



Acknowledgements

Mark Bagby - TLI Co-Chair
Karen Leingang - TLI Co-Chair
Valerie Gaston – TLI Publicity Chair
Farzana Chohan – TLI Advisor
Washington University in Saint Louis, Missouri
Toast of WU, Toastmasters Club

Special Thanks to Leadership Institute Presenters

Keynote Speaker: Robert M. Wild

Officer Trainers:

Wayne Allen, Brenda Archie, , Mark Bagby,
Elaine Curry, Tom Coscia, Jason Finks, Lorie Kaplan,
Chris Rigdon, Bridgette Wesley, Rob Van Winkle

Presenters:

Dan Darnall, Willie Blue, Ray Allen, John Barry,
Lemont Curry, Farzana Chohan, Joe Craig, Rosalind Early,
Rashid Chohan, Tony Gartner, Valerie Gaston,
Karen Leingang, John Mohr, Greg Phillips, Matt Prose

"Leadership and learning are indispensable to each other."

John F. Kennedy



District 8 - TLI

Toastmasters Leadership Institute

Where Leaders are Made



Saturday, January 10, 2015

Hosted by

**Toast of WU, Toastmasters Club
Washington University in St. Louis**

Seigle Hall - 6475 Forsyth Blvd
St Louis, MO 63105

<http://www.dist8tm.org>

Keynote Speaker

Robert M. Wild

Associate Vice Chancellor for Students and Dean of the First Year Center
Washington University in St. Louis, Saint Louis, Missouri

Associate Vice Chancellor Rob Wild oversees University programs for new students. He also works with Cornerstone, an office responsible for the University's TRiO program, disability resources, and academic mentoring programs. Rob supports several university-wide committees, and initiatives, including the *Student Life* newspaper and the Student Entrepreneurial Program. He assisted in the development of the new Center for Diversity and Inclusion which opened in 2014.

Rob served as the Assistant to Chancellor Mark S. Wrighton from 2007-2013. In this role, he served as the Chancellor's chief of staff, overseeing the administrative functions of the Office of the Chancellor, handling inquiries related to University business, and participating in various University projects. Rob was the chair of the University committee that facilitated the 2008 Vice Presidential Debate at Washington University, and he was the vice-chair of the committee that facilitated the 2013 Clinton Global Initiative University at Washington University.

Between 1996 and 2006, Rob worked in several roles in the Office of Residential Life at both Washington University and the University of Wisconsin - Madison.

Rob is an alum of Teach For America, serving as a middle school science teacher in New York City from 1993 to 1995. Rob has remained active in K-12 education. Rob is the liaison to KIPP: St. Louis Public Schools, a charter school network sponsored by Washington University.

He is on the board of Crossroads College Preparatory School. Rob also serves as a consultant to the Washington University College Prep Program, and he is on the steering committee of the Gephardt Institute for Public Service.

Rob holds a Bachelor of Arts Degree in Biology and African & African American Studies from Washington University in St. Louis, a Master of Science Degree in Educational Administration from the University of Wisconsin, and a Doctorate in Education from the University of Missouri – St. Louis.

Session Presenters

Community Engagements as a Toastmaster: Learn and explore how District 8 Toastmasters engages the entire MO-IL community in presenting and sharing of ideas in constructive efforts like Youth Leadership Program, Speakers Bureau and TEDx speaker facilitation. And how to make an even greater impact with focused strategic planning and implementation in many more areas.

Tony Gartner, is a Business and Life Coach who works with start-up companies and small business owners & managers. He holds Bachelors and Masters Degrees in Business Administration from St. Louis University. Tony has been an adjunct instructor at St. Louis University, St. Louis CC – Florissant Valley and Forest Park, and also St. Charles Community College. He has been a Toastmasters since 1992 and was District 8 Governor in 2008 – 2009. Tony is currently the Vice President of Public Relations for Cave Springs Toastmasters.

John Barry DTM, is a Toastmaster for over 20 years and has been involved with starting up new clubs in District 8 since 2005 serving as the club development chair and a term as LGM responsible for starting up over 60 new clubs during this span.

John is currently the Chair of the Speakers Bureau for District 8 matching Toastmasters with outside speaking opportunities. John hopes to share some tips on generating outside speaking opportunities and promoting the Toastmasters Speakers Bureau as a go to source for organizations looking for dynamic speakers. John will also explore opportunities to promote Toastmasters with corporations, and associations.

Farzana Chohan, DTM, currently District LGET, earned her Masters from Washington University in St. Louis and is working on her Doctoral Research at Webster University. Farzana has been a part of TEDxGWA team since 2013 and helped in successful launch of Speaker Facilitation group for TEDx Speakers.

Vice President Membership: learn about the responsibilities of being a VPM. How this role fits within the club officer framework, and exchange information with other participants.

Rob Van Winkle has been a Toastmaster for nearly 19 years. Rob holds Advanced Communicator – Gold and Competent Leader credentials and is currently the Area 4 Governor. Rob has served as VP Membership, however, that means I also get to learn from you all as well!



Session Presenters



Distinguished Club Program: This session for club officers and members is to understand, what club success plan means and what goals lead to achieve the highest DCP status. A successful club provides a positive experience to its members and helps them actively participate in club success.

Karen Leingang is a charter member of the 2014 club Toast of WU. She is hoping to complete her Competent Communicator award in early 2015 and her Competent Leader before the close of 2015.



Valerie Gaston is a charter member of the 2014 club Toast of WU at Washington University in St Louis. She is currently the Vice President of Education for the club.



Judges Training - Learn How to pick a Winner: Understanding how to judge and what you are being judged on, will help you increase the effectiveness and the power of your message. Competing takes us out of our comfort zones, preparing us for life's unexpected situations.

Dan Darnall is a past District 8 Governor (2007), Toastmaster of the year (2009), currently is the Area 2 Governor, President of the Weldon Toast Club at Enterprise and holds 5 DTMs. Dan is no stranger to Toastmaster Contests. He has competed at the District level in all 4 contests and had won the Evaluation Contest twice. Dan has also judged at all levels of Toastmasters, including the International Speech finals. Dan is an IT Manager for Enterprise Holdings. He joined Toastmasters to become a better communicator and leader. Being able to communicate and judge a situation, personally and professionally has helped Dan receive his last 5 promotions and to take on roles that he would have never thought possible.



Going Beyond Our Club: Here you will find the keys to Toastmaster success. Come join us for the most exciting experience of a life time.

Willie Blue has been a Toastmaster since 1999. As a Toastmaster Willie has served in every club officer position multiple times including 13 times as club president. Willie has been Area Governor twice. Willie is a double DTM with goals to be awarded another. Willie has worked at helping the club and district by sponsoring 14 people plus 2 clubs, and mentoring 14 people and 1 club. Willie believes the best way to get ahead in Toastmasters is to get involved in the whole experience. He believes this could work in any and all facets of life.



Farzana Chohan, DTM

Lieutenant Governor,
Education and Training
D8 - Toastmasters International

Welcome to District 8, Toastmasters Leadership Institute! As an alum of Washington University, I am delighted to extend greetings to fellow members.

This is a significant event in terms of partnership with Washington University's Corporate Club "Toast of WU". They have taken up the role of being a host club for District Leadership training, as a new club which was chartered in 2014. The hard work and enthusiasm of TLI chairs Mark Bagby, Karen Leingang and Valerie Gaston reinforces the ideals of leadership and teamwork which are core philosophies of Toastmasters international and Washington University in St. Louis.

Our keynote speaker, Robert Wild, exemplifies the mission of highly regarded institution known for "Leading together". His growth from being student here to develop into a talented Associate Vice Chancellor for Students. His focus is in the areas of Diversity and Inclusion. His keynote will offer insights about leadership communications which are driving force for both Washington University and District 8 of Toastmasters International.

This is a mid-year training for officers to learn and refresh their role/s, and reflect on first six months with fellow officers from other clubs. Also if you are not currently a club officer but will be one in future, these sessions offer great insight into what will be expected of you. This training also provide credit for club's DCP goal.

This is a great networking and camaraderie opportunity. A time to share your experiences and interest and make new friends and strengthen bond.

Leadership Institute plays a critical role in sustaining and energizing the members as current and future officers in District and to enhance skills set. District 8 will continue to grow in alignment with Toastmasters International's global growth.

Together, have a great time in leading and communicating!

TLI Host Club: Toast of WU

Welcome Message



TLI Co-Chair: Mark Bagby

On behalf of Toast of WU & Chancellor Wrighton, welcome to the Winter 2015 Toastmaster's Leadership Institute at historic Washington University in St. Louis! Our team has been working diligently to provide a great day of training and speeches for our fellow Toastmasters of District 8. We hope that you have a great time and learn a lot with us today. I would like to thank our team: Karen Leingang, Valerie Gaston, Farzana Chohan and Toast of WU for all of their help to put on a great TLI!



TLI Co-Chair: Karen Leingang

The Toast of WU and I would like to welcome you to the Winter 2015 Toastmaster's Leadership Institute at the beautiful campus of Washington University in St. Louis. Thanks to the hard work of our team and Farzana Chohan, we have been able to secure some talented trainers and speakers. We hope you enjoy the time you spend with us to today and that you are learn new things and make new friends. Many thanks to Mark Bagby, Valerie Gaston and Farzana Chohan for all their time and hard work on getting this TLI together..



Publicity Chair: Valerie Gaston

On behalf of Washington University in St Louis and Toast of WU Toastmasters club, a warm welcome to each of you. We're excited about our program. From our Key Note speaker, Associate Vice Chancellor of Students and Dean of the First Year Center Robert Wild, through each of our three sessions and concluding with contest training by Toastmasters Area 2 Governor, Dan Darnell, everyone has worked hard to bring you an entertaining and educational program. We hope you enjoy and are enriched by your experience today.

Session Presenters

Leadership Decision Making in 21st Century: *Making decisions in this day and age is becoming more complex at every level. There have been paradigm shifts in the techniques and considerations for making complex decisions. Leaders in 21st century are faced with challenges of making prompt and accurate decisions. These decisions have impact and ripple-effect in business, professional and personal lives.*



Rashid Chohan, EMBA – MSc. is founder of Neuro Business Consulting, which applies latest research and insights from Neuroscience, Behavioral Science and Psychology and guides leaders to effectively develop marketing and growth strategies.

Mr. Chohan, has an array of expertise in the field of Management and Science over 20 years in North America and Internationally. Rashid's experience in multinational organization and working with teams of diversified backgrounds sparked his passion about success of organizations, through the behavioral impact of human capital in the form of leaders. From that time onwards, Rashid has utilized latest research & understanding to give more enduring value to the clientele. This approach is changing every aspect of doing business and Rashid wants to help leaders to utilize this critical approach for successful growth. Rashid has an Executive MBA from Olin Business School, and Master of Computer & Information Science from University of Missouri, Rolla.

How to Give a Pecha Kucha–Style Presentation: *PK presentation consists of 20 PowerPoint slides that automatically advance every 20 seconds, whether you're ready or not! Though it sounds challenging, fear not. This session will teach you how to do a Pecha Kucha presentation and, we hope, inspire you to present at a local Pecha Kucha night or organize a special Pecha Kucha–style Toastmaster club meeting. What can you share in 400 seconds?*



Rosalind Early is a charter member of WUSTL speaks. She is an editor and writer, working on her first book "Noon in the city". Rosalind works at Washington University in St. Louis, as an Associate Editor of Periodicals and Associate Editor of Washington Magazine. Rosalind has Masters of Arts from University of Konstanz (Germany) and Bachelor of Arts from Washington University in St. Louis.

Secretary: *Did you know that the Secretary is your historian and vital records keeper. Learn how crucial this role is to your club and the role they play in helping the club President and other officers.*

Elaine Curry is currently the Area 11 Governor, President of Wells Fargo Advisors club 8974 and VP Education for St. Clair Club 496 in Belleville, IL. She has been a Toastmaster since 2011.



Session Presenters



Sergeant-At-Arms: *First impressions are important. In this session, you will learn to help your club make a great first impression by helping club meetings run smoothly and by helping guests and new members feel at ease.*

Jason Finks has been in teaching for his entire career. Jason caught the “teaching bug” while teaching CPR and First Aid courses at a local hospital, and finished his bachelor’s at the University of Kansas in human biology. He is teaching in Saint Louis since 2005 and finished two graduate degrees in education and is working on his Doctoral degree. He is a teacher and administrator at Missouri College for last 6 years. He is a volunteer firefighter. He has been president, VPE, VPPR, VPM, and SAA and presented training sessions at district conferences and TLIs.



Vice President Education - Experienced: *Not new to you, yet it help to refresh and discuss with fellow VPEs tips about planning and filling the agenda for each meeting. This session will help with how to plan, organize and direct your clubs educational programs so they can meet the needs of your individual members.*

Chris Rigdon ACB ALB, is the current Area 17 Governor for District 8. As VPE for Monsanto Noontime TM during 2013-14, he lead the club to Presidents Distinguished status with 7 CCs (leading District 8). He has been a member of Toastmasters for three years and has been a member of several clubs throughout St. Louis and Chicago. Chris is a statistician at Monsanto and an instructor at Lindenwood University-Belleville.



And the Winner is?.. District 8 Speech champions will talk about how they pick the topic, prepare, practice and deliver a winning speech. They will talk about individual process and journey that leads to achieve the title.

John Mohr, DTM is Toastmaster since 1973 and is currently active in the Boeing Aerospace Orators Club 2389. He was District 8 Toastmaster of the Year in 1989. He has competed in many contests and with significant success. He is 2009 International Speech Contest winner of District 8. He is also runner up at Region V in 1992 for International Speech Contest and 1989 for Humorous Speech Contest. He has been champion of District 8 in 1998 Humorous Speech Contest, 1992 International Speech Contest, 1988 Humorous Speech Contest, 1986 Table Topics Contest, and 1983 Evaluation Contest. Lemont Curry winner of District Humorous Speech contest 2014, Matt Prose winner of International Speech contest 2013 and Kevin Desroires winner of Evaluation contest will participate in session.



Time	Session and Presenter	Location
10:00 – 12:15	Registration	1 st Floor Atrium
10:00 – 4:15	Bookstore	1 st Floor Atrium
10:25 – 10:30	Welcome	Auditorium L006
10:30 – 11:15	Keynote Speaker: Robert M. Wild Teaching Kindergartners to Collaborate: Leadership Strategy in Higher Education	Auditorium L006
11:15 – 11:20	Announcements	Auditorium L006
11:20 – 12:10	Lunch 1 st Floor Atrium, Room 103, Room 104	First Floor
12:15 – 1:05	Session 1	
	1. How to Give a Pecha Kucha Style Presentation - <i>Rosalind Early</i>	Auditorium L006
	2. And the Winner is ? Winners of District Speech Contest - <i>John Mohr , Lemont Curry, Ray Allen, Kevin Desrosiers, and Matt Prose</i>	Room 304
	3. President – Experienced - <i>Wayne Allen</i>	Room 204
	4. Vice President Education - Experienced - <i>Chris Rigdon</i>	Room 206
	5. Vice President Membership - <i>Rob Van Winkle</i>	Room 303
	6. Vice President Public Relations – Corporate Club - <i>Mark Bagby</i>	Room 104
1:15 – 2:05	Session 2	
	7. Leadership Decision making in 21st century - <i>Rashid Chohan</i>	Auditorium L006
	8. Judges Training – Learn How to Pick a Winner - <i>Dan Darnall</i>	Room 104
	9. Treasurer - <i>Brenda Archie</i>	Room 204
	10. President - New - <i>Tom Coscia</i>	Room 206
	11. Vice President Education - New - <i>Bridgette Wesley</i>	Room 303
	12. Distinguished Club Program and Club Success Plan <i>Karen Leingang and Valerie Gaston</i>	Room 304
2:15 – 3:05	Session 3	
	13. Panel: Community Engagements as a Toastmaster <i>Tony Gartner, Greg Phillips, John Barry and Farzana Chohan</i>	Auditorium L006
	14. Going Beyond our Club - <i>Willie Blue</i>	Room 104
	15. VP Public Relations – Community Club - <i>Lorie Kaplan</i>	Room 204
	16. Voice Warm up and Voice Modulation - <i>Joe Craig</i>	Room 304
	17. Secretary - <i>Elaine Curry</i>	Room 303
	18. Sergeant at Arms - <i>by Jason Finks</i>	Room 206
3:15 – 4:15	Contest Training - <i>Dan Darnall</i>	Auditorium L006

Session Presenters



President – Experienced *The President isn't just responsible for running your clubs meetings. They also facilitate the development of the club and ensure that the club runs smoothly.*

Wayne Allen has been member of TI for 20 years. He was the charter club president for MasterToasters, in 1995 and helped the club achieve the President's Distinguished award for 15 consecutive years. Wayne earned his DTM in 2007. Other accomplishments for Wayne include; Twice Area Governor (Area 18 & 20), D8 Conference Chair, D8 Club Coaching Chair, D8 Audit Committee Chair, and District 8 Treasurer. Wayne has held each club office at least twice. Wayne's experience and passion to see clubs succeed drives him to share with anyone, at any time, the processes, techniques and creative ideas that will help any club be a great club.



President- New : *Are you a new club President and nervous about what to do? Not a problem this session will walk you through what needs to happen. You will succeed!*

Tom Coscia is member 1996 and earned his 3 DTMs. He is past District 8 Governor, and has served as an Area Governor, Division Governor, District Conference Chair, District Conference Site Chair, District Policy Chair, District Audit Chair, District Hotline Chair, District Treasurer, Lieutenant Governor Education and Training and is currently the District Webmaster. He is member of 2 clubs: Capital T, an advanced club and Wry Club.



Vice President Public Relations – Corporate Club: *Learn how to effectively present your club to organizational audiences, make it part of developmental goals and attract new members to your club.*

Mark Bagby is the Director of Emergency Management for Washington University in St. Louis. He is also an adjunct faculty member teaching Emergency Management at Saint Louis University and an instructor for FEMA. Mark serves on the Board of Directors of the Campus Safety Health & Environmental Management Association. In 2011 he founded and chairs the St. Louis Emergency Management University Consortium to help institutions of higher education build their emergency management plans and programs. Mark also speaks nationally on emergency notification systems, emergency communications and emergency planning. He is a charter member and serves as the Vice President of Public Relations for Toast of WU Toastmasters Club and co-chair of TLI.

Session Presenters

Vice President Education – New : *is responsible for planning and filling the agenda for each meeting they are also responsible for meeting the educational needs of the club. This class present s how to plan, organize and direct your clubs educational programs so they can meet the needs of your individual members.*

Bridgette Wesley, ACG, ALB, is member of M-Powered Speakers and Smedley Hometown Memorial clubs. Since 2008, she has served her club as President, VP Education, VP Membership and is currently the VP Public Relations. She has also served as the Area 3 Governor. Bridgette is a Project Manager in the Global Labeling Department at Mallinckrodt Pharmaceuticals in Hazelwood, MO. She has taught French, World History at high-school and elementary schools and GED classes to adults. She enjoys being a member of Toastmasters because it gives her an opportunity to both learn from others, and share her knowledge and skills with others.



Treasurer : *As the clubs treasurer, you are effectively the club account. This class will give you tips on for keeping accurate, up-to-date financial records of your club*

Brenda Archie, CC, served six years in the United States Army Reserves. She received a Bachelor of Science in Business from Columbia College in St. Louis, Missouri and her M.B.A. from Webster University. Since last 5 ½ years Brenda works as Benefits Auditor at Washington University. Previously she has worked with Metro Transit Authority, Ameren, Brown Shoe Company and the Missouri State Auditor's Office. Brenda is member of The Institute of Internal Auditors, The Black MBA's – St. Louis Chapter. She also belongs to two Toastmaster Clubs: Primary Conversations and Toast of WU.



Vice President Public Relations – Community Club: *is the public face of your club with the outside world. Learn effective methods as to how to present your club to external audiences and attract new members to your club*

Lorie Kaplan, CC, ALB, is a Toastmasters since 2011 and currently serves as Area 7 Governor. Lorie is member of Columbia Toastmasters Club and has been club officer, including president, vice president of education, vice president of public relations, and treasurer. Lorie was 2013-2014 Heartland Division Toastmaster of the Year. Lorie works at the University of Missouri-Columbia (UMC) College of Education as the Executive Director of the eMINTS National Center. An organization that helps K-12 educators effectively integrate technology into teaching and learning. She holds a Ph.D. in Educational Leadership and Policy Analysis, an M.Ed. in Educational Technology, & a B.A. in English Literature, all from UMC.

