



DISTRICT 8

Communic~8

District 8 News And Events

Volume 15 Issue 2

District 8

August—September 2015



Bridgette Wesley, Division B Director, Daniel Rex, Toastmasters CEO, and Farzana Chohan, District 8 Director



TI Convention: Through the Eyes of a First Timer

By Bridgette Wesley, DTM

They say what happens in Vegas, stays in Vegas. But we're Toastmasters! We have an obligation to come back to our clubs and give a speech about what happened in Vegas. That's exactly what I did after attending the 84th annual Toastmasters International Convention held in Las Vegas. This year's convention was the ultimate ending to celebrating Toastmasters' 90th anniversary. As a first timer attending the convention, the images I saw, the words I heard, and the emotions I felt will forever be etched in my memory and engraved on my heart.

One of the sights that stands out the most is being surrounded by 2500 Toastmasters from all over the world. Although many were wearing their traditional clothes from India, the Middle East, China, Japan, Africa, and other nations, everyone was wearing a friendly smile. I was in awe by how so many people from diverse backgrounds had come together for a common goal and were peacefully working together. If only the entire world could be like what I was witnessing, it would be a better place for everyone. The next sight that I will always remember happened on the final day of the convention at the President's Inauguration gala. The theme was "1920's" in honor of the anniversary. The party started off very formal with big band swing music and ballroom dancing. But after the installation of the new board of directors and inauguration of the new president, the lights turned off, a DJ and "go go" dancers replaced the swing band, bright neon glow sticks, necklaces, tambourines and maracas came out and 2000 Toastmasters turned into a rave party! It was one of the best dance parties that I have been to in a long time. A fantastic ending to a great convention.

Aside from hearing the great dance music, I also heard very

(Continued on page 2)

Tawanna Watson—District 8 International Speech Contestant Speaks Out



My journey to competing was not one that I set out to do. I was highly encouraged by my Collinsville Toastmasters Club members to share my story. Through their constructive feedback, I was able to fine tune my speech and take 1st place at the Club, Area, Division and District level. Winning was never my goal. My focus was to share my story of how I overcame the darkness of depression with hopes of inspiring others that they can too. If I was able to touch one person every time I shared my story, I fulfilled my goal.



Tawanna & Bridgette at Convention

I am truly grateful to my club and all the District 8 clubs that allowed me to practice my speech for the Semi-finals. There are some AMAZING people in District 8 who have truly been a blessing to me!

As I arrived in Las Vegas, I began to feel this sense of gratitude.

Grateful for the opportunity to stand before thousands of people around the world and share my story. Thankful that GOD provided me the platform. The opportunity to speak at a Toastmasters International Semi-Finals competition was humbling. When the time came to draw for the order of presentations, I was the last one to draw. I drew the Ace of Diamonds! I knew that by going first I was setting the standard! I ROCKED my speech! I left it ALL on the stage! I was so proud of myself. Yes, there was room for improvement, but I was operating in the NOW! I embraced the NOW with open arms and was completely engulfed in the experience and opportunity.

There were some amazing speakers I competed against and I am honored to have shared the stage with them. I am a part of an elite group of 100 Top Toastmasters for 2015. I can't beat that!

Be Blessed ♦

(Continued from page 1)

inspiring words each day throughout the convention. As a first time attendee, I made sure to attend every session that was offered to get the most benefit from attending the



Bridgette with TI Immediate Past President Mohammad Murad

convention. At the Board of Directors meeting, President Mohammed Murad (now Immediate Past President) spoke to the fact that although we are a volunteer organization, sometimes volunteerism is mistaken for non-accountability. He explained as members we are part of an organization that serves its members and we must have a sense of regard for how our actions affect others. Thus we must try to instill a sense of accountability in all our members. Later in the convention, I listened to 30 of the 96 semi-finalists give speeches, including our very own District 8 Champion.

Then I listened as the top 10 speakers took the stage on Saturday afternoon to compete for the big title, and Mohammad Qahtani from Saudi Arabia, who was mute until the age of 6 was named the 2015 World Champion of Public Speaking.

The greatness of Toastmasters International and its educational program was experienced each day I was at the convention. I felt deeply moved throughout by the things I saw and heard each day. My emotions stirred, and tears flowed during the Opening Ceremony when the final flag, the American flag was presented and everyone joined in singing the national anthem. I had never cried during the Star Spangled Banner at a baseball game. But being surrounded by 2500 Toastmasters and flags from all around the world evoked a sense of pride, I was proud to be an American and proud to be a part of Toastmasters, an organization that could bring together individuals from so many diverse countries with a common goal. As the convention continued, tears became a recurring theme for me as I was constantly overcome with emotion from hearing story after story about how Toastmasters had changed lives. There was a woman in a wheelchair at the first-timer gathering who spoke up and stated that she had previously had a stroke and was unable to speak clearly, but Toastmasters helped her to find her voice again. I cried. I heard a story from one of the semi-finalists who started as a prisoner in a prison club and he talked about how Toastmasters helped him to change his life. And yes, you guessed it, I cried. But crying was not the only thing I felt during the convention, I also felt really excited, and recharged for my love of Toastmasters. I learned many great communication and leadership tips, met members from all around the world, and learned more about the business of Toastmasters. Another thing I felt at the convention was the floor shaking, that's right, the floor shaking. That's what happens when you have 2000 Toastmasters dancing in a ballroom at a rave party. At the end of that, I felt exhausted! It was time to come back home with all the fond memories of TIConv15. Time to get ready for #TIConv16. I hope to see you there! ♦

Sandy Kardis with Region 5 ID Magnus Jansson and District 11 IPD Meg Claxton

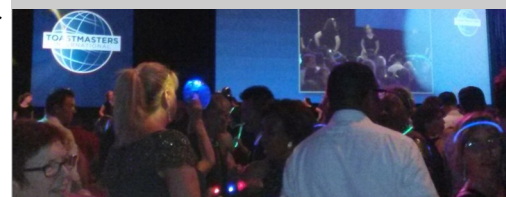


District delegates voting at business meeting with electronic machine.



Delicious dessert after President's Inauguration Gala

TI CEO Daniel Rex with Chuck Carpenter PID



TI Convention ... "Partying!" ... Get your dance on!

“Ring the Bell” Incentives

District 8 Members: Each individual member between July 1, 2015 and June 30, 2016 has the opportunity to earn “incentives” for your invited guests who become a District 8 club member. The new member must place your name on their application as a sponsor. They are not required to join your club, they can join any club within District 8 and you still earn credit. This incentive is in addition to any other incentives being awarded by Toastmasters International. Happy recruiting!

5 New, Dual, or Reinstated Members

Toastmasters Key Ring plus 1 Core Values Coin

10 New, Dual, or Reinstated Members = Hard Cover Notebook

15 New, Dual, or Reinstated Members = Computer Messenger Bag

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District Director Message

Leading through Learning!

District Director's Report on Leaders Training at International

Leadership and learning are indispensable to each other: John F. Kennedy

Leaders have to constantly learn and hone their knowledge base and skill set, for them to be relevant to their assigned responsibilities effectively. Learning is not for one specific level of leadership, it is essential to learn at every step to grow into the next level of leadership.

Toastmasters International places learning and developing at the heart of their program for their members. This starts at the club level and continues onward. The top three elected District Leaders (aka "TRIO") are likewise trained twice every year by TI. The First training is offered in August right before the International convention. This is a global training with all 96 TI Districts coming together at one place every year and is a fantastic opportunity to learn from district leaders from around the world. The sharing of knowledge, best practices and ideas are boundless and universal in nature. The experience and knowing that you are not alone in this journey of leadership is a great part of the development to do better for yourself and for fellow Toastmasters.

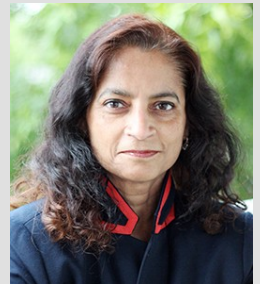
This was my third training at International and was a priceless experience. The training runs for two full days, with back to back sessions from 8:00 am to 5:00 pm. Our club Growth Director, Kat Mokriakow also attended the training as part of her responsibility. It was good to have her attend, as the discussions are about various aspects of District's responsibilities which are integrally linked. The morning hour starts with all TRIOs and International Leaders and staff in one big hall and to get to know fellow Leaders from around the world.

The training sessions covered topics of *Team Dynamics and Decisions, Creating a Culture of Success, Achieving Excellence in your District, Building new clubs, Keeping tabs on District finances, Getting ahead of your challenges, Strategic Planning and Project Planning for District Leaders*. Additionally, we were introduced to the Board of Directors, World Headquarter staff and Region Advisors. It was great training and to be able to put faces to the names.

Amazing to share mutual and exclusive experiences with fellow leaders and to learn about our dedication beyond geographical distances. As those of us from North America talked about our 3 to 5 hour long flights, we stopped to listen to people from Australia, China, Japan, India and Malaysia discuss their 20 to 36 hours of travel to get to training. This example of dedication to learn is remarkable, as leaders we are modeling the way to lead by first learning themselves. ♦

Farzana Chohan, DTM

District 8 Director
EMAIL: dd@dist8tm.org



International President Murad with District 8 Director Farzana and Club Growth Director Kat



Second day of training—Farzana and Kat



Region 5 Advisor Don Bittick awarded Training certificates to Director Farzana & Club Growth Director Kat

District Vision: DEEP—District Eight (8) Enhancement Program



Program Quality Director Message

Training and Development

Jacquie Vick, DTM

Program Quality Director
EMAIL: pqd@dist8tm.org



"Training and development is an indispensable function" (*Chopra, 2014*). If the benefits of training are undeniable, why are so many people often resistant to training? Is it because the training is repetitive? Or, is it because individuals don't think there is anything new to learn?

As I think about this, I'm reminded of my flight attendant days. Each year, we were required to attend and pass the "dreaded" recurrent safety training. I dreaded the training until one day I was summoned to the cockpit and told to prepare the cabin for an emergency landing. The captain said, "The gear is down, however, the light indicator does not show that the gear is locked in place."

My reaction to this news could have been one of shock and fear; however, everything learned in training kicked in and my reaction was second nature. Immediately, I asked the all-important question, "How much time do we have?" The captain said, approximately 10-minutes because we were in the process of dumping fuel. I then grabbed the emergency safety card from the cockpit door, exited the cockpit with confidence, briefed my crew, and together we prepared the passengers and ourselves for a possible belly landing.

After a safe landing, it was this experience that helped me to realize the importance and the benefits of the recurrent training. Without thinking, everything learned in training prepared the crew to immediately perform our duties. The passengers had not gone through training and relied on the crew to give direction to ensure "their" safety. The same premise holds true with club officers' training. Club members are counting on leadership to provide answers to questions that are in agreement with Toastmasters International. As well, contest contestants want to know that contests judges have been trained and are able to make objective not subjective judgments.

In order to lead a club down the path of success, officers must be trained. While the basic information for officers does not change, the training offered during Toastmasters Leadership Institute (TLI) is important for a number of reasons: 1) Seasoned leaders have an opportunity to share his/her experience as a leader with new leaders. 2) Training ensures club and leadership consistency, holding true to the Toastmasters brand. And 3), "Training allows [individuals] to acquire new skills, sharpen existing ones, perform better, increase productivity, and be better leaders." ~Bhanu Chopra

With that said, I'm happy to report the following training information:

- 434 club officers received leadership training during the first half of the 2015-2016 Toastmasters year
- 16 clubs show that all seven (7) club officers were trained (These clubs are eligible to receive a district gift at the end of the Toastmasters' year provided all seven (7) officers are trained again at the January TLI training.)

While the above is great news, together we have to help all clubs realize the value of club officer training. To date, 31 of the district's 106 clubs show three (3) or fewer officers trained. There is still work to do.

Contest Judges, remember, you cannot be an impartial judge without knowing the rules, criteria, and expectations of the role. If you missed the judges' training session, it is not too late for you to familiarize yourself with the contest rulebook and judging forms. Know before you go to the contests to serve in this all important role. ♦



Share your News with District:

Recognition: Have you shared your recognition in community, in your profession/business with your fellow Toastmasters in District 8? Fellow Toastmasters would be delighted to know about your achievements.

Club Anniversary and Club News: Send us a brief report with pictures to be posted on District social media about your club events.

Published Authors: If you published a book, written an article and would like link to be shared on District Social media.
Email to DD@dist8tm.org



Club Growth Director Message

Staying Power with Club Quality As the District Grows...

Kat Mokriakow, DTM

Club Growth Director
EMAIL: cgd@dist8tm.org



The district is hard at work-rebuilding their clubs, holding membership drives, and sharing Toastmasters with as many people as they can. What better way to give back then to share Toastmasters with someone else so they can receive the same benefits that you yourself received. As we bring in new Toastmasters, I want to encourage all club members to consider their club's program. Are the members' needs being met? Is there an active mentoring program? Club Quality is the number one reason members stop attending a particular Toastmasters club according to Toastmasters International. If our clubs are not providing new and existing members with what they need to meet their goals, then bringing in new members will only be a temporary fix. Build your club's Toastmasters program to have staying power.

As the District's Club Growth Director, I would like to share with you some incentives that are going on right now.

- **Membership Growth Campaign** - We will be announcing the winner of the Membership Growth Campaign at the District Fall Conference. There will be three clubs awarded as winners. The winners will be deciding if they would like a gift certificate from the local bookstore or the TI online store.
- **'Ring The Bell' Member Incentive** – as a single member, if you sponsor new, dual, or reinstated members to join a club, you will receive a gift from me. Check out the district website for full details (www.dist8tm.org)
- **New Advanced Clubs**-the district will be starting new Advanced Clubs this year. If you are interested in one of the following, contact me as soon as possible:
 - **Business Professionals Club.** If you are interested in competing at the district level or have your heart set on International competition then this is the club for you. Members wishing to be a part of the Speaker's Bureau are encouraged as well to join.
 - **Bilingual Club.** If English is not your first language and you are looking for a way to express yourself in a club that understands your communication limitations, then this is the club for you.

I encourage you to join more than one club, if at all possible. The experience you gain is worth the time invested. If you wish more information on what is shared in this article, feel free to reach out to me directly.

- ♦ **Need a Club Coach?** There are twenty-four clubs that qualify for a club coach. If you have less than thirteen members then you are among one of the clubs that qualify. **Contact: Kat Mokriakow to request a coach**
- ♦ **Serve on the Club Growth Committee.** I am looking for representation from all divisions. If you are interested in being a part of the bigger picture and helping the district to grow at the same time, this is your opportunity to make a difference.
- ♦ **Serve as a club coach, mentor, or sponsor.** There are approximately 33 clubs that qualify for a club coach. If interested, I will share what each position requires so you can make the best choice.
- ♦ **Serve on the demonstration team.** This team demo's a 'mini' Toastmasters meeting to allow prospective guests to see if Toastmasters is right for them and establish a new club for their company or community.
- ♦ **Have an idea for a prospective club?** If your company has at least 200 people and can support a Toastmasters club and doesn't currently have one or if you know of a place in the community where a club can be formed, I would like to hear about it.

Club Growth Director Vision:

To strengthen the core of District 8 by increasing membership in current clubs and to new club expansion.



Club Information

Before	\$
10/31/15 \$60 /	
After	
10/31/15: \$80	

[illegible]



2015 District 8
Fall Conference Registration Form
Friday, Nov. 13 & Saturday, Nov. 14
Diamond Jubilee of District 8

Main Conference Attendee Information

Last Name	First Name	MI
Street Address		Apt/Unit #
City	State	Zip Code
Home Telephone # ()		Alternate # ()
Email Address		
TI Designation	Club Name	Club Number
First Time Attendee? Yes No	Current Office(s) Held	
Did you register with a club? (Check One) Yes Club# _____ No		

Full Registration

Includes four (4) meals (Friday Banquet Dinner and Saturday Continental Breakfast, Lunch Buffet, and Banquet Dinner), registration fee, keynote, education sessions, and both contests.	Per Attendee (until 10/31 / after 10/31) \$135 / \$155	Qty	Subtotal \$
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A La Carte Prices Per Person	Qty	Subtotal
Friday and/or Saturday Contest Only (Gallery Seating) \$5 per contest per person (No charge, if name is listed on club's paid registration form.)		
Friday Dinner (Buffet) w/contests \$37 until 10/31 / \$42 after 10/31		\$
Saturday Breakfast (Continental w/protein) \$20 until 10/31 / \$25 after 10/31		
Saturday Keynote \$5 (No charge, if name is listed on club's paid registration form.)		
Saturday Lunch (Buffet) \$34 until 10/31 / \$39 after 10/31		\$
Saturday Educational Sessions \$5 each (No charge, if name is listed on club's paid registration form.)		
Saturday Dinner w/contests \$45 until 10/31 / \$50 after 10/31		\$
Total Amount		\$

Meal Options

Saturday Dinner: Check one option	Chicken Marsala	Herb Grilled Salmon w/ Chardonnay Cream Sauce	Sirloin of Beef w/ wild mushroom demi glaze	For special dietary needs, please email conference@dist8tm.org
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Payment Information

For the Conference: Make checks payable to "District 8 Toastmasters" and send with form by U.S. mail to: **Tim Spezia, 5037 Reynosa Dr., St. Louis, MO 63128.** For credit card payments, send this form to conference@dist8tm.org. An invoice will be emailed to you for payment. *Payment covers conference costs. If you want to stay at the hotel, please make your arrangements and separate payment early.*

Note: Meals purchased at the door are subject to availability.

For Hotel Reservations: Make your reservation at http://doubletree.hilton.com/en/dt/groups/personalized/S/STLSCDT-DTM-20151109/index.jhtml?WT.mc_id=POG or call DoubleTree by Hilton located at 16625 Swingley Ridge Road, Chesterfield, MO 63017 at 636-532-5000. Ask for the District 8 Toastmasters' room rate of \$105 per night (single/double occupancy) available until **Friday, Oct. 31, 2015.**



District 8 Credential/Proxy Certificate

**District Council Meeting on Saturday, November 14, 2015 at 10:00 a.m.
DoubleTree by Hilton 16625 Swingley Ridge Road Chesterfield, Missouri 63017**

7:30 am Credentials Desk Opens

At the district council business meeting, each club president and vice president education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as proxy or proxies for their club. (Use form below.) No other proxies are valid at this meeting – per Article X, Paragraph (d) of the District Administrative Bylaws.

In the event one of these officers does not attend the meeting and has not designated, in writing, an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other, and may therefore cast two votes at the meeting. This assures that every club is represented by two votes.

In addition, each district officer, including Area Directors, in attendance is entitled to one vote. Only district executive committee members carrying either credential or proxy certificates from their club are allowed three votes. All other members are limited to a maximum of two votes each.

Credential or Proxy Certificate (Date) _____

[Must be submitted to Credentials Desk to obtain ballot(s)] Certificate No. _____

Club name (print) _____ Club No. _____

Your name (print) _____

Your office: _____

(club president, club vice president education, Area Director, other district office)

IF YOU CANNOT ATTEND

For club president and vice president education only.

Indicate your duly authorized proxy below (must be an active member of your club):

Name (print) _____

Date _____

Signature _____



Jubilee of District 8

LEARNING, GROWING, LEADING

FALL CONFERENCE

FRIDAY, Nov. 13 & SATURDAY, Nov. 14, 2015



Greetings District 8! My name is Vickie Calmese, and I am your 2015 Fall Conference Chair. Currently, I am a member of the Wry Toastmasters where I serve as club president. I achieved my CC status during the Spring Conference earlier this year. Presently, I am striving to attain my ACB award, however, I see a DTM in my future. That's enough about me, let me welcome and encourage each of you to attend our 2015 Fall Conference.

This conference will be like no other. We are celebrating 75 years...The "Diamond Jubilee of District 8....Learning, Growing, Leading"! Our conference theme answers that basic question of *Why become a Toastmaster?--To learn, grow and lead.* The planned activities are designed to highlight the fun and inspiring ways we choose to attain those goals.

Here are some conference highlights:

In addition to the Table Topics Speech Contest, prepare to be thoroughly entertained Friday night with District 8's "Got Talent." Saturday morning will kick-off with a roast to Immediate Past District Governor Sandy Kardis and quickly

move into the keynote address by **First Vice President Balraj Arunasalam** from Toastmasters International, who will also facilitate an educational session later that morning. This will definitely be an historic event, and I am excited to hear his presentations.

Other presenters throughout the day include Cheryl Burton, a certified John Maxwell trainer, speaker, and coach and owner of Leading in Success, LLC; Barry Coziahr of Response Target Marketing who will show you how to effectively use social media in your personal and professional life; Kim Burke, founder and coach of QKE 4 Growth and author of the self-published book, *The Code to Greatness*; Ken Perkins will enlighten us with "Mindful Leadership", a hallmark of Toastmasters core values; Cornelius Bowe will help you "Sharpen Your Chops" and engage your audience with five powerful words; and wait, there's more but you'll have to come to the conference! All I can say is Saturday night wear your diamonds and pearls for an evening of elegance.

Get ready to FALL into this can't miss great conference experience. Come celebrate with us 75 years and counting. Diamond Jubilee of District 8....Learning, Growing, Leading.... See you there!

DoubleTree by Hilton
16625 Swingley Ridge Road
Chesterfield, Missouri 63017

District 8 welcomes First Vice President of Toastmasters International Balraj Arunasalam, DTM

During Balraj's visit, he will be awarding two Corporate Recognitions to: Washington University and Express Scripts. Before the conference Balraj will be hard at work making at least 5 visits to corporations in the St Louis area. There he will be extending the Toastmasters concept with organizations unfamiliar with the Toastmasters program. At the conference, Balraj will present a Civic Award to an esteemed person in the community. Please help us welcome Balraj to District 8 by attending the conference. Don't miss his keynote speech: ***Change Yourself To Change The World*** and the educational session: ***DRIVE: 5 Elements of Leadership***. See you there!





**Excellence in Education and Training Award: 2014-2015
District 8 received "Select Distinguished Award"
Toastmasters International Hall of Fame**



Mohammed Murad with Sandy



With Lark Doley, 2nd VP and Margaret Page Region 1 ID

District 8 Camaraderie @ 2015 TI Convention

Chuck Carpenter, Sally Carpenter, Sandy Kardis, Tony Kardis, Lora Mather, David Kincade, Bridgette Wesley, Dale Lancaster, Rob Van Winkle, Mary Kerwin, Tawanna Watson, Valerie Rasche, Juluis Adewumi, Diana Ross, Elaine Curry, Lemont Curry, and Farzana Chohan attended the convention as part of the District 8 delegation. Kat Mokriakow was able to attend the training only.

An Exciting Wealth of Experiences

by Sandy Kardis, DTM, IPDG & Tony Kardis

Those four days in Las Vegas are memorable because they were packed with exciting events, activities and fun. There were many highlights including the Speech Contests, presentations by world-class international speakers Darren LaCroix, Patricia Fripp, Judy Carter, and Tim Gard, meeting Mohammed Murad, Past International President and Tim Gard, a member of the National Speakers Association, the Business Meeting and the Hall of Fame.

We attended the Speech Contest Semi-Final 2 at 2:30 pm – 4:30 pm and Semi-Final 9 at 7:30 pm – 9:30 pm. Semi-Final 9 is where Tawanna Watson from District 8 competed. It was wonderful to see a number of Toastmasters from District 8 there to support her. We met the third place winner of the Semifinal 9 contest. There was a special connection because his speech was about how a prison toastmasters club helped him. As we listened and watched the 10 speakers competing in the Toastmasters International World Championship of Public Speaking, it seemed as if each speaker got better than the previous one. It didn't surprise us that the 8th, 9th and 10th speakers won 3rd, 2nd and 1st.

Not only did we learn specific techniques for delivering memorable and impactful presentations, but we were entertained. At this conference, we learned to discover the stories and humor in an ordinary day, to appreciate the difference a word makes and how specificity builds credibility and clarity in our messages and to understand how humorous



props, stories, and jokes can benefit audiences long after they hear our speeches. When we met Tim Gard, he gave us one of his Major Credit Card props and encouraged us to try to use it the next time we are asked for a major credit card.

Yes, the Business Meeting was exciting! There were several opportunities to get to know the candidates for the Board of Directors. Listening to that 2 minute speech just before the ballot vote, helped Sandy with her final decision; proving it is not just the candidates' bios on paper to consider. She carried the votes for Creve Coeur and Speak Up! Toastmasters.

We celebrated the achievements of members and districts worldwide, especially districts of District Governor acquaintances from the past three years. Seeing Farzana accept the award for Excellence in Education & Training brought back memories from last year. District 8 was a Distinguished District in 2010 – 2011 and can be one of the districts recognized at the 2016 Toastmasters International Convention in Washington, D.C. ♦



District 8 Members Earn Education & Leadership Awards from July 1, 2015—Sept. 3, 2015



Division A

Chesterfield Toastmasters Club

- Zhang, Emily X.—CC
- Zhu, Jin—CC

High-Noon Toastmasters Club

- Kirchdoerfer, Ellen K.—ACB

Maritz Toastmasters

- Schaumann-Harfst, Karon M.—CL

Mastertoasters Club

- Steinbach, Carol C.—ALS
- Steinbach, Carol C.—CL

Poplar Bluff Toastmasters

- Shields, James H.—CL
- Shields, James H.—ACB
- Bates, Joy Anne—CC
- Kimbrow, Larry—ACS
- Kimbrow, Larry—ACG

South County Toastmasters Club

- McConnell, Susan K.—CC
- Hendrickson, Carl H.—ACS
- Bubash, James B.—ACB

SPEAK UP! Club

- Strothmann, Mark M.—ACS
- Holt, Sharon L.—CL
- Kardis, Sandra M.—LDREXC

Division B

Cave Springs Toastmasters

- Disko, Randall C.—CC
- Dreher, Elaine—ACB
- Arnone, Robert—CC

- Burrus, George K.—ALB

Creve Coeur Toastmasters Club

- Kardis, Sandra M.—ACB
- Yasarapu, Padmini C.—CC

Little Hills Toastmasters

- Blattman, Robert A.—CC
- Kartha, Savita H.—CC

Magellan Toastmasters

- Hayden, William W.—ACG

McCarthy Communication Builders

- Krewson, Joseph M.—LDREXC
- Walton, Brian M.—CL

Monsanto Noontime Toastmasters

- Kelley, Melissa—ACB
- Hodge-Bell, Kimberly C.—CL
- Kelley, Melissa—CL
- Kelley, Melissa—ALB
- Myneni, Herna—CC
- Oey, Muryadi—ALB

M-Powered Speakers

- Mehta, Aimee M.—CL
- Morrison, Pam—ACB

Plus Factor Club

- Powell, Nicholas R.—CL
- Triplett, Melissa—ACB

River City Toastmasters Club

- Burton, Cheryl A.—ALB
- Doyle, John M.—CL

Triton Toastmasters

- Gossen Ron—ALS
- Gossen, Ron—DTM
- Taylor, Lawrence—ACB

- Gall, Audra—CC

WelDon Toast Club

- Darnall, Daniel A.—ALS
- Darnall, Daniel A.—DTM

Division C

Capital City Toastmasters

- Holden, Valerie—CC

Collinsville Toastmasters Club

- Winkler, Keith—CL

Horace Mann Toastmasters

- Randall, Nathaniel H.—CL
- Randall, Nathaniel H.—CC

McBrian Lincoln-Douglas Club

- Gale, Peter—CC

Montgomery County Toastmasters

- Austin, Todd W.—CC
- Nichols, Derrick—CC
- Rubush, James—CC

O'Fallon Toastmasters

- Syler, Isaac A—CL

Scott Toastmasters Club

- Bell, Gordon L—CC
- Wood, Yolande M.—CC
- Gillard, Thomas A.—CC

Division E

Alpha Toastmasters

- Lewis, Darrell—CC
- Lewis, Darrell—CL

Columbia Toastmasters

- Tucker, Erin Leila—CC

Courage to Grow Toastmasters Club

- Wilson, Caleb J—CC
- Hinshaw, Michelle—ACG

Downtown Toastmasters

- Henroid, Joshua B.—CC
- Meighan, Natalie S—CL

Division F

Jacobs P3

- Wisbey, Mark B.—ACB

Open Line Toastmasters

- Cox, Lori E.—ALB

Primary Conversations

- Cooksey-Cannon, Lisa—ALS
- Cooksey-Cannon, Lisa—ACB
- Smith, Pierre Andre—ALB

Rent-A-Toast Club

- Phillips, Michelle L.—CL

Sigma-Aldrich Toastmasters Club

- Patel, Mitesh B.—CL

Square Talkers Toastmasters Club

- Cook, Paul Robert—CC

Tarsus Toastmasters

- Banaszak, Mark—CC

WUSTL Speaks

- Early, Rosalind L.—CL
- Richards II, John—CC
- Early, Rosalind L.—LDREXC

Announcing the District 8 Speakers Bureau

By John Barry

Talent, skill, and expertise – District 8 Toastmasters have it! District 8 is currently launching a link to a Speakers Bureau on the District 8 website. Are you interested in joining the Speakers Bureau? A speaker must have demonstrated the capability to engage an audience through speeches and topics with a credible professional presence. As a D8 Toastmaster the minimum qualifying requirement is accomplishment of the CC award. Topics should be of universal interest, ie leadership, communication skills, business topics and social media just to name a few.

Potential engagements include a variety of venues, including keynote address, conference breakouts, seminars, workshops, commencement address, after dinner/lunch speeches, community group meetings, school assembly and storytelling.

All candidates for the Speakers Bureau should e-mail District Director Farzana Chohan or Speakers Bureau Chair, John Barry to let us know of your interest. You will be asked to complete an application with a list of speech titles and presentation topics to be considered. If approved, speakers will be requested to provide a head and shoulder's photo and a short bio. Let us know if you are interested or if you know of any potential speaking opportunities within the District.

Farzana Chohan
District Director
dd@dist8tm.org

John Barry
Chair, Speakers Bureau
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TOASTMASTERS INTERNATIONAL

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District 8 is on the web.
www.dist8tm.org

Volunteer for District and Develop your Leadership skills:

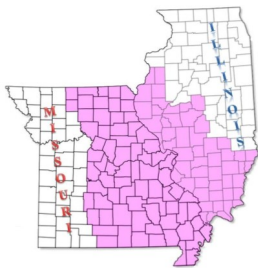
Do you know there is a Toastmasters world
beyond your club in which you can
participate? Join us at District level by
volunteering for District activities & events.

If you have a specific skill and would like to
assist the District send an email to
DD@dist8tm.org

*It is a great way to enhance Leadership skills
and learn from experienced Toastmasters!*

The Mission of District 8

We build new clubs and support all clubs
in achieving excellence.



Nancy Lee Jones, DTM, PDG died September 10, 2015. Nancy was active in Toastmasters for many years, as a member and a leader at the club and district. She was District 8 Governor in 2004-2005. Nancy had an indelibly positive attitude and always encouraged others to 'move outside their comfort zone.' Nancy will be missed by all who knew her unique blend of kindness, caring and humor. Her last gift was to advance the art of healing and help others to live.

District 8 has lost a great person, a wonderful leader and a friend. Nancy touched many lives. Mary Kerwin and Sherry White said, "*Nancy had this remarkable ability to get the newest Toastmasters involved in the district activities—so they would be learning to lead.*" ~ By Elizabeth Link



Interested in becoming a dual member in an
Advanced Club?

Capital T Toastmasters

is looking for you!

Meets: Second Friday of the month 7:00 pm

Location: Cornerstone Evangelical Free Church
921 Edgar Road, Webster Groves, MO 63119

Contact: Tom Coscia coscia@peoplepc.com

Requirement: Member of another Toastmasters club and have
Competent Communicator (CC) designation

Be a part of the past and the future of D8!

Become a member of ...

Smedley Hometown Memorial Toastmasters Club

Seeking the past, current and future D8 leaders

Purpose: We celebrate our D8 connection to Founder
Dr. Ralph Smedley and work to build, support
and encourage D8 leaders.

Meets: Once a month, usually in connection with D8
meetings or other events.

Website: <http://4115.toastmastersclubs.org/>

Contact: Joann York j_york71@hotmail.com