



DISTRICT 8

e-Communic~8

District 8 Newsletter

Volume 17 Issue 5

Communic~8

June/July 2018

District 8 Toastmaster Honored for Korean War Service



On June 16, the Greater St. Louis Honor Flight flew John Mohr, DTM and 21 other veterans to Washington, D.C. to visit war memorials. The veterans, supported by guardians, toured as many war memorials as time permitted, starting with the World War II memorial, and ending at the Tomb of the Unknown Soldier, for changing of the guard.

Upon return to St. Louis, they were treated to cheering crowds of military personnel and civilians and led to a meeting room located between the airport terminals. Each veteran received a certificate of appreciation amid a cheering crowd. John's crowd included family, church friends, and Toastmaster friends, including Kat Mokriakow and Tim Spezia.


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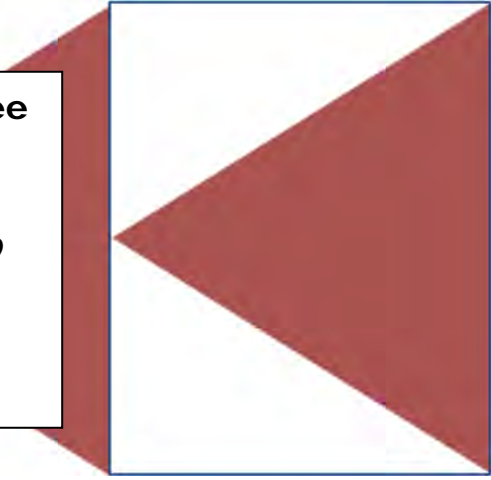
Expanding your Learning and Contest Training Options: Two Advanced Clubs Available to All Members



District 8 Toastmasters
You are invited to attend
the
CAPITAL T TOASTMASTERS
(an advanced club)

Cornerstone Evangelical Free
Church
921 Edgar Road
Webster Groves, MO 63119

2nd Friday of every month
7:00pm – 9:00pm



Interested? Contact Tom
Coscia at
coscia@peoplepc.com

Are you interested in being a World
Champion Speaker?

Want to learn what criteria judges use
during contests?

Want to have an opportunity to practice
champion speeches?

Join
COMPETITIVE SPEAKERS STL Club
Sports Cafe

3579 Pennridge Dr.
Bridgeton, MO 63044
1st & 3rd Tuesday 6:30 p.m.
Phone: 314-659-9119

mrjohnbarry@msn.com

Thank You for an Outstanding Three Years

Kat Mokriakow



"Will you be willing to run as the Club Growth Director? Your district needs you."

Those words were presented to me by Distinguished Toastmaster Mary Kerwin, Past District Governor at the

Spring Conference three years ago. After much soul searching, I said **yes** to Mary and **yes** to District 8.

Once I had made up my mind to run, I gave it everything I had. I planned out all three years that I would be serving as part of the Trio and I committed much of my time and energy to leading the district to success. When I was the Club Growth Director, there were twelve new clubs developed with very little existing clubs' loss. The District was Select Distinguished and we were encouraged by our new growth. As the Program Quality Director, we rolled out the Division Conferences and more folks than ever attended a conference for the first time. We had a great time and even contest attendance was at an all-time high for the international speech contestants. There were 41 Triple Crown recipients that year, and it was my honor to shake the hands of each, say congratulations and thank you, and present to them a Triple Crown pin.

As the District Director, we celebrated Toastmaster support: the family members and friends in our lives that are not Toastmasters, however they make it possible for us to attend. This could be by listening to our speeches, being our toughest evaluators, or to make us feel comfortable in attending meetings week after week. Next, I rolled out the Outstanding Toastmaster incentive. I asked you to tell me the story of how you are

advancing in your educational goals, while balancing family, work, and life outside of Toastmasters. When you did, I presented you with an Outstanding Toastmaster pin. To date, I have given out 14 pins—one of them went to a prisoner at Talu. The story was outstanding and reminded me we all have our challenges; however, it is the ones who find a way that *truly* make a difference.

During the last three years, we encouraged clubs to have fun, to not concentrate so much on filling all the roles in your club meetings, and ensure the ones that *do* get filled do your very best and learn from them. We asked folks within clubs to be more involved in marketing and thinking of creative ways to reach out and be a part.

Now all that we did these last three years...it isn't anything new. All the contributions and ideas I personally had, I learned from our past leaders. I read their newsletters, spoke with them, and, of course, was around for many of them while they were in office. I took the best of what they had to offer and used it for my own—mingled amongst my own ideas. Just ask me sometime and I will share more details on this with you.

As my year comes to an official close as the District Director, I am able to reflect and truly say I am proud of the time served and I sincerely enjoyed being a part of each and every one of your lives. Thank you very much for your trust in me and for your continued support throughout the years. You are the best of District 8 and I am glad to count you as my friends.



2017-18 At a Glance

Outstanding Toastmaster Initiative

This year, our district director Kat Mokriakow challenged members to tell her their stories of how they are advancing in their educational goals, while balancing family, work, and life outside Toastmasters. For hearing their story, Kat presented them with an Outstanding Toastmasters pin. To date, 14 pins have been given out—one of them went to a prisoner at Talu! Their story was outstanding, and reminded Kat that we all have our challenges; however, it is the ones who find a way that truly make a difference.

Find these stories on the District 8 Facebook group: <https://www.facebook.com/District-8-Toastmasters-102074066566991>.



Non-Toastmasters Support Incentive



In January 2018, our District Director rolled out a program honoring non-Toastmaster support for all District 8 members. Attending Toastmasters meetings can be difficult if our families didn't offer their support along the way. This can take the form of listening to your speeches, giving very honest feedback, driving you to meetings, and even giving you positive approval to attend meetings. Members wrote thank yous and shared how their family and friends provided their support.

These notes were included in the February 2018 issue of Communic~8. Find that issue here: <https://dist8tm.org/wp-content/uploads/2018/02/February-Communic-8-02.16.18.pdf>

Billboards from Toastmasters Week



WHERE LEADERS ARE MADE

The Answer to Your Organization's Communication and Leadership Needs



LEARN MORE AT

www.toastmasters.org/corp



WHERE LEADERS ARE MADE

Become a More Confident Speaker and Leader



Find a Meeting Location Near You!

www.toastmasters.org/find

Direct Door Designs



Do You Want to:

- Make New Friends?
- Be More Confident?
- Learn Valuable Skills?

TOASTMASTERS INTERNATIONAL
Est. 1924

Visit a Club Near You Today!

info@dist8tm.org



WHERE LEADERS ARE MADE
www.toastmasters.org



District 8 Fun Day at the World Bird Sanctuary

Rick Hoelscher



District 8 Fun Day 2018 was held on Sunday, May 20 in conjunction with the 2018 spring district conference. The event was held at the Wild Bird Sanctuary in Valley Park, and about 50 people attended. Indeed, FUN was had by all. The event started with a

45 minute show conducted by the professionals and resident birds of the Sanctuary, in the covered outdoor arena. The presentation was not only very informative, it was also entertaining. We were treated to several amazing live bird demonstrations (some including flight) among which were:

- ◆ The Prairie Falcon which is the fastest animal on earth, capable of flying up to 300 MPH. The nostrils of this bird have visible centered cones to allow the entering air to be dispersed properly for optimal breathing at fast speeds. Due to the effectiveness of this, the creators of jet engines have copied the design!
- ◆ Several different types of owls, which we learned can turn their heads up to 270 degrees due to multiple joints in their necks. This is necessary because their eyes are fixed in their heads. They need to be able to move their necks to see up and down and from side to side. With no muscles around their eyes to move them, their sight is extremely keen. They can see prey up to two football fields away under the light of a single star!
- ◆ Other treats were vultures and the bald eagle, in addition to several other species.

We also learned about the rich history of the center and its affiliation with other bird conservation and ecology efforts going on around the world.

After the show in the indoor center, we viewed a couple of large snakes, some turtles, and two large macaws.

Then we all enjoyed a potluck lunch under a reserved pavilion. The fellowship amongst family and friends was nice and relaxing.

When the party broke up some stayed to browse the gift shop or many of the outdoor live exhibits.



Division C Director Ellen Kirchdoerfer and her family



Kat Mokriakow & PR Manager Eileen Smith-Murphy's mom, Gail Murphy



From l-r: Lemont and Elaine Curry, Lora Mather, David Kincade, Kat Mokriakow, and Tim Spezia



New Website

At the beginning of the Toastmaster year, Past District Governor Tom Coscia asked me if he could be the Webmaster for 2017-18. "If you give us a new website, then YES, you can have the position," I replied. Tom asked me to give him an idea of what I wanted and he would do it. So, the District Trio went to work. I found my top three contenders, and we all agreed on the design we wanted; Tom started designing. When he presented a draft of the new site for us to review, it was better than I could imagine! The clean lines, the artwork, and the simplicity in finding the items you are looking for was fantastic. The best part though? The slide show. That was Tom's design completely. I am proud of this new design, and I hope you enjoy it, and find it useful, too. If you have a moment to thank Tom, I encourage you to do so.

Visit the district website at www.dist8tm.org.



Long Range Planning Committee

This year, District Director Kat Mokriakow tasked the Past District Governors/Directors along with a few current leaders with creating a plan that will provide a strategy for the next three years of district leadership. The plan should be designed using only two or three things the committee feels are most important to our district's clubs and members' success. I am proud to share that they not only met, but *surpassed* the request presented to them. I am honored to be a part of this and to present it to you - our district members. I want to personally thank each and every committee member for their teamwork and innovation they brought to this project. I also want to thank Tom Coscia for stepping forward to lead the committee this year. Thank you, Tom.

Here are the words of the committee

On behalf of the Long Range Planning Committee, I proudly submit our report for 2018. We hope these suggestions can be incorporated as we move into the 2018-19 year and beyond. Our report is divided into 3 areas of focus: *Peer to Peer Mentoring*, *Recruitment with a Focus on Diversity*, and *Inclusion and Member Retention*. Each area of focus was carefully researched and reviewed by select committee members as noted. Going forward I know they all will happily lend their support and leadership to their area of focus.

For the full report, please visit the district website: www.dist8tm.org/conference

Tom Coscia, DTM, PDG, Chair
 Parshu Anantharam, Division A Director
 Farzana Chohan, DTM, PDD
 Monaye Dockett, Area 15 Director
 Sandy Kardis, DTM, PDG
 Mary Kerwin, DTM, PDG
 David Kincade, Division C Director
 Cindy Larm, DTM, PDG
 Lora Mather, DTM, PDD
 Curtis Scroggins, DTM, PDG
 Tim Spezia, DTM, PDG



District Executive Committee Transition

One of the most critical events that should happen each year is a transition meeting, when one leadership group is leaving office and the next is just beginning their journey. This is an often missed opportunity to help get the next Trio off on the right foot towards success. This year, the last DEC (District Executive Committee) team met on June 23rd for a time of celebration and transition. The 2018-19 leadership team was invited to attend this particular DEC, so a candid discussion could occur between the two groups. It was a huge success and around 90% of the leaders were present to take advantage of this time and connection. The District Trio has shared they will continue this as a tradition for District 8 in the future.

Way to go team!



District Executive Committee Transition (continued...)



From your 2017-18 Program Quality Director



Fellow Toastmasters,

As we come to the close of the 2017-18 Toastmasters year, I reflect upon all that has happened for District 8 and realize how resilient and tenacious you all have been. Getting to know you, and sharing experiences, and hearing your stories of perseverance, challenges, and success has been such a proud time for me.

I learned the true meaning of the phrase "*Change is the only thing that is constant.*" During my term as Program Quality Director, I witnessed our final District Fall Conference "the Big Goodbye." It was a bittersweet moment of coming together to laugh, connect, and share with each other, knowing, however, that we will not hold that event in the new year.

I watched the District take on the challenge of converting to the Pathways program. Some of you embraced it with excitement straight out of the gate, and others were somewhat skeptical and eventually came on board, or are still working on that. Through it all, we are here. Now it is time for the next step. I am looking forward to leading the District as your District 8 Director in the 2018-19 year. I am humbled by your trust in me to represent our District as your leader this year in Toastmasters International. My request of each of you is to *Support*.

Support your club and its members

Support your Areas and Divisions

Support your District

District 8 is great and don't you forget it! Let us travel this journey with our heads held high. Remember: we are in this together, and we will not be stopped. I hope that we will be remembered and talked about for years to come. A heartfelt thanks to our outgoing District Director, Kat Mokriakow, for an outstanding job as our leader this past year! You are now a part of our District 8 history; it is a permanent mark. I am fortunate to have been a member of your Trio.

Forward march.

Elaine Curry

District 8 Director elect 2018-2019

Welcome
to our 2018-19 District Director!



Don Bittick's Spring Conference Club Growth Workshop

Reported by John Mohr



Don Bittick, Region 5 International Director pictured at left, led a workshop aimed at developing club growth suggestions for both community clubs and corporate clubs. He recruited a scribe for each category.

Toastmasters were divided into small groups to brainstorm suggestions. He prefaced the brainstorming session by proclaiming that, "the best idea he ever had came from someone else."

Don then asked a spokesperson from each group to share suggestions, which the scribes recorded.

Suggestions for community clubs included: use social media such as MeetUp; publicize in community newspapers; use Google for signups; put on a Speechcraft program for the public; and actively seek places as a speaker (and promote Toastmasters).

Suggestions for corporate clubs include some of the above plus involve the Human Resources (HR) department to include Toastmasters brochures and try to convince HR that Toastmasters training is a valued continuing education program which is worthy of corporate financial support.

Spring Contests Report

Reported by John Mohr

Evaluation Contest: Toastmaster Julius Adewunmi gave the test speech entitled, "My Path." He described how he arrived here from Nigeria. Part of his path was bonding with the late Mary Kerwin, Distinguished Toastmaster and Past District Governor. Julius told of the ways Mary shared her knowledge, helping Julius become a better person and better speaker.

Mary's tips helped build upon the foundation provided by his parents; her tips included pursue with passion, don't step on the laugh, and check the stage lighting. His goodbye kiss to Mary was a moving moment.

Contestmaster Art Stanze presided over five contestants who spoke in the following order: Alex Miller, Leslie Garvin, Carla Martin, RJ Stratton, and Tracey Fessler.

Carla Martin won; Alex Miller was second; and RJ Stratton was third.

Congratulations to all contestants!

International Speech Contest:

As usual the contestants drew for speaking order.

Terrell Whitener was first with "How to Live after Loss: When Live Gives You an 'L'."

N. Wayne Horine was next with "Special Award for Special Achievement."

Robert Washington was third with "Can of Dreams."

Zoey He followed with "The Power of Positive Thinking." Lemont Curry was last with "The Best You Can Do."

Robert Washington won and will represent District 8 at the International Speech Contest semifinals.

As runner up, Lemont Curry will be the alternate.

Congratulations to all contestants!

Special Awards: The annual Toastmaster of the Year Award went to Tom Coscia, for

outstanding and long term service to District 8.

Special award went to Greg Phillips in recognition of his 10 years of organizing Youth Leadership programs.

Distinguished Toastmaster

Awards: All existing Distinguished Toastmasters (DTMs) lined up. Then the four new DTMs trooped the line to shake hands or share hugs with all the veteran DTMs. The newest DTMs are Seth Jarboe, Richard Porter, Mary Sanders and Mark Strothmann.

Congratulations to our newest DTMs!

Distinguished Director Award: Kat Mokriakow received a special award from Elaine Curry, District Director Elect, in appreciation of outstanding leadership.



District Conference Photos

International Speech Contest Finalists



From left: James Childress, Don Bittick, 1st Place winner Robert Washington, Kat Mokriakow, Elaine Curry

Robert will represent District 8 in the International Speech Contest semifinals in Chicago, in August!

From left: James Childress, Don Bittick, 2nd Place winner Lemont Curry, Kat Mokriakow, Elaine Curry

Lemont will be our alternate contestant for the International Speech Contest semifinals.



From left: James Childress, Don Bittick, 3rd Place winner Zoey He, Kat Mokriakow, Elaine Curry

*Congratulations to District 8's
Newest Distinguished Toastmasters!*



*Seth
Jarboe*

*Mary
Sanders*



*Mark
Strothmann*



More Spring Conference Photos...



More Spring Conference Photos...



More Spring Conference Photos...



From the Club Growth Director...

James Childress



Greetings Fellow Toastmasters!

It has been a pleasure to serve as the Club Growth Director for District 8. I just want to extend my gratitude to you for making this a wonderful year. Because of your efforts, we chartered **8 new clubs** this year, which produced 177 charter members in District 8 with the possibility of chartering one or two more clubs. I want to thank all of you that contributed to the birth of the new clubs by providing club leads, participating in demonstration meetings, providing Pathways briefings, serving as club mentors, or club sponsors. This year has been a challenge with member retention, but you all rose to the occasion by sponsoring 811 new members with 42 clubs sponsoring 8 or more new members! Speaking of retention, I want to thank all the club coaches for helping the struggling clubs get back on track.

Even though we've already started a new Toastmasters year, please continue your club building and retention efforts. Some of you only need a few members or less to become a distinguished club. By finishing strong, your club will have positive momentum that will carry over into the next program year.

Serving as Club Growth Director was no easy task. There were a lot of moving parts to keep track of. I am very appreciative of the guidance and leadership of District Director Kat Mokriakow and Program Quality Director Elaine Curry. Their support has been unwavering and for that, I am eternally grateful to them. I want to give a special shout out to Club Extension Chair John Barry for his outstanding insight in the club building process. I also like to thank Public Relations Manager Eileen Murphy for her outstanding marketing expertise. Finally, I want to thank all the Area and Division Directors and support team. It was great getting to know and work with all of you. I am very excited to move into the next leadership position of Program Quality Director. Thank you once again and best wishes for another great program year.

Sincerely,
James L. Childress
Program Quality Director Elect 2018-2019

Welcome
to our 2018-19 Program Quality Director!



Club Charter Parties



The charter members of Centene Toastmasters Timberlake pose with their new club banner.

Mark Levy and Tonya Rivers cut the cake at the charter party for PMIMSL Toastmasters, this past November.



Jeff Hannah & James Childress proudly hold up Saint Francis Toastmasters Club's brand new banner at the January charter party.



From the Club Growth Director Elect *Angie Breinen*



Fellow Toastmasters,
This is Angie Breinen, your
incoming Club Growth Director.
I am very excited to start my
new leadership role in District
8 as part of the Trio! I

recognize that this role will have its
challenges, but I'm ready to meet those
challenges head-on. I am committed to
helping District 8 grow by leaps and
bounds during the next Toastmaster year
by building new clubs, strengthening
existing clubs, and growing membership.

I believe that our ability to succeed
begins with personal communication; to
communicate early and often. We have
many leads for new clubs for the District,
and it is my utmost goal to get all of those
clubs chartered next year. I will work with
the incoming Trio to develop our District
Marketing Plan, and also set up a plan for
club coaches, mentors, and sponsors. We
can move mountains, District 8!

Looking forward to a fantastic
Toastmaster year!

Welcome
to our 2018-19 Club
Growth Director!



From the Public Relations Manager... *Eileen Smith-Murphy*



Has it really been a year
already?! I have been privileged
and honored to serve as your
District 8 Public Relations
Manager this past Toastmasters
year. Though there have been
some trying times and not all of my efforts
have turned out as planned, I like to think I
am leaving the district a little better.

One of my main goals as PRM this year has
been to encourage members at all levels to
be actively involved with presenting a
positive public image of Toastmasters. I hope
that this idea will continue to spread and
eventually become the standard school of
thought when it comes to club and district
marketing efforts.

Here are a few ways that everyone can
continue to help their clubs and their district
grow:

- ◆ Talk up Toastmasters whenever appropriate
- ◆ Invite friends, family, and colleagues to meetings
- ◆ Be active in your club's PR projects (put up posters, volunteer at open houses, share online posts, etc.)
- ◆ Look for opportunities to promote Toastmasters

Are you going to be serving as your club's VP
Public Relations for the coming Toastmasters
year? Remember to check out the resources
on the District 8 website (www.dist8tm.org)
for ideas and inspiration.

District 8 has a long and distinguished
history, and I look forward to seeing where
the new year and new educational programs
take us!

Corporate Recognitions

MilliporeSigma



Edward Jones



District 8 Members who Earned Education & Leadership Awards from April 17, 2018 to July 31, 2018

Division A

Capital T Toastmasters

- Maddox, Sharon K.—CL

Chesterfield Toastmasters Club

- Pluss, Adrienne R.—ALB

Crossroads

- Stanze, Arthur E.—LDREXC
- Yudovich, Zev—CL

Franklin County Toastmasters

- Moore, Scott—ACB

Jeffco Challenger Club

- Marino-Emde, Josephine—IP1

High-Noon Toastmasters Club

- Echols, Cameo N.—CL
- Huey, Aaron S.—CL
- Huey, Aaron S.—ACB
- Kirchdoerfer, Ellen K.—LDREXC
- Schutte, Mark E.—CC

LCMS Toastmasters

- Casper, Jena—CL
- Dauer, Ann—CC
- Lenz, Maureen—CC
- Spink, Janice A.—CC

Loquacious Leaders

- Moore, Scott—LDREXC

Maritz Toastmasters

- Cooley, Season D.—CL
- Seidel, Donna K.—LDREXC

Marion VA Toastmasters

- Martin, Carla—CC
- Martinez, Williams J.—CC
- McIntosh, Theresa L.—CC

Mastertoasters Club

- Camacho, Antonio B.—ACB

RGA Toastmasters

- Lamb, Amy L.—MS1

South County Toastmasters Club

- Mattison, Victor—ACB
- Mattison, Victor—CL
- Mattison, Victor—ALB
- McConnell, Susan K.—CL
- McConnell, Susan K.—ACB
- Schafroth, Kate—ACB
- Schafroth, Kate—CL
- Young, Debbie—CC

Southern Illinois Toastmasters Club

- Mill, Cynthia M.—CL

UniGroup Toastmasters Club

- McKillip, Tim—CC

West County Club

- Boctor, Kareem—CC

Division B

BJC Toastmasters

- Parks, Natalie—CC

Bulls & Bears Club

- Boley, Susan—CL
- Boley, Susan—ALS
- Boyle, Tim—CL
- Du, Shuangyuan—CC
- Thurman, Timothy J.—CC

Cave Springs Toastmasters

- Johnson, Krissy M.—CC
- Phillips, Del F.—CC
- Swanson, Catherine C.—CC
- Woods, Deborah H.—CC

Creve Coeur Toastmasters

- Agrawal, Mayank—CC
- Dix, Mary—IP1
- Kardis, Sandra M.—PM1
- Leon, Adrian—CC
- Weaver, Luke A.—MS1

Grace Church Toastmasters

- Blue, Willie E.—CC
- Blue, Willie E.—CL
- Blue, Willie E.—ACG
- Tyrrell, Pat—CC
- Tyrell, Pat—ACG
- Tyrell, Pat—DTM

Little Hills Toastmasters

- Blattman, Robert A.—CC
- Spezia, Timothy L.—CL
- Spezia, Timothy L.—VC1
- Spezia, Timothy L.—VC2

Mastertoasters Club

- McChesney, Joseph L.—PI1
- Phillips, Gregory S.—ACG
- Phillips, Gregory S.—ALS
- Phillips, Gregory S.—LDREXC
- Phillips, Gregory S.—DTM

Money Talks Club

- Berkbighler, Susan M.—ACS
- Garvin, Leslie—CL

Monsanto Noontime Toastmasters

- Brown, Shannon—PI1
- Marziani, Betsy A.—CC

Noontime Toastmasters Club

- Reynolds, Gregory J.—ACB

Plus Factor Club

- Triplett, Melissa—CC
- Triplett, Melissa—EC1

Script Masters Club

- Kam-Blackard, Jackie—CL
- Khalailah, Yaser S.—CC

Shalom Church Toastmasters

- Jamerson, Keith H.—ACS
- Roberson, Jo Ann L.—CL
- Smith, Laverne—CC
- Williams, Paula R.—CC
- Troy, Donna R.—CC

Speak Out

- Acock, Seth D.—CL
- Acock, Seth D.—ALB
- Daugherty, Mindy—ALB
- Daugherty, Mindy—ACB
- Echols, Cameo N.—CC
- Matousek, Paula J.—CC
- Matousek, Paula J.—CL
- Reitenour, Kristina N.—ACB
- Roberts, J. Sam—CL
- Zaitz, Amy—CL

St. Charles County Toastmasters Club

- Coker, Daniel I.—ACB
- Coker, Daniel I.—ALB
- Coker, Robert A.—ACB
- Hayden, William W.—CC
- Hayden, William W.—CL
- Niboh, Martin—CC
- Schneider, Melissa L.—LDREXC
- Tucker, Dawn S.—CC
- Tucker, Dawn S.—CL
- Tucker, Dawn S.—ALB

Toast On the Rock

- Thomas, Joshua—ACB

WelDon Toast Club

- Anantharam, Parasuram—SR1
- Darnall, Daniel A.—ACB
- Darnall, Daniel A.—DL1
- Glover Stone, Zebrena M.—ALB

Division C

Collinsville Toastmasters Club

- Rasche, Valerie M.—LDREXC
- Williams, Michael—CC

League of Our Own Toastmasters

- Kloese, Sam—DL1

McBrien Lincoln-Douglas Club

- Dixon, Shane A.—ACS
- Randall, Nathaniel H.—CL
- Shahidullah, Mohammed—ACB

District 8 Members who Earned Education & Leadership Awards ...continued...

Montgomery County Toastmasters

- Austin, Todd W.—CC
- Brennan, Katherine P.—CL

Noontime Toastmasters Club

- Leasman, Linda L.—CL

O'Fallon Toastmasters

- Lal, Veena—CL
- Skinner, Jim—CC

Riverbend Toastmasters

- McRoy, Eric D.—CC

Scott Toastmasters Club

- Hall, Nicholas J.—ALS
- Hall, Nicholas J.—DTM
- Zomer, Michael P.—ACB

Smedley Hometown Memorial Toastmasters Club

- Childress, James L.—ACB
- Maxwell, Rick J.—CL
- Maxwell, Rick J.—CC

St Clair Club

- Curry, Lemont—CC
- Furlong, Stephanie R.—CC
- Furlong, Stephanie R.—CL
- Grossardt, Jason G.—ACS

Toast of Belleville

- Deshpande, Sameer—CC
- Owens, Kamara—LDREXC
- Stratton, Raymond L.—VC1
- Teasdale, Tom H.—CC

Top Talk Toastmasters

- Phillips, Tina—ACB
- Turner, Caren D.—ACB

Division E

Brewer Science Toastmasters

- Hankins, Lea A.—CL

Capital Toastmasters Club

- Baker, Anita—CC
- Sullivan, Linda A.—CC

Columbia Toastmasters

- Jarboe, Seth M.—DTM

Downtown Toastmasters

- Hampton, Nina L.—CC
- Lacy-Anderson, Debbie—ACS

Fort Leonard Wood Club

- Ingles, Kirby S.—ALB
- Ingles, Kirby S.—ACB

Good Neighbor Toastmasters Club

- Jarboe, Seth M.—ACG
- Larm, Cindy G.—CC
- Tucker, Erin L.—CC

Talu Toastmasters Club

- Davies, Jeffrey—ACB
- Lockhart, Jimmie—ALS
- Lockhart, Jimmie—DTM
- McGuire-Salters, Lewayne J.—ACB
- Miller, Jeremy—CC
- Simmons, Richard—ACB

Division F

Anheuser-Busch Toastmasters Club

- Sieger-Walls, Jesse S.—PM1

Ansira Toastmasters

- Chipman, Jane M.—ACG
- Chipman, Jane M.—DTM
- Pilla, Mitchell J.—CC

Central West End Toastmasters

- Jose, Ashwin G.—DL1
- Jose, Ashwin G.—DL2
- King, Geoff—ACB
- Ndungu, Gladwell—ACS
- Ndungu, Gladwell—ALB
- Nowicke, Frank—SR1
- Peng, Yun Siang Abby—IP1
- Zhu, Yiqi—DL1
- Zhu, Yiqi—DL2

F.R.B. Club

- Autry, Prentice C.—ALB

Free Speakers Toastmasters

- Dunphy, Shannon M.—ALB

Grand Center Club

- Brown, Angela F.—ALB
- Kuebee, Blessing G.—CC
- Marshall, Pam L.—CL
- Sams, Vernell J.—ACS

Midtown Clayton Toastmasters Club

- Gata, Aida N.—CC

MilliporeSigma Toastmasters

- Boehler, Kyle J.—CL
- Breinin, Angela M.—CL

Primary Conversations

- Burke, Kimberly C.—CC
- Canady, Annetta J.—CL
- Canady, Annetta J.—ACG
- Canady, Annetta J.—LDREXC
- Glovers, Gwendolyn D.—CC

Rent-A-Toast Club

- Loeffler, Lauren M.—CL

SPEAK UP! Club

- Bean, John M.—ALB
- Creamer, Steve—CC
- Lynch, John J.—CC

- Strothmann, Mark M.—ALS

- Strothmann, Mark M.—DTM

Square Talkers Toastmasters Club

- Cook, Paul R.—ACB

- Filipi, Ivan, CC

Toast of WU

- Brorby, Emily K.—CL
- Burroughs, Vivian E.—CL
- Huck, Jennifer L.—LDREXC
- Kleekamp, Maureen A.—ACB

ToastUS

- Ulrich, David P.—CL

Voices in Unity Club

- Cunningham, George F.—CC
- Mukadi, Mulenda D.—CC
- Simpson, Portia M.—ACB
- Yang, Wei (Will) - CC

Wells Fargo Advisors Toastmasters

- Dockett, Monaye—ACS
- Francis, Rachel M.—ACG
- Francis, Rachel M.—DTM
- Young, Maurice O.—CL

WUSTL Speaks

- Early, Rosalind L.—ALB
- Eggemeyer, Anna—CC
- Hawksworth, Cecily B. S.—CC
- Hawksworth, Cecily B. S.—ALB

Editor's note: If you earned an award during this time frame and your name isn't here, it is due to changes in privacy settings that Toastmasters International made in recent months.

Abbrev.	Path Name
DL#	Dynamic Leadership
EC#	Effective Coaching
IP#	Innovative Planning
LD#	Leadership Development
MS#	Motivational Strategies
PI#	Persuasive Influence
PM#	Presentation Mastery
SR#	Strategic Relationships
TC#	Team Collaboration
VC#	Visionary Communication



Remembering Mary Kerwin, DTM, PDG



It is with great sadness that we relay the passing of Toastmaster Mary Kerwin on May 10, 2018. She quickly succumbed to cancer that took her life after being diagnosed at the end of March.

An icon in District 8 since the early 1990s, Mary was a dear friend to many and mentored countless members. She never missed a district conference and even attended every Toastmaster convention.

Mary served as the 2005-06 District 8 Governor and was also recognized as the 1996 District 8 Toastmaster of the Year. Our thoughts and prayers go out to her son Rocky. Mary will be sorely missed.





The Mission of District 8

We build new clubs and support all clubs in achieving excellence.

**District 8 is on
the web!**
www.dist8tm.org

Toastmasters International Values

- ◆ Integrity
- ◆ Respect
- ◆ Service
- ◆ Excellence

TOASTMASTERS INTERNATIONAL

Editor:

Cecily Hawksworth, CC,
ALB

Email:

[cecily.hawksworth@
gmail.com](mailto:cecily.hawksworth@gmail.com)

From the Editor

Dear District 8
Toastmasters:

It's been a pleasure being your newsletter editor this past Toastmasters year! I will be taking a step back this upcoming year, while I take on the role of President in my home club (WUSTL Speaks), so you'll see me a bit less in the new Toastmasters year, but I promise that I'm leaving you in good hands, with Eileen Smith-Murphy! She will be taking the reigns for me, and I know she'll be terrific.



Don't be a stranger now, y'hear? :) 🌴

District Calendar

Monday, August 6 6:00pm	<i>Division F Make-up Officer Training</i> Cortex Showroom 20 S Sarah St St. Louis, MO 63108
Wednesday, August 8 6:00 to 7:30pm	<i>Division C Make-up Officer Training</i> United Way of Central Illinois 1999 Wabash Ave Springfield, IL 62704
Saturday, August 11 2:30 to 4:30pm	<i>Division A Make-up Officer Training</i> Jefferson County Library 1701 Missouri State Rd Arnold, MO 63010