

DYNAMIC LEADERSHIP

Level 1 - Mastering Fundamentals

- ✓ Ice Breaker - This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.
- ✓ Evaluation and Feedback - This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.
- ✓ Researching and Presenting - This project addresses topic selection strategies, suggestions for research and methods for producing a well organized speech.

Level 2 - Learning Your Style

- ✓ Understanding Your Leadership Style - This project is designed to introduce the different styles of leadership and help you identify your preferred style.
- ✓ Understanding Your Communication Style - This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Negotiate the Best Outcome - This project focuses on identifying negotiation styles, engaging in mutually beneficial discussions, and finding and building common ground.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
 - 8) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
 - 9) Inspire Your Audience - This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong support with your audience.
 - 10) Prepare for an Interview - This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.
 - 11) Understanding Vocal Variety - This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.
 - 12) Effective Body Language - This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.
 - 13) Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.

DYNAMIC LEADERSHIP

Level 4 - Building Skills

- ✓ Manage Change - This project focuses on how to plan for change, develop a communication plan, and identify obstacles to success.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
 - 3) Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
 - 4) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 5) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 6) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 7) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Lead in Any Situation - This project focuses on leadership and recognizing the need to adapt your style based on the situation and the people you lead.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
 - 5) Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.
 - 6) Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.

EFFECTIVE COACHING

Level 1 - Mastering Fundamentals

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Level 2 - Learning Your Style

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- ✓ Understanding Your Communication Style - This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.
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Level 3 - Increasing Knowledge

- ✓ Reaching Consensus - This project focuses on reaching consensus and the importance of including all group members in the decision-making process.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
 - 8) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
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 - 13) Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.

EFFECTIVE COACHING

Level 4 - Building Skills

- ✓ Improvement Through Positive Coaching - This project focuses on how your actions can positively affect others and how to nurture relationships and assist an individual in reaching a goal.
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 - 3) Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
 - 4) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 5) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 6) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 7) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.
 - 5) Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.

INNOVATIVE PLANNING

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Level 3 - Increasing Knowledge

- ✓ Present a Proposal - This project introduces how to select key information to present in a proposal to build a case with supporting evidence and realistic solutions.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
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INNOVATIVE PLANNING

Level 4 - Building Skills

- ✓ Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
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Level 5 - Demonstrating Expertise

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LEADERSHIP DEVELOPMENT

Level 1 - Mastering Fundamentals

- ✓ Ice Breaker - This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.
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- ✓ Researching and Presenting - This project addresses topic selection strategies, suggestions for research and methods for producing a well organized speech.

Level 2 - Learning Your Style

- ✓ Managing Time - This project is designed to help you manage your time, discover time management techniques, and employ them in your speeches and daily life.
- ✓ Understanding Your Leadership Style - This project is designed to introduce the different styles of leadership and help you identify your preferred style.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Planning and Implementing - This project is designed to help you develop realistic plans to meet your objectives and to successfully monitor a project to completion.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
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LEADERSHIP DEVELOPMENT

Level 4 - Building Skills

- ✓ Leading Your Team - This project is designed to help you accomplish a task while leading a small group and give you the opportunity to practice basic skills of leadership.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
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 - 7) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Manage Successful Events - This project is designed to give you tools to coordinate an event. It includes steps for managing the unexpected, leading a team and creating positive outcomes.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
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MOTIVATIONAL STRATEGIES

Level 1 - Mastering Fundamentals

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Level 2 - Learning Your Style

- ✓ Understanding Your Communication Style - This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.
- ✓ Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Understanding Emotional Intelligence - This project addresses elements of emotional intelligence. It is designed to help you understand your own emotions and the emotions of others.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
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MOTIVATIONAL STRATEGIES

Level 4 - Building Skills

- ✓ Motivate Others - This project focuses on how people are motivated. It is designed to help you build your leadership skills by effectively motivating team members.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
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 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Team Building - This project addresses the benefits of team building. It is designed to help you build a sense of collaboration and trust within a team completing a project.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
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PERSUASIVE INFLUENCE

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Level 3 - Increasing Knowledge

- ✓ Understanding Conflict Resolution - This project is designed to introduce conflict resolution strategies and provide an opportunity to resolve a conflict scenario within an interactive activity.
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PERSUASIVE INFLUENCE

Level 4 - Building Skills

- ✓ Leading in Difficult Situations - This project focuses on the fundamentals of managing challenges, analyzing difficult situations and identifying best strategies for overcoming adversity.
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 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
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PRESENTATION MASTERY

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Level 2 - Learning Your Style

- ✓ Understanding Your Communication Style - This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.
- ✓ Effective Body Language - This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Persuasive Speaking - This project focuses on helping you to develop and support a viewpoint, and identify the most appropriate type of persuasive speech for your topic.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
 - 8) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
 - 9) Inspire Your Audience - This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong support with your audience.
 - 10) Prepare for an Interview - This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.
 - 11) Understanding Vocal Variety - This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.
 - 12) Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.

PRESENTATION MASTERY

Level 4 - Building Skills

- ✓ Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
 - 3) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 4) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 5) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 6) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 7) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
 - 5) Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.

STRATEGIC RELATIONSHIPS

Level 1 - Mastering Fundamentals

- ✓ Ice Breaker - This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.
- ✓ Evaluation and Feedback - This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.
- ✓ Researching and Presenting - This project addresses topic selection strategies, suggestions for research and methods for producing a well organized speech.

Level 2 - Learning Your Style

- ✓ Understanding Your Leadership Style - This project is designed to introduce the different styles of leadership and help you identify your preferred style.
- ✓ Cross-Cultural Understanding - This project focuses on understanding the cultures with which you identify and the impact of stereotypes associated with your cultures and others.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
 - 8) Inspire Your Audience - This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong support with your audience.
 - 9) Prepare for an Interview - This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.
 - 10) Understanding Vocal Variety - This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.
 - 11) Effective Body Language - This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.
 - 12) Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.

STRATEGIC RELATIONSHIPS

Level 4 - Building Skills

- ✓ Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
 - 3) Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
 - 4) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 5) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 6) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 7) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
 - 5) Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.

TEAM COLLABORATION

Level 1 - Mastering Fundamentals

- ✓ Ice Breaker - This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.
- ✓ Evaluation and Feedback - This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.
- ✓ Researching and Presenting - This project addresses topic selection strategies, suggestions for research and methods for producing a well organized speech.

Level 2 - Learning Your Style

- ✓ Understanding Your Leadership Style - This project is designed to introduce the different styles of leadership and help you identify your preferred style.
- ✓ Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Successful Collaboration - The focus of this project is the benefit of collaboration, building an environment of trust, and encouraging creative debate within a group.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
 - 8) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
 - 9) Inspire Your Audience - This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong support with your audience.
 - 10) Prepare for an Interview - This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.
 - 11) Understanding Vocal Variety - This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.
 - 12) Effective Body Language - This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.

TEAM COLLABORATION

Level 4 - Building Skills

- ✓ Motivate Others - This project focuses on how people are motivated. It is designed to help you build your leadership skills by effectively motivating team members.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
 - 3) Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
 - 4) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 5) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 6) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 7) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Lead in Any Situation - This project focuses on leadership and recognizing the need to adapt your style based on the situation and the people you lead.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
 - 5) Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.
 - 6) Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.

VISIONARY COMMUNICATION

Level 1 - Mastering Fundamentals

- ✓ Ice Breaker - This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.
- ✓ Evaluation and Feedback - This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.
- ✓ Researching and Presenting - This project addresses topic selection strategies, suggestions for research and methods for producing a well organized speech.

Level 2 - Learning Your Style

- ✓ Understanding Your Leadership Style - This project is designed to introduce the different styles of leadership and help you identify your preferred style.
- ✓ Understanding Your Communication Style - This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.
- ✓ Introduction to Toastmasters Mentoring - This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

Level 3 - Increasing Knowledge

- ✓ Develop a Communication Plan - This project focuses on how to formulate a central message and develop a communication plan for a target audience.
- ✓ Level 3 Elective Projects (choose 2)
 - 1) Deliver Social Speeches - This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.
 - 2) Using Presentation Software - This project addresses the use of presentation software - from identifying topics that benefit from the use of technology to effective slide design and presentation.
 - 3) Connect with Storytelling - This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.
 - 4) Creating Effective Visual Aids - This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.
 - 5) Using Descriptive Language - This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.
 - 6) Connect with Your Audience - This project focuses on different audience types and how to address them effectively.
 - 7) Make Connections Through Networking - This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.
 - 8) Focus on the Positive - This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.
 - 9) Inspire Your Audience - This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong support with your audience.
 - 10) Prepare for an Interview - This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.
 - 11) Understanding Vocal Variety - This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.
 - 12) Effective Body Language - This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.
 - 13) Active Listening - This project covers the difference between hearing and listening and steps for exploring the ways listening helps build strong, lasting connections.

VISIONARY COMMUNICATION

Level 4 - Building Skills

- ✓ Communicate Change - This project focuses on creating a communication plan by gathering evidence to support the need for change and communicating change with your audience.
- ✓ Level 4 Elective Projects (choose 1)
 - 1) Create a Podcast - This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.
 - 2) Building a Social Media Presence - This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.
 - 3) Managing a Difficult Audience - This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective, and professional way.
 - 4) Write a Compelling Blog - This project addresses the basics of developing a compelling blog and successfully engaging a readership.
 - 5) Manage Online Meetings - This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.
 - 6) Question-and-Answer Session - This project addresses how to prepare to answer questions and provide information clearly, concisely, and with confidence.
 - 7) Public Relations Strategies - This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.
 - 8) Manage Projects Successfully - This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Level 5 - Demonstrating Expertise

- ✓ Develop Your Vision - This project focuses on developing a vision for your work or personal life.
- ✓ Reflect on Your Path - This project is designed to give you an opportunity to share your experience at the end of your path.
- ✓ Level 5 Elective Projects (choose 1)
 - 1) Lessons Learned - This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.
 - 2) Moderate a Panel Discussion - This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.
 - 3) Ethical Leadership - This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.
 - 4) High Performance Leadership - The focus of this project is to design and compete a project with well-defined goals, lead a team and be accountable to a guidance committee.
 - 5) Leading in Your Volunteer Organization - This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.
 - 6) Prepare to Speak Professionally - This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.