Toastmasters Clubs Offer Leadership, Public Speaking Training and Experience  
by DeAnna Massie

“In today’s business, communication and leadership skills are important,” says Sandy Kardis. “It’s very challenging.” Kardis is Lieutenant Governor Marketing, for Toastmasters District 8 (Eastern Missouri and Southern Illinois). “I joined Toastmasters because I was invited by a co-worker, but I found that it’s an incredible learning experience—and fun.”

Toastmasters is a not-for-profit educational organization that offers training and experience in leadership and public speaking. Participants learn by participating in no-pressure workshops. They practice conducting meetings, giving prepared and impromptu speeches and develop skills related to timekeeping, grammar and parliamentary procedure. There are no instructors in Toastmasters clubs; members improve through continuous practice, and by giving and receiving constructive feedback from their peers. Members, may, however, hold officer positions.

Since 1924, Toastmasters has helped men and women from all different backgrounds develop leadership and public speaking skills. Today, Toastmasters International sponsors 13,500 clubs in 116 countries. Some of these clubs have corporate sponsors and are open to employees only. For example, in District 8, Wells Fargo Advisors, Save-A-Lot and State Farm host Toastmasters clubs for employees who want to improve personally and professionally. However, there are 116 clubs in District 8, and many of those are community clubs open to anyone who wishes to join.

In addition to monthly meetings, members can participate in training such as The Leadership Institute and attend conferences where they can attend workshops and compete for prestigious speaking and leadership awards. (This year’s District 8 Spring Conference will be held May 17 and 18 at the Renaissance St. Louis Airport Hotel.)

Members only pay $36 in dues twice a year. New members pay a small initiation fee, and some clubs may have additional dues to pay for room rental and supplies. Kardis says, “If you compare Toastmasters to other leadership and educational programs out there, you’ll find that we are the best and least expensive option for personal improvement classes. Members develop skills, but they also gain confidence. If you are asked to take on a leadership role in your career or community, the experience you get at Toastmasters makes it easier to say yes.”

(Continued on page 6)
Hello, District 8 Toastmasters!

It’s March, and we are in the last month of the 3rd quarter of this Toastmasters year. This means we will soon be rounding the 75% mark of the year. I feel confident that we are where we are supposed to be at the District level. How are you doing in your personal goals? How about your club’s goals? We each set personal, club, area, division and district goals at the beginning of the year, and now is the time that we should be able to start seeing some of those goals coming to fruition.

This has been a stellar year for the District. We have initiated some ingenious ideas at the Fall Conference and the TLIs, and I am impressed with the number of education goals the District has produced this year, including 14 DTMs and counting!

We have over 40 clubs who have already achieved 5 points or more in the Distinguished Club Plan. Assuming they meet the membership requirement, we have a lot of clubs that will be receiving ribbons from Toastmasters International this year!

In terms of total clubs paid, we have the exact same number of clubs (111) that we had paid at this time last year, but we also have 6 potential clubs who have submitted their $125 charter fee along with a long list of leads we continue to pursue.

In the area of membership, we are 1/2 percentage point ahead of last year’s payments. We certainly hope that clubs will continue to have open houses, special events and conduct great meetings to continue gaining membership in all areas of the district.

Are you looking for ways to participate? Check the District Calendar for opportunities to participate in district sponsored events. In March, April and May we will have contests almost every weekend, the St. Patrick’s Day parade to participate in, Speak the movie showings and the Spring Conference.

I hope to see you at some of the upcoming events before the year comes to a conclusion. I hope to hear from you on any other way the district can continue to improve our member experience. If you have any questions, comments, concerns or ideas, please feel free to contact me at DG@Dist8TM.org.
"When a butterfly flaps its wings in one part of the world, it can cause a hurricane in another part of the world”—author unknown.

A group of men, similar to our beautiful Monarch butterflies, flapped their Toastmaster wings and caused a hurricane of giving in District 8.

Who started that hurricane of giving? Omer Roberts who served as District 8 Governor (2002-2003). He provided a way that his leadership could survive his death in 2005. A trust fund was established in his name for the purpose of assisting inmates with their Toastmasters dues. I admired Omer's devotion to others, but I recently learned more about how his leadership legacy stretches farther than prison walls.

Many prison clubs begin as gavel clubs. Gavel clubs provide Toastmasters' methods and materials to people who may be ineligible for regular membership due to inability to pay dues. Gavel clubs are excellent opportunities for community service by our members. Gavel club members are called “gaveliers.” In the Missouri prison system several of our District 8 Toastmasters are VICs—Volunteers in Corrections. These members teach “gaveliers” how to run their meetings, elect and train officers. They provide Toastmaster materials for these members. In these clubs, the skills these “gaveliers” learn have a much larger effect on society. Statistics indicate that inmates who participate in Prison Toastmasters Clubs, whether gavel or fully chartered, are less likely to return to prison than are other inmates. The statistics are not scientific, but, where tracked, they range from 5-10% recidivism for Toastmasters-trained inmates versus 50-70% for the general prison population. If fewer people return to prison, there will be less crime, fewer tax dollars spent for prisons, more taxpaying citizens, and stronger families. In Missouri, of those inmates involved fully in a chartered club and paroled, 100% never return to prison. These are the facts about prison clubs and the direct benefits to the members, but there is much more to be told.

On January 31, I visited the Talu Toastmasters Club at the Moberly Correctional Center with club officers from the Mid-Mo Advanced, Shelter Sunrise, Columbia and Capital 503 clubs. Dottie Carlson, David Mallory and Delbert Creed guided us through the check-in process and led us to the meeting room. The room was already prepared for the meeting (large framed collages of past events and members line the walls), and our coffee was perked and ready. We were introduced to the members as they arrived sharply at 7:00 pm. Sergeant-at-Arms Maurice Robinson opened the meeting and introduced Club President Jimmy Lockhart who welcomed us and opened the club business meeting. The members executed parliamentary procedure efficiently and effectively. A member made a motion, another member seconded it, the members discussed it and called it to a vote, and then voted to dispense with the regular business and handle any emergency business. The emergency business was opened for discussion. As there was none, the club business meeting was concluded.

President Lockhart introduced me and gave me the opportunity to tell these members how their fellow District 8 Toastmasters raised funds during the Fall Conference for the Omer Roberts Scholarship Fund. I was filled with pride to talk about our District 8 Aerial Photo, our Fireside Photos, our impromptu Tip Your Wait Staff event and the Centerpiece (Continued on page 14)
A Message From the LGM

In my December message, I described several dances that were on my dance card and how these dances related to various LGM responsibilities. In this message, my dance card was filled with the Foxtrot, Flamenco, Twist, Two-Step, and a new dance step, the Bunny Hop.

If you remember, the Foxtrot was on my dance card again for the mid-year district leadership training in January. It was a cold weekend in Nashville, but a warm group of leaders from Toastmasters International including Executive Director Dan Rex and leaders from Regions 5 and 9 gathered for mid-year training. Curtis, Lora and I learned with our peers, networked, shared best practices, created plans, brainstormed ideas, evaluated goals, and role-played with another district team.

The Flamenco dance continues to appear many times on my dance card. As of this article, District 8 has a total of 36 leads. Follow-ups via phone and email are ongoing. Several have been unresponsive after the first contact, but many are working to gain that magic number “20” to charter. Although I receive many club leads from Toastmasters International, eighteen of those leads have come from you, fellow Toastmasters. In January and February, there were 2 informational meetings, 3 sample meetings and a follow-up meeting to help a prospective club with logistics of getting it off the ground. Several sample meetings are rescheduled in March due to the snow which brings the count up to 6 so far.

As I dance the Twist, membership is on my mind. I have scheduled a second conference call with clubs whose membership is below 13. This time I took Regional Advisor Dietmar Wagenknecht’s advice and invited several successful corporate and community club representatives to join the call to share their club’s best practices. Division Governors received an Early Bird April Renewal Incentive flyer to share with Area Governors and clubs. The first 5 clubs to submit April renewal fees between March 1 and March 16 will receive a $10 District 8 bookstore certificate and be recognized on the District 8 website.

I hope your club is taking advantage of the “Talk Up Toastmasters!” membership contest. By adding 5 new, dual or reinstated members to your club roster between February 1 and March 31, your club will receive a special “Talk Up Toastmasters!” ribbon from TI. In addition to the ribbon, qualifying clubs will also earn a special discount code for 10% off their next club order. As a special incentive from District 8, clubs will receive a set of 10 Promotional Welcome ribbons.

To aid in promotional efforts of the 1+1 membership-building campaign, World Headquarters created a marketing kit, full of giveaway items, to keep the campaign top of mind and help our district win the top prize of $500 toward purchases in the Toastmasters store. I will be receiving this kit which contains chip-clips, posters, notepads, decals and a few T-shirts. These items will be passed out during our Spring Conference May 17-18 to inspire you to encourage your friends, family and colleagues to join a Toastmasters club.

While doing the Two-Step deciding on what and where to advertise membership in District 8 clubs, a bonus resulted from advertising in the Community News and CrossRoads magazine. See the interview by DeAnna Massie in this issue.

The Bunny Hop is a novelty dance in which participants dance in a line holding on the hips of the person in front of them. They tap the floor 2 times with their right foot, then with their left foot, they then hop forwards, backwards, and finally 3 hops forward to finish the sequence. The first person in the line leads the group around the floor. In small steps, I have been promoting the MAXPLAN, a group coaching approach for those clubs where it is not feasible to give them an experienced club coach just for them. Its purpose is to bring clubs to charter strength in membership and to familiarize officers with the various resources and tools available to enhance club performance. Richard Porter, Area 15 Governor, agreed to find participants and a venue for a 1-hour educational presentation on it sometime in March. How many hops will it take for the MAXPLAN to become a pilot program in District 8?
The vows that Louise Nickels and Tony Gartner exchanged on October 11, 1952 at St. Agnes Catholic Church in south St. Louis have kept them together for 60 years. Louise said, “I really believe in the vows, come hell or high water. We never go to bed mad. We give each other a good-night kiss.”

Louise was a sophomore at Notre Dame High School when they met. Already a graduate of St. Mary’s School, Tony worked at Anheuser-Busch before playing minor-league baseball with the Cleveland Indians farm club. By the time he left for Florida, they were going steady—“promised” was their term. “We went on a couple dates before we thought we were compatible and we liked each other,” Louise explained. “Love at first sight is not practical.”

Leaving baseball and long-distance dating, Tony returned to St. Louis and they married after she graduated. Louise selected her dress and veil. Thrilled to arrange details, her mother sewed a bridesmaid gown for Judy, her younger daughter.

Tony and Louise’s first child, Anita was born a year later, then Richard the next. Elaine, Phyllis, Steven, Michael and David joined the family and Matt arrived 13 years later. Louise said, “When we were young and foolish, I think we said something about having 12, but as they came along, we thought we may have to adjust that down just a little bit.”

Gradually moving west over 10 years, they settled in St. Charles. Many of the children and their families—including 18 grandchildren and Charlotte Tippit, their first great-grandchild—live near their present home in St. Peters.

Early in their marriage Tony worked in the Tool and Die making industry. But Tony said, “there was a certain point when I said, ‘I don’t want to do this anymore.’” He took classes first at Washington University, worked full-time and supported his children’s activities. After earning a bachelor’s degree at Saint Louis University, he took a micro economics class. “In 1980 I got my MBA at (age) 48, at the same ceremony as Richard got his law degree. We wore different colored capes,” he said.

Tony said their children did not ask for advice, although most have discussed business and management issues with their dad, who is a coach, business consultant and teacher.

Louise said their daughter, Elaine, noted how she and her siblings always knew what they could do, as the parents echoed “yes” or “no” at the same time.

Tony joined Cave Springs Toastmasters in 1992, which was only the beginning of this journey. He traveled this path earning his DTM (Distinguished Toastmaster) award and over the years, he has served as a leader, mentor and coach to many Toastmasters. His journey led him up the ranks of leadership.
Midtown Clayton Club #283
Submitted by Rosemary Wilson

Ed Tate, 2000 Toastmasters International World Champion, with Mark Aubuchon, President Midtown Clayton Club #283, before the club meeting February 1, 2013 at the Center of Clayton.

Ed Tate was in St. Louis for a program sponsored by the National Speakers Association St. Louis Chapter (NSA STL). He accompanied NSA STL Chapter President-Elect Manley Feinberg to the Midtown Clayton Club meeting. Manley is a Toastmaster with a Competent Communicator designation, a professional speaker and a member of the Midtown Clayton Toastmasters Club # 283. While at the club meeting, Ed Tate did a brief storytelling example and then did a Q&A with members related to finding a story from the speaker’s personal experience that illustrate the point of the speech.

Mentor Vance Crowe with new member-protégé Michael Gladson (unrelated but look-aliases!)
Classic Hollywood
1930’s and Beyond

Friday, May 17
& Saturday, May 18

District 8 Spring Conference
Renaissance St. Louis Airport Hotel

$80 until May 1st!
(See registration form for details.)

To help with the conference and gain leadership credits,
email Wendy Clothier (Conference Chair) at
aka_winnie@hotmail.com.

Celebrate Hollywood of any era!
### Main Conference Attendee Information

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### Full Registration

**Includes three meals** (Friday buffet dinner, Saturday lunch and banquet dinner; **breakfast not included**), educational sessions (for Toastmasters), and both contests.

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**Additional Attendees Each:** $75 / $90

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### Meal Options

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<td>Roasted Sirloin with Pinot Noir Reduction</td>
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<td>Chicken Breast with Sundried Tomato Cream Sauce</td>
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### Payment Information

**For the Conference:** Make checks payable to “District 8 Toastmasters” and send with form by U.S. mail to: **District 8 Toastmasters, 732 Goddard Ave, Chesterfield, MO 63005.** For credit card payments, send this form to conference@dist8tm.org. An invoice will be emailed to you for payment. Payment covers conference costs. If you want to stay at the hotel, please make your arrangements and separate payment early.

**For Hotel Reservations:** Call Renaissance St. Louis Airport Hotel at 800-468-3571 or fax 314-890-3102. Ask for the District 8 Toastmasters’ room rate of **$85 per night** (single/double occupancy) available until **Monday May 6, 2013.** Image credits: Roman Solota.
Dear District 8 Club Presidents and Club VPEs

The Club Leadership Handbook describes the following standards more fully and explains how to carry them out.

Outside the Club Meeting:
- Attend and vote at area and district council meetings.

District 8 Credential/Proxy Certificate
District Council Meeting – Saturday 5/18/2013
Renaissance St. Louis Airport Hotel – 9801 Natural Bridge Road, St. Louis, MO 63134
7:30 AM - Credentials Desk Opens
10:00 – 12:00 District Council Business Meeting

At the district council business meeting, each club president and vice president education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as proxy or proxies for their club. (Use form below.) No other proxies are valid at this meeting – per Article X, Paragraph (d) of the District Administrative Bylaws.

In the event one of these officers does not attend the meeting and has not designated, in writing, an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other, and may therefore cast two votes at the meeting. This assures that every club is represented by two votes.

In addition, each district officer, including area governors, in attendance is entitled to one vote. Only district executive committee members carrying either credential or proxy certificates from their club are allowed three votes. All other members are limited to a maximum of two votes each.

(Date) Credential or Proxy Certificate ______________________________________
[Must be submitted to Credentials Desk to obtain ballot(s)] Certificate No. ______
1. Club name (print) __________________________________Club No._____________
2. Your name (print) ______________________________________________________
3. Your office: ___________________________________________________________
   Club president, club vice president education, area governor, other district office
4. IF YOU CANNOT ATTEND (club president and vice president education only),
   indicate you’re duly authorized proxy below (must be an active member of your club):
   Name (print) _______________________________ Date________________________
   ______________________________________________________________
   Signature
Promoting the Youth Leadership Program

By Sandy Kardis

Oanh Le Ngo came to the United States in 1975 as a Vietnamese refugee not knowing how to speak English. She overcame her fear to speak up after she joined Toastmasters. Oanh was inspired by Ralph Smedley’s YMCA “basement brainstorm” - helping young YMCA patrons with training in the art of public speaking and in presiding over meetings.

Ralph Smedley saw the needs of the young YMCA patrons. From Oanh’s own life experience, she sees the need to:
- Be able to express herself
- To be listened to with basic respect without feeling discriminated
- To dialogue effectively
- To shape up her inner world view before her outer world view
- To take inventory of her life by checking on the emotional, spiritual, social, community love contribution deposits beyond her career net gain
- To revise her belief system to update her family, vision/mission goals to lead our children to be the best they can be and to contribute their unique gifts to shape our world
- To renew her mind to be open to new thoughts to expand her world view to see the bigger picture where every person will have a part to contribute to make the world a better place
- To practice self-mastery by being more emotionally and socially intelligent, to act more justly, to serve with love and humility, and to instill peace, unity and harmony.

Oanh believes Toastmasters has empowered her to lift up her voice to speak to various groups. She would also love to pass forward Toastmasters’ vision which is to empower people to achieve their full potential and realize their dreams and to reinforce TMI core values—integrity, dedication to excellence, service to the member, and respect for the individual. She admits that without Toastmasters she would not dare to speak to any group anywhere. Oanh gives credit to Ralph Smedley and to the St. Clair Toastmasters俱乐部 for sponsoring the Youth Leadership program with retired Colonel Randy Lanning to inspire young students to use their gifts to make a difference as a culture-shaper in their own classrooms, school, family and community.

While most women with an accent are making excuses to avoid public speaking at all costs, Oanh—VPM of St. Clair Toastmasters, never misses any opportunity to implement Toastmasters skills. She was able to overcome her public speaking fear to deliver up to 5 speeches consecutively to 5 classes in one day as a motivational keynote speaker to kick off the World’s Culture Study Series through an amazing “Vietnamese Culture Flight Study” motivating all students to become a culture-shaper of this time! Oanh also spoke to 7 consecutive classes in a day about the Vietnam War because she is passionate about inspiring young students at Mascoutah School. She shared her many life setbacks since she came to the United States as a Vietnamese refugee. Her own life journey is living proof of how obstacles are stepping stones to push one forward faster. Her goal was to instill in them a desire to join a Toastmaster Youth Leadership Program via a Toastmaster club alliance.

At the invitation of a fellow St. Clair Toastmasters club member, retired Colonel Randy Lanning, Oanh has been speaking to his ROTC classes since 2010. She wears her Toastmasters hat trying to attract his students to enroll in a Toastmasters Youth Leadership Program. It is worth sharing that on December 12, 2012 at Mascoutah High School, 21 ROTC students who were members of the Youth Leadership Program gave their final speech presentations to over 60 people—parents, grandparents, friends and officers of St. Clair Toastmasters Club.

Oanh was featured in the March 8, 2007 O’Fallon Progress newspaper. She was one of 12 women who received the St. Louis Archdiocesan Catholic Woman of the Year Award for her commitment to coaching people especially women to design their dream life. Oanh is a licensed interior designer. After 20 years of designing dream homes and doing Tours of Homes to raise funds, Oanh puts to good use everything she has learned as she reaches out to touch many lives creatively whenever she gets the opportunity. Oanh guides them to discover their unique gifts, to learn how to turn their set-backs into set-ups, to fulfill their highest destiny, and to live a dream life far beyond the dream house.
within District 8 all the way to serve as the District 8 Governor for the 2008-2009 year. While Louise has not joined the ranks as a Toastmaster member herself, she is a regular attendee with Tony at District 8 events.

When physical limitations forced Tony to give up golf, he also “gave up” mowing the lawn. Louise took over the mowing and still enjoys keeping both lawn and garden in shape. However, family is and has always been her prime hobby.

A couple for 60 years, they have shared family challenges of health, loss and development. Their “least favorite year” was 2010 when son Michael died and Louise was diagnosed and began treatment for cancer. “Those are the things you ride with the waves,” Louise said. “We are so happy because our family is so loving and so sweet and so caring for us.”

Their family surprised them with a party on October 13, 2012 to celebrate their 60 years of marriage at the home of their son Richard and his wife, Christine, in St. Charles. Supposedly, they were headed to dinner in St. Louis. “Their plan for a total surprise was pretty good,” Louise admitted. Invitations showed the newlyweds on their wedding day. Photos secretly snatched from their storage became a family slide show. Like at their reception, they cut a cake with icing flowers in colors of the attendants’ gowns. They might have “borrowed” one more item, Louise laughed. “I have the original top for the cake which they copied. They could have used that, too.”

Lessons can definitely be learned by following their example and in the footsteps of a couple who have stood together for 60 years. A beautiful love story, a beautiful family and many more good-night kisses to be shared as Tony and Louise continue their story.
## Division Contest Info—International Speech & Evaluation Contests

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<td>Jef Williams</td>
<td>Saturday, April 6, 2013</td>
<td>Caseyville Township Building 10001 Bunkum Road</td>
<td>Doors open: 9am, Briefings: 9:30 am, Contest Begins: 10 am</td>
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<td>Division F</td>
<td>Jeanette Lynch</td>
<td>Tuesday, April 9, 2013</td>
<td>Missouri College, 3rd floor, Rooms 17 &amp; 18</td>
<td>Briefings: 5:30 pm, Contest Begins: 6:00 pm</td>
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<td>Frank Yates</td>
<td>Saturday, April 13, 2013</td>
<td>Scheppers Distributing Company</td>
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<td>Division A</td>
<td>Mike Kotur</td>
<td>Saturday, April 20, 2013</td>
<td>St. Louis County Library Tesson Ferry Branch</td>
<td>Briefings: 9:30 am, Contest Begins: 10 am</td>
</tr>
<tr>
<td>Division B</td>
<td>Cynthia Warren</td>
<td>Saturday, April 27, 2013</td>
<td>St. Louis County Library Bridgeton Trails Branch (Meeting Room 1)</td>
<td>Briefings: 9:30 am, Contest Begins: 10 am</td>
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### Check the District Calendar for details on Area Contests and other events.

### District Leadership Positions for 2013-2014

Thinking of running for Lieutenant Governor Marketing or Division Governor in 2013-14? See the link for the requirements: [http://www.toastmasters.org/DistOffQual.aspx](http://www.toastmasters.org/DistOffQual.aspx) If interested, email Tom Coscia, IPDG, Nominations Chair at Coscia@peoplepc.com as soon as possible. All positions are available.

### Membership Building Contest—Talk Up Toastmasters!

Take advantage of the “Talk Up Toastmasters!” membership contest. Encourage club members to invite guests to a special meeting where regular procedures are augmented by a discussion of the many benefits of Toastmasters. By adding 5 new, dual, or reinstated members to your club roster between February 1 and March 31, your club will receive a special “Talk Up Toastmasters!” ribbon to display on your club’s banner. In addition to the ribbon, qualifying clubs will also earn a special discount code for 10% off their next club order. (The discount code expires six months from date of issue and is not valid with any other offer.) Transfer and charter members do not count for credit. As a special incentive from District 8, clubs will receive a set of 10 Promotional Welcome ribbons.
District 8 members earn Education & Leadership Awards from December 11, 2012 to March 13, 2013

**Division A**

Crossroads
- Patrício, Louis J.—ACB
- Bohn, Bob G.—CC

DSAGSL WORD Masters
- Roth, Dennis Andrew—CC
- Roth, Dennis Andrew—ACB

High-Noon Toastmasters Club
- Earl, Kimberly A.—CL
- Hill, Robert T.—CC
- Burlison, Bill D.—LDREXC

Marion VA Toastmasters
- Schlager, Sandy—ACB
- Deschene, Mark—ALB
- Martin, Carla—CC
- Howard, Patti—CL
- Schafsnitz, Laura—CC

Maritz Toastmasters
- Watson, Andy M.—CL
- Watson, Andy M.—CC

Mastertoasters Club
- Allen, Wayne—ACB
- Schwarz, Jim—CL
- Albert, Kevin—CC
- Steinbach, Carol C.—CL
- Hill, Judy L.—CC
- Mitchell, Marc E.—CC

Poplar Bluff Toastmasters
- Cmehil-Warn, Sueanne Rae—CC

South County Toastmasters Club
- Kutell, Adam Henry—ALB
- Kutell, Adam Henry—ACS
- Krauska, Thomas J.—CC

Southern Illinois Toastmasters Club
- Klein, Bradley Dean—ALB

Unigroup Toastmasters Club
- Nosko, Linda—ALB

Webster Groves Toastmasters Club
- Noll, George A.—DTM

West County Club
- Rohan, Michael E.—ACB

**Division B**

B.I.B.L.E. Toastmasters
- Wallace, Sammie L.—CL
- Savage, Dorothy J.—CC
- Savage, Dorothy J.—CL

Cave Springs Toastmasters
- Walker, Karen Kaye—CC
- Peak, Brian K.—CC
- Woods, Deborah H.—CC

Creve Coeur Toastmasters Club
- Kardis, Sandra M.—ALS
- Skrbec, Karina—CC
- Kryvko, Barbara K.—CL

McCarthy Communication Builders
- Hanson, Paul B.—ALB

Monsanto NoonTime Toastmasters
- English, Brenda B.—ALS
- English, Brenda B.—DTM
- Kryvko, Barbara K.—ACS

Plus Factor Club
- Lynn, Nancy J.—CL

River City Toastmasters Club
- Thornton, Karen—CC

Shalom Church Toastmasters
- Troy, Donna R.—CC

**Division C**

Capital City Toastmasters
- Smith, Donald S.—CC

Collinsville Club
- Clark, Becka A.—CC
- Clark, Becka A.—ALB
- Clark, Becka A.—CL
- Rasche, Valerie M.—CC

Horace Mann Toastmasters
- Whalen, Shannon—CL
- Forbes, Jennifer—CL
- Yocius, William G.—CC
- Johnston, Alicia Coleen—CC

Ken Degler Lincoln Trails Club
- Stone, Kory S.—CC

O’Fallon Toastmasters Club
- Mitchel, Linda M.—CC
- Swearingen, Sandra Lee—CC

Scott Toastmasters Club
- Kennedy, Robert H.—CC

Springfield Parkway Pointe Toastmasters
- Viteychuk, Lindsay Elizabeth—CL

St Clair Club
- Sprouse, Lisa—CL
- Lanning, Randall—CL
- Curry, Elaine—ACB

**Division E**

Capital Toastmasters Club
- Brown, Brandon Charles—CC

Courage to Grow Toastmasters
- McCarty, Ramona—ALB

Good Neighbor Toastmasters Club
- Bennett, Nicholas Barton—ACS
- Crawford, Dorri M.—ALB

Shelter Insurance Toastmasters
- Martindale, Don E.—ALB
- Gadicherla, Swaraj—ALB
- Chandran, Ramesh—CL

Talu Toastmasters Club
- Licklider, William F.—ACS

**Division F**

Anheuser-Busch Club
- Haywood, Matthew J.—CC

BJC Toastmasters
- Colmenero, Erika—CC

County Communicators Club

(Continued on page 14)
Eagles & Butterflies …

(Continued from page 3)

auction. In addition, members who did not attend the event gave dollars after hearing about the fund raising. The total raised was $760, and it will be waiting for those members who need financial assistance to cover their dues. Those who worked these events and those who gave are our DISTRICT 8 EAGLES.

Then the meeting was turned over to Area 21 Governor Leigh Britt as the Toastmaster for the main portion of the meeting focused on club officer training. During the group discussion sessions, I learned that each Talu Club Officer heads a committee then delegates tasks to each committee member and reports on their committee activities at their executive meetings. I see an opportunity for the district to serve our members by explaining and encouraging club level committee leadership.

I had been told that I would be amazed. I was truly amazed and humbled by our Talu Toastmaster's dedication to excellence, enthusiasm and example of Toastmaster values. What I learned from Talu is that when we base our decisions on values such as integrity, excellence, respect to the individual, and service to our members, we are changed from caterpillars to butterflies. When we flap our butterfly wings, we can create a hurricane to allow others to fly higher.

“We delight in the beauty of the butterfly but rarely admit the changes it has gone through to achieve that beauty, and that through its wing flapping it can create a hurricane.”—unknown ■

Education & Leadership Awards

(Continued from page 13)

- Kardis, Sandra M.—CL
- Mather, Lora D.—ACB
Free Speakers
- McDowell, Jon R.—ACB
F.R.B. Club
- Crawford, Kyle S—CC
MOCO Torchmasters
- Finks, Jason—ACB
Primary Conversations
- Canady, Annetta J—CC
- Walker, Thomas A—CC
Sigma-Aldrich Toastmasters Club
- Porter, Richard W.—CC
Square Talkers Toastmasters Club
- Hoechstenbach, Steve A—CC
Wells Fargo Advisors Toastmasters
- Francis, Rachel M.—ACB
- Clothier, Wendy Renee—ACS
- Molinarolo, Patrice—CC ■

Time to Pay Membership Dues

By Joann York, ACB ALS

Twice a year, we are asked to pay our Toastmasters club membership dues. We are at that time once again. Yes, you are being asked to dig into your pocket and hand over your hard earned money. But is that the right way to look at it? I don't think so.

As a member of two clubs which does mean two clubs asking for dues, I look at it not as an expense but as an investment. I see membership in my clubs as an investment in my development. Each club brings me different opportunities for personal growth and expanding my social connections.

Much like the picture of a person watering the money tree, I view payment of my club dues as watering the tree toward my future successes. Toastmasters is an organization that allows you to grow as much as you desire and are willing to put forth the effort. The more involved you choose to be with your club or clubs and beyond, the more you will grow and succeed.

I can honestly say that Toastmasters was instrumental in my promotion three years ago at work. As you weigh the value of your club dues for you personally, keep in mind your participation or your actions will determine your success. If you are not actively involved in your club and you are not seeing results, it probably is not the Toastmasters program. It may be YOU that is not giving you the value return on your money. Invest fully in yourself, get active. Want to see more growth, join a second club or a third. ■
Smedley Hometown Memorial Toastmasters Club # 4115

Presents: “How to Conduct Productive Meetings”

When: April 20, 2013
Where: Lincoln Public Library
(Carnegie Room—South)
326 South 7th Street
Springfield, IL
Time: 11 am—Noon

Join us for this interactive workshop. Productive meetings do not happen by magic, but YOU can make them happen. Learn the techniques and dynamics for conducting productive meetings in any group.

Please advance register by sending email to Joann York at j_york71@hotmail.com or by completing registration form (link to form on electronic flyer at dist8tm.org calendar)

Are You Ready For The Challenge?

8-point Challenge
This is a challenge issued by the District 8 Governor to the Clubs to achieve a minimum of 8 points on their Distinguished Club program. Members of any club achieving this challenge, will receive special recognition at the Spring Conference.

8% Challenge
This is a challenge issued by the District 8 Governor to the membership to achieve a minimum of 8 percent attendance at the Spring Conference. This would require that we have at least 178 attendees at the conference. Once registration opens, I will update you on the count. Let’s do it! I know we can!

District Governor Club Visit Challenge
This challenge has been issued by the District 8 Governor to the Clubs. Any club that doubles its membership base (based on membership base as of July 1st, 2012) will receive a visit at one of their Club Meetings from the District 8 Governor. Details will be worked out with the (many) clubs that achieve this challenge!

Social Media Ideas
If you have or know of any Social Media ideas that can help the District enhance its Social Media presence, please contact our Social Media Chair, Jacqueline Waddy-Jones at jjayejones45@yahoo.com.
The Mission of District 8

We build new clubs and support all clubs in achieving excellence.

Do you have an article, photo, or other item you would like to contribute to a future issue of the “Communic~8”? Communication Deadlines

- April 15, 2013
- June 1, 2013

Upcoming Events:

**April**
8th—District 8@8 Call, 8:00 pm (605) 475-4000 PIN: 166461#
20th—Smedley Hometown Toastmasters workshop 11am
   How to Conduct Productive Meetings
   Lincoln Library, Carnegie South Room, Springfield, IL
27th—DEC Meeting 1:30 pm—4 pm
   Mid-County Library—7821 Maryland Avenue, St. Louis, MO

**May**
8th—District 8@8 Call, 8:00 pm (605) 475-4000 PIN: 166461#
17-18—District 8 2013 Spring Conference
   Renaissance St. Louis Airport Hotel
   9801 Natural Bridge Road, St. Louis, MO 63134