	Persuasive Influence
PM#	Presentation Mastery
SR#	Strategic Relationships
TC#	Team Collaboration
VC#	Visionary Communication







YOU are cordially invited to:

#### Midtown Clayton Toastmasters Club 283's 75th Club Anniversary

Happy Hour (Cash Bar), Dinner Party & Program **Saturday, October 5, 2019** 6:00 - 10:00 p.m.

Balaban's Restaurant in Chesterfield (Clarkson Road at Baxter Road)

Buffet \$29 / person (Vegan & Gluten Free on Request)

• RSVP Necessary by Sept. 1, 2019 (Space limited to first 80 paid RSVP's)

• Make checks payable to: "TI Club 283" Mail to: Rosemary Wilson, SAA, 1163 Crockett Dr. St. Louis, MO 63132

Questions? Call 314-997-3474, Rosemary



### **District 8 Mission**

We build new clubs and support all clubs in achieving excellence.



## From Your Editor



#### Tom Coscia, DTM, PDG

Have something you would like to submit in the next issue?

Please email webmaster@dist8tm.org