



E-Communic~8 District 8



Volume 10, Issue 6

Together We Can!

June 2011

District 8 is on the web

www.dist8tm.org

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The Home Stretch for District 8

By District 8 Governor Tim Spezia, DTM



This Toastmasters year has gone by quickly. It seems that July 1, 2010 was just yesterday, but here we are at the beginning of June and June is the current district officers last month in office before our work concludes. This is that home stretch where we need to give it the last push to show that our clubs have what it takes to be distinguished. If your club has attained "Distinguished" or better status this year already, then congratulations for your achievement! If your club still has work to accomplish in these last weeks of this year, then the time is now to push forward to reach the finish line to take your club to the next level.

One hurdle as we race to the finish for the district and for many clubs is the membership hurdle. Membership is an essential part of having a distinguished club and a distinguished district. It is not only achieving individual members' education and leadership goals, getting your officers trained, and turning in your officer lists to achieve a distinguished club among the other goals. Your club cannot be distinguished no matter how many other goals you achieve if you fail to keep your 20 members (if you started the year with 20 members) or if you fail to grow your club by at least 5 members (if you started below 20 members). Why is membership so important? For anyone who has been in a struggling club, you know the answer. Having that strong membership helps your members because there are more of us to help each other, which is what the program is about – helping each other to become better communicators and leaders. Every member should be working as a leader in their club finding new members to keep their clubs strong and growing. Membership is not about collecting membership dues or just chasing statistics, it has everything to do with objectively measuring the accomplishments of a club. The Distinguished Club Plan (DCP) is there as a measuring scale and the more goals a club completes in each term, the more it demonstrates your club is assisting your members towards their individual goals of growth as an improved leader or communicator. When your members are successful your club is successful. When your clubs are successful, your Area is successful and upwards it goes to your Division and District. Any of life's endeavors worth doing, are worth doing well. In attaining "Distinguished" status, it shows without a doubt that your members were successful in their Toastmasters endeavors. This is why you are a Toastmaster.

Chasing a statistic to gain 2% in membership or to reach a net gain of three new clubs are by themselves hollow achievements. However, when you couple measureable

(Continued on page 15)

Enjoy the many photos from our Spring Conference! You might even see your smiling face looking back at you.

District 8 Spring Conference ... By Kevin Desrosiers

The weekend of April 29, over 150 Toastmasters and their guests met at the Crowne Plaza Hotel in downtown St. Louis for their semiannual conference. Friday evening started on a high note as members from each of the five Divisions dressed in outfits representing different continents. Not only were we treated with a wide array of colors and styles, we learned about the history and cultures of people around the world.



George Yen, the 2nd Vice President of Toastmasters was the guest of honor. Mr. Yen opened Saturday morning for us by giving a speech on how we can all achieve greatness together. In the afternoon, he spoke to us on how each of us could find the leader within ourselves. His messages were both enlightening and inspirational.

The Color Guard on Saturday morning was made up of ROTC students that participated in a Youth Leadership program conducted by Randy Lanning of St. Clair Toastmasters

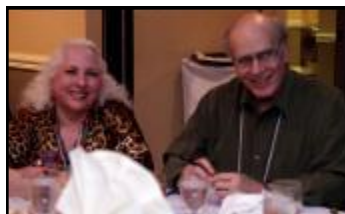
club. After the presentation of the colors, Randy awarded each of his students a certificate signifying their completion of the program.

Saturday afternoon included a wide range of educational sessions. Topics included How to Serve as a Long Distance Mentor, How to do the High Performance Leadership Module, Making Your Toastmasters Club Multi-Culturally Friendly, Practical Parliamentary Procedure, Using Social Media to Enhance Your Business Communication, and Sounding Good in English.

Both the International Speech and Evaluation Contests were captivating and highly competitive. In addition, several Toastmasters were recognized for their service to the District and their fellow Toastmasters.

Even the food was worthy of praise. The Crowne Plaza staff provided us with exquisite meals and excellent service throughout the weekend adding to the overall experience.

Special thanks are in order for our Conference Chair, Carole Breckner and all of the volunteers for making this one of the best District Conferences ever. ☀





Message from your LGET
Tom Coscia, DTM

**Loving
Spouse**

**Loving
Parent**

**Extraordinary
Leader**

**Well
Respected**

**A Distinguished
Toastmaster**

Smart

**Fun to be
around**

Dependable

Two Questions?
Years from now you are at your own eulogy,
how do YOU want to be remembered?

Funny

A Role Model

Successful

Spiritual

Well Spoken

Fill in the blank

What are you doing to make this a reality?



Thoughts About Leadership

By Tony Gartner, MBA DTM PDG

We are finishing one term and preparing for a new term within Toastmasters. What does that mean for our clubs? It means changes in leadership. I may lead you to ask the question: "Shall I be an Officer or Should I? In my club, Cave Springs Toastmasters, this was the title and the beginning words of a talk several weeks ago and the beginning of an article for the May edition of our Cave Springs Newsletter.

As you proceed down the Leadership Track road, you encounter the Advanced Leadership Bronze award. A requirement for that award is that you have served at least six months as a club officer and participated in the preparation of a Club Success Plan while serving in this office. Serving in any and all of the officer positions gives you an opportunity to learn and practice Leadership. In addition, twice each year Club officers are required to attend Leadership training classes offered by the District and referred to as TLI (Training Leadership Institute).

In the past year or so I have given several talks and written articles about Manager, Leader or Coach and I really believe that in some positions and situations we must be all three concurrently. But today I would like to stick with the Leadership portion especially since we have just elected our Cave Springs Officers for the 2011 – 2012 Toastmasters year and by June all of the Clubs that make up District 8 will have new Leadership. The following is excerpted from an article by Jon Gordon, writer and speaker.

10 Thoughts about Leadership:

1. People follow the leader first and the leader's vision second. It doesn't matter if the leader shares a powerful vision, if the leader is not someone who people will follow the vision will never be realized. As a leader, who you are makes a difference. The most important message you can share is yourself.
2. Trust is the force that connects people to the leader and his/her vision. Without trust there is a huge gap between the leader and the vision. Without trust people will stay off the bus. However if people trust the leader they will hop on the bus with the leader and help move the bus forward towards the vision.
3. Leadership is not just about what you do but what you can inspire, encourage and empower others to do.
4. A leader brings out the best within others by sharing the best within themselves.
5. Just because you're driving the bus doesn't mean you have the right to run people over. Abraham Lincoln said, "Most anyone can stand adversity, but to test a man's character give him power." The more power you are granted the more it is your responsibility to serve, develop and empower others. When you help them grow they'll help you grow.
6. Rules without "Relationship Leads to Rebellion," Andy Stanley said this and it's one of my favorite quotes. As a leader you can have all the rules you want but if you don't invest in your people and develop a relationship with them they will rebel. This applies amazingly to children as well. It's all about relationships.
7. Lead with optimism, enthusiasm and positive energy, guard against pessimism and weed out negativity.
8. Great Leaders know they don't have all the answers, rather they build a team of people who either know the answers or will find them.
9. Leaders inspire and teach their people to focus on solutions, not complaints.
10. Great leaders know that success is a process not a destination. One of my heroes John Wooden, the legendary UCLA basketball coach, never focused on winning. He knew that winning was the by product of great leadership, teamwork, focus, commitment and execution of the fundamentals. As a leader focus on your people and process, not the outcome.

Congratulations to our 2011-2012 District 8 Club Toastmasters Officers – Leaders! ☀

Toastmasters Leadership Institute

Presents

Get into the Rhythm of Leadership

Introducing:

DON CLAIR – KEYNOTE SPEAKER

Meet the Trainers:



Dori Drummond, Club President-Basic

Learn how to lead your club more effectively so each club member has the opportunity to achieve his/her greatest potential



Carrie Radnov, VPM

"Come learn how to enjoy serving the vital role as your club's VP Membership"



Carol Ellis, Secretary

I am looking forward to guiding you in the direction you need to be successful as an officer



Nancy Holth, VPPR Corporate

"Join me to hear new ideas and innovative ways to bring in new members."



Alfredia Smith, Sergeant At Arms

The Sergeant At Arms is the foundation of the club—without a properly prepared foundation your club will collapse.



Dan Darnall, Train the Trainer Instructor

The value of training our trainers is to focus on a common message while equipping them with the tools to create a conducive environment for adult learning.



Bridgette Wesley, VPE-Basic

Attending this session will help you learn how to be effective in your office and provide you with tips/ideas on how to motivate your club members.



Sly Brooks, Treasurer

Club success starts with a solid foundation. My Goal: To help build that foundation.



Daryl Sutphen, VPPR Community

'Come one, come all to find out what will entice visitors to your community club.'



Dossie 'DJ' Randle, Club President –Advanced

This class is for experienced presidents and will focus on the successes and achievements in the club, and how sharing those experiences can contribute to the success of other leaders.



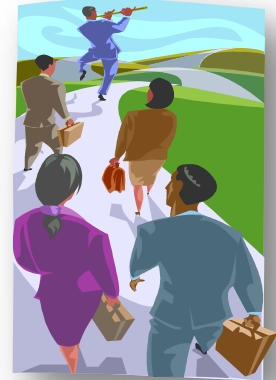
Paul Cook, VPE-Advanced

Let's get together on June 25th to share our wealth of experiences as VP's of Education to improve ourselves and strengthen our clubs—one member, one success at a time!

DIVISION F GOVERNOR CALLS FOR 100% TRAINED!

Ray Allen, the Division F Governor has set forth the challenge to District 8 to train 100 % of club officers. As Ray shares, “Even if you have done the officer position before, things change, the TLI facilitator changes and you will hear ideas you have not heard before.”

Get into the Rhythm of Leadership



Look at what's in store for you at this TLI:

- ❖ Greeters to meet you at the door
- ❖ Dual Membership Station
- ❖ Member Satisfaction Station
- ❖ Questions/Answers Station
- ❖ Continental Breakfast

Enjoy the Enrichment Sessions:

Building Club Spirit with Jane Clark
Club Coaching with Wayne Allen

JUNE 25th, 2011

**FIRST FREE CHURCH
1375 Carman Road
Manchester, MO 63021**

Our vision is to make the Toastmasters Leadership Institute a place you want to go; where you save the date on your calendar right away without waiting to see if anything else comes up first and where volunteering to serve is a coveted position. We hope to bring you real life training that you can take back immediately to use for your club and yourself. Let's meet Ray's challenge and get 100% of our club officers trained!

<u>Schedule of Training Events</u>				
07:00 – 07:45 07:45 – 08:30		Arrival/ Continental Breakfast		
08:30 – 09:30		Keynote Presentation/DG Awards		
09:30 – 10:20	President-Basic/300-304	Coaching/311	VPE-Basic/315	Secretary/313
10:30 – 11:20	Building Club Spirit/300-304	VPPR-Corporate/311	VPM/315	Treasurer/313
11:30 – 12:20	President-Adv/300-304	VPPR-Community/311	VPE-Adv/315	SAA-313

By Lora Mather and Kat Mokriakow, TLI Co-Chairs

A Message from LGM Curtis Scroggins



Hello, Fellow Toastmasters!

As I write this article, my last for the 2010-2011 Toastmaster year, we stand 53 members short of having the opportunity to be a "Distinguished" district once again. That's less than an average of $\frac{1}{2}$ new members per club. It made me think about how we all are supposed to have 2.5 children per household. If we go gather all those .5 children who have grown up to be adults and convert them all to Toastmasters we will more than meet our goal!

Seriously, though, it has been a pleasure to serve as your LGM this year and I am looking forward to the opportunity to serve you in the role as LGET in the upcoming Toastmaster year. We have had some great successes this year, with the chartering of several additional clubs. Some of these were long term relationships that came to fruition, while whole others developed very fast. Either way, we welcome all of our new Clubs into the District!

I would like to welcome our new incoming LGM, Lora Mather, into the Top 3. Lora is a very accomplished Toastmaster, who served most recently as Division A Governor and garnered recognition receiving the award as the district's Division Governor of the Year for 2011. I look forward to her continuing her successful efforts and bringing all of her skills, talents and ideas to the position of LGM.

Tom Coscia moves up to serve as or leader as District Governor and will be assisted by his recent protégé, Rico (the toastmonkey). I enjoyed my year working with Tom in his previous role as LGET and watched him bring a lot of new and different ideas to the District in the last year. He'll be a tough act to follow, but I have the best mentor for the job – him!

Tim Spezia concludes his year as our current District Governor. Under Tim's reign, we received a visit from George Yen, the 2nd V.P. of Toastmasters International, for an official visit and worked with George using corporate visits to spread the word of Toastmasters to even more people. George participated in several aspects of our spring conference and made many gracious comments about our district in his review with the top 3.

As we move into our next Toastmasters' year and my focus changes from marketing to education, I want to thank each member of district 8 for your help, encouragement and advice received during my role as LGM. The year is not over yet, and we still have a way to go. After 11 months, two conferences, two dues renewals periods, multiple contests, and hundreds of new friendships, it comes down to this: with a membership base of 4427, we still need 53 more members. Please continue having open houses, passing out brochures and continuing to do the great job you have done all year! I have no doubt we can reach this goal, and that, Together We Can!! ☀



Wells Fargo Advisors Toastmasters Members Receive Recognition

Rachel Francis, a member of Wells Fargo Advisors Toastmasters Club, won the Division level Speech Evaluation contest.

Jeanette M. Lynch was the recipient of the District 8 Toastmaster of the Year award. District 8 encompasses 115 clubs in Southern IL and Eastern MO. Jeanette is the District 8 Public Relations Officer and a member of Wells Fargo Advisors Toastmasters. Four days after receiving this award, Jeanette served as the emcee at the Women Team Member Network's Women of Achievement ceremony and was awarded one of the three Women of Achievement awards. This award was for her work in encouraging professional development in women as well as her work with Toastmasters International. The recognition from back to back awards gave Jeanette another opportunity to promote Toastmasters and her at-work club, Wells Fargo Advisors Toastmasters. In response to the recognition, the club received some additional guests and the club is working to make these guests new members. ☀



Snapshots From Spring Conference



Youth Leadership participants after receiving certificates for completing the program with St. Clair Toastmasters Club



The Color Guard ROTC members



Audience listens intently to George Yen



Five Local Men Master Public Speaking

By John T. Murphy

[The St. Louis American published the following article on June 1, 2011.](#)

The members filed into the familiar meeting room. They smiled and greeted each other with a spirit of community and of great expectation. Over the past few years for some, the past few months for others, they have arisen early on Saturday mornings and gathered at the Normandy United Methodist Church to improve their public speaking skills. This morning, April 30, was special for five local men. It would be a demonstration that those who remain steadfast in their goals are capable of profound change and extraordinary achievements.

This morning, Nehemiah Dacres, James Brooks, Walter Nichols, Amin El Hasan and Anthony Neal would demonstrate mastery of public speaking and win the Competent Communicator Award given by Toastmasters International. Our five young men had learned to think on their feet during the impromptu speaking segment of each meeting. They had also benefited from the feedback offered by their fellow members. More than anything else, however, they benefited from the prepared speeches.

The first prepared speech is the Ice Breaker. Neophytes use this speech to begin speaking before an audience and become aware of their unique talents. Subsequent speeches focus on the fundamentals of public speaking, such as speech organization, vocal variety and body language. Each speech builds upon the skills learned in the previous speech. With each speech comes greater confidence in one's skills and in oneself.



The tenth speech is enthusiastically known as the graduation speech. Members craft a speech that inspires their audience. It is truly an important occasion both for the club and for the member. This milestone is an opportunity for the speaker to demonstrate mastery of public speaking fundamentals and for the audience to witness the incredible growth of the speaker.

On that wonderful Saturday morning, the Toastmaster of the Day acknowledged the special occasion with a few words. This would be the first time that the Plus Factor Toastmasters Club would have five members become Competent Communicators at one time.

Every member present was eagerly anticipating the speeches as the first speaker confidently strode to the lectern. Nehemiah, the youngest speaker, inspired us with the story of his high school chess trip.

Next, James took us on a journey of self-reflection. He concluded by challenging each of us to find our true identity and to honor that identity.

Walter continued the journey by recounting his Toastmaster experience. We laughed as we remembered his previous speeches; we were hopeful as Walter directed us toward his future speeches.

Amin took the occasion to the next level with his speech entitled, "Who am I?" Amin, a gifted motivational speaker, has the amazing ability to motivate and captivate his audience.

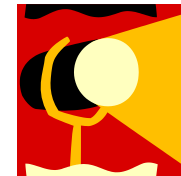
Anthony, the final speaker, capped the event with a carefully-crafted speech. He illustrated his speech with several stories. Each story demonstrated the power of positive thinking.

To honor the speakers, the Toastmaster of the Day said a few words and presented each speaker with a Competent Communicator badge. We all praised the speakers with a thunderous rounds of applause. Now more than ever, the world needs people with excellent communication skills. Effective communication can make a significant difference in your life. It can distinguish you from the competition in a job interview. It can improve the quality of your personal relationships. If you have an unvoiced desire to better yourself, consider Toastmasters. ☀

New Feature: *The most important person in Toastmasters International is the individual member. Within District 8 we have our share of members who are “distinguished” toastmasters—leaders and communicators who are positive examples of the benefits of membership in our organization. We look to recognize these individuals in this new feature of the newsletter.*



Spotlight on District 8's Ivan Paul, DTM



By Joann York ACB, ALB

In our first feature the spotlight is turned on Division C Toastmaster Ivan Paul, a member of Gem City Toastmasters Club in Quincy, IL.



Ivan originally joined Toastmasters in January 1993 in Indianapolis, IN and has been at it ever since. In April 1993, he moved to Tennessee where they had a business, he joined a few clubs and began pursuit of the CTM. A grad school student at the time, he slowly achieved his goal. Once completed he went for ATM and ATM Silver (TM changed their program at that time). Upon achieving that

goal, several people tried to talk him into going for the DTM, but doctoral studies and teaching kept him busy so he told them “NO!” They tried a different approach (the tricky approach) asking him to do a Youth Leadership program and he said yes and then they asked him to do more. Ivan kept saying yes, including yes to serving as Area Governor in District 63. He was teaching, going to grad school, studying for ACSM (American College of Sports Medicine) certifications, and doing TM work. One day some people approached him at a meeting and said if you do this one thing more you will be a DTM. Thinking they were crazy, they then confessed to their “crimes” of trickiness and he agreed to do that last thing needed to earn the award of Distinguished Toastmaster (DTM) in 1999. In August 2000 Ivan moved to Quincy, IL to teach at Quincy University. District 63's loss is District 8's gain.

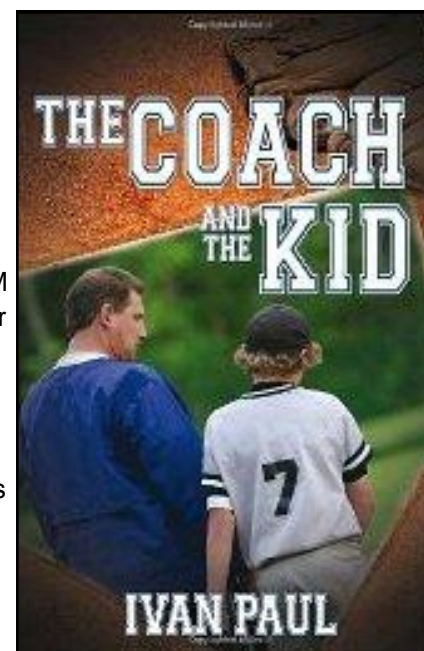
In May, our own Ivan Paul became a published author when Two Harbors Press released The Coach and the Kid. It is available through Amazon.com. This is a personal story. It is Ivan's story with the life lessons he has learned that can apply to others. Ivan survived a wild childhood, but a special coach sat him down when he was 13 years old and changed the direction of his life. The coach told him he did not care what he was going through, Ivan was responsible for himself.

The message was a major defining moment in Ivan's life. “This book is an inspiration to anyone who dreams of a day that is better than the days before, and an affirmation that anyone can shape their own destiny.” “Anyone can shape their own destiny”, just think of how powerful that message is.

Take that message and translate it back to Toastmasters. Each member involved in Toastmasters is taking a powerful step to change their life to become more confident, to become a better communicator, to step up and lead. The program is the path, but success can only be achieved by the individual. You, the member, shape your own destiny but you don't do it alone. As the coach helped Ivan to change his path, your Toastmasters' friends can help you as you find your own path toward your destiny.

Why stick with Toastmasters? Ivan says “I have stayed with Toastmasters and always will because of the wonderful people. There is always something to be learned at a meeting or at a district conference. The best thing TM has done for me is getting experience being in front of an audience (or class). From a teaching perspective, TM has shown me how to move in a logical sequence from one thought to another.

These are transitions in a speech. Many teachers cannot do this. Learning how to present information and how to keep the audience (or class) engaged is something I learned at TM and for which I will forever be indebted. I have had many conversations with fellow toastmaster friends who say how TM helped them in their career. Let's share TM with the world!”



International Speech and Evaluation Contests ... by Kevin Desrosiers

During the conference, the District 8 International Speech and Evaluations contests were held. The finalists for both contests had to progress through their club, area, and division to reach the finals.

On Friday evening, the Evaluation contest was held. It started with Carrie Radnov giving a speech titled "Are You Interesting?". Each of the five evaluation contestants (Cathy Arnan, Kevin Desrosiers, Rachel Francis, Margaret Walker, and Carol Warner) then evaluated her speech. All of the contestants gave constructive evaluations however in the end, Kevin Desrosiers placed first and Margaret Walker was second.



Saturday evening culminated with the International Speech Contest. Each of the contestants (Ted Gayford, Mark Hermann, Arnita Jones, Alan Kirby, and Jack Lewis Williams) graced us with a 5 to 7 minute speech. Their speeches kept us on the edges of our seats as they told their stories and painted pictures in our minds of the events as they unfolded. Arnita Jones placed first and Alan Kirby was second. Arnita will represent District 8 at the Regional level of the International Speech contest which is held at the International Conference later this summer in Las Vegas and then potentially on to the finals. ☀

High Performance Leadership ... by Kevin Desrosiers

Anyone striving to achieve the designation of Distinguished Toastmaster must first complete a High Performance Leadership (HPL) Project. Many times this project involves serving the District while documenting and reporting your progress along the way. The HPL project does not have to involve a project within Toastmasters. You can do your project at your church, at work, or elsewhere within the community.

Recently, Toastmaster William (Bill) Levins of River City Toastmasters club finished his HPL project. Bill chose to work with the Speech and Debate class at Soldan High School during the second semester of the 2010 – 2011 school year. The class consisted of juniors and seniors who disliked talking in front of the class, had no confidence in their abilities, and saw no benefits to being a good public speaker.

Bill used presentations from the Toastmasters Better Speaker Series to teach them basic speaking skills. He also taught them how the ability to speak in public impacts our lives. In addition, Bill educated them on the Toastmasters program so someday in the near future, some of his students may be visiting your club. ☀

Snapshots of the Education Sessions

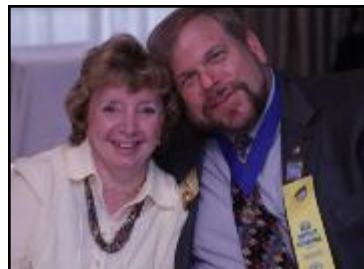




Fun at the Conference



Contests ... DTM awards ... Formal Attire ...



More Conference Photos



(Continued from page 1)

and attainable goals whose achievement recognizes each individual's effort through what they contribute, those efforts take on a completely different meaning, one that does have substance and one worth pursuing. Over the last year, I have spoken with many Toastmasters about our current race that is once again coming down to wire. What I have learned from these conversations is this: We can continue just doing what we are comfortable doing or we can decide to make a difference not only for ourselves but also for our fellow club members. Stepping out of the box however briefly is a risk we take, but without taking that risk, we will not know how we can succeed. With this risk we get a chance to learn something new about ourselves as well as a chance to grow our leadership and communications goals as Toastmasters. What I ask is that each of you step outside of your comfortable box and help us to make a wild dash to deliver distinguished clubs and a fourth straight distinguished district. As of 6/10/2011, we are 53 membership payments and one club renewal short to our Distinguished District achievement. We can be a distinguished district if our clubs can deliver enough member renewals and new members to achieve our membership payment and paid club goals. Each of us can work together to make a difference. **Toastmasters: Achieving Greatness Together.** Because **"Together We Can."** ☀

District Birthday and Embracing Change

Can you guess which district turns 70 years young this year? District 8 was commissioned in the Toastmaster year 1940-1941 and has been operating ever since. Blow out the candles District 8 Toastmasters, talk about time tested and time proven. As the number of our district suggests, we were the eighth district commissioned in the Toastmasters International organization. Something that has worked for this many years must be doing something right or has become a way of life for many of its members. A little history for you, District 8 was originally considerably larger geographically than it is now going all the way to Chicago where many of the first district officers were based.

As the Toastmasters program has spread and membership has grown, many clubs have come and gone. We have seen organization policies change or become better defined. We have seen many changes over the years and no organization remains viable if it isn't adjusted or fine-tuned periodically. Whether it is for the needs of its members or the needs of the entire worldwide organization some changes are necessary. They may not always be popular. They may call for each of us to look beyond the familiar, but necessary changes will benefit the organization as a whole. One such change coming is the new rebranding of Toastmasters International. On August 17, there will be an announcement concerning rebranding. Why, you ask? Last year Proposition A passed which made a change to the organization's structure to create 14 regions, but we remain one organization. Within the one organization, there are many districts throughout the world and many of these districts create their own individual themes. To those outside the organization all these individual themes may appear confusing, as if we have no clear purpose or message about our overall organization. We have always been and will always be one consistent organization and the new "brand" announcement will bring clarity to Toastmasters International no matter where in the world you are.

Look for a considerable amount of information about the rebranding effort to be released in the coming months ahead. This information stream will continue well beyond August and will help to make the rebranding purpose clear and understandable for current and new members alike. ☀

Spring Conference

Thanks to all who worked on and attended the Spring Conference at the Crowne Plaza in Downtown St Louis April 29-30, 2011. This was our district's turn for an Executive TI visit which happens about once every eight years. George Yen, 2nd VP who is fourth in line to become the Toastmasters International President was our visitor. George had many kind things to say about our district and its members. Everyone in District 8 can be proud of our Conference and the impressions given. Congratulations to our contest winner Arnita Jones, we will see her at the International Convention in August. We wish Arnita the best of luck in representing the district at the regional competition in the International Speech contest. ☀





*District 8 members earn Education & Leadership Awards
from April 1, 2011 to June 10, 2011.*

**Division A**

Capital T Toastmasters Club

- Warner, Michael Scott—ACB
- Warner, Michael Scott—CC

Jeffco Challengers Club

- Breckner, Carole Sue—CC

Maritz Club

- Darnall, Daniel A.—CL
- Kotur, Michael T—ACB
- Darnall, Daniel A.—ACB

SAMC Talks It UP

- Ellis, Carol—CC

Smooth Talking Toastmasters of
Sikeston/Poplar Bluff Trail

- Suter, Darlene—LDREXC

South County Toastmasters Club

- Willard, Gina M—ACB

Southern Illinois Toastmasters Club

- Rose, Jennifer—ALB

SPEAK UP! Club

- Bean, John Mark—ACB
- Darnall, Daniel A.—CL
- Shotwell, Michael Vanbokkelen—CC

Unigroup Toastmasters Club

- Vollmer, Susan—ACS

Division B

Aerospace Orators Club

- Randle, Dossie—CL

Cable Talk Toastmasters Club

- Warren, Cynthia D.—ALB
- Warren, Cynthia D.—ACS
- Chohan, Farzana—CL
- Hickman, Chris L.—CC

Cave Springs Toastmasters

- Smith, Kimberly A.—ACB

Cent Louie Toastmasters Club

- Scott, Jennifer—CC

City of St. Peters

- Jones, Dave—CC

Covidien Communicators

- Wesley, Bridgette—ACS
- Stratton, Kimberly Diane—CC

Creve Coeur Toastmasters Club

- Lowhorn, Jenny G.—ACB

Plus Factor Club

- El Hasan, Amin M—CC
- Murphy, John T.—ACS
- Neal, Anthony Wayne—CC
- Brooks, James O—CC
- Dacres, Nehemiah I.—CC
- Nichols, Walter J—CC

Mastertoasters Club

- Jimenez, Eric R.—CC
- Tang, Bin—CC

Monsanto Noontime Toastmasters

- Lepski, Patrick—ACS
- Benz, Cynthia R—CC

River City Toastmasters Club

- Levins, William P.—CC

SALT

- Campbell, Barb—CC
- Price, Howard Lee—CC

Script Masters Club

- Desrosiers, Matt Justin—CC
- Ryan, Amy—CC

WelDon Toast Club

- Penberthy, Angela Anne—ALB

Wry Toastmasters Club

- Spezia, Timothy Louis—CC
- Spezia, Timothy Louis—ALB

Division C

Collinsville Club

- Warner, Michael S.—ACS
- Warner, Michael S.—ACB
- Warner, Michael S.—CC

McBrian Lincoln—Douglas Club

- Wesenberg, David—ACG

Noontime Toastmasters Club

- Hemingway, Larry—ALB
- Tell, Peggy—CC
- Bricker, Don Dwayne—CL

O'Fallon Toastmasters Club

- Maedeker, Justine A.—CC
- Economou, Doris L.—ALB
- Ngo, Oanh L.—ACS

Scott Toastmasters Club

- Williams, Jeffrey A.—ALB
- Wood, Yolanda M.—CC

Springfield Parkway Pointe Toastmasters

- Kaculi, Alban P.—CC
- Fox, Lois C.—CL

Division E

Callaway Community

- Aman, Cathy—CC
- Hardy, Charles—ACB
- Kemper, Benedict L.—LDREXC
- Salik, Sabr Abdullah—ACB

Capital Toastmasters Club

- Myhre, Chad F.—CC
- Sekelsky, Samantha Hope—CC
- Hilchen, Paul E.—CL
- Yates, Frank M.—ALB

Courage to Grow Toastmasters Club

- Hurt, Vickie A.—CL

Downtown Toastmasters

- Lorio, Julio—CC
- Kohnle, Sarah—ALB
- Bowman, Georganne—ALB

Good Neighbor Toastmasters Club

- Crawford, Dorrie M.—CL
- Allen, Odessa M.—ACS

Lincoln University Toastmasters

- Scroggins, Cynthia—LDREXC
- Cross, Richard—CC

Mid-Mo Advanced Club

- Bennett, Nicholas Barton—ACB

Missouri Univ. of Science & Technology

- Potje, Nicholas James—CC

Talu Toastmasters Club

- Barber, Lonzo—ACB
- Meadows, John D.—CL
- Meadows, John D.—ACB

Missouri Toast of the Town Club

- Cobb, Talfanita M.—CL
- Stevens, Casetta—CL
- Stevens, Casetta—ACB
- Cobb, Talfanita M.—ACB
- Whitner, DeAndre—CC

*(Continued from page 16)***Division F****Anheuser-Busch Club**

- Marian, Michael G.—ACS
- Moore, Danny H.—CL
- Desrosiers, Kevin M.—ALB

BJC Toastmasters

- Orso, Anne E.—CC

F.R.B. Club

- Sak, Raymond J.—ACB
- Morrissey, Debra M.—CC
- Morrissey, Debra M.—LDREXC
- Sahu, Ravi—CC

Free Speakers

- Xu, Guoxi—CC
- Li, Cong Lucy—CC
- Clark, Jane Dawson—CL

MAC Toastmasters Club

- Noce, John—ALB
- Zielinski, Laurence Steven—ACS
- McCarthy, Patrick—ACB

Midtown Clayton Toastmasters Club

- Wilson, Rosemary—CL
- Wilson, Rosemary—ALB
- Kirshner, Joan—CC

Missouri Toast of the Town Club

- Cobb, Talfanita M.—CL
- Stevens, Casetta—CL
- Stevens, Casetta—ACB
- Cobb, Talfanita M.—ACB
- Whitner, DeAndre—CC
- Henry, Verna D.—CC

Primary Conversations

- Desrosiers, Kevin M.—CC

Rent-A-Toast Club

- Tyrrell, Pat—ACS

Solae Toastmasters Club

- Wolff, Abbie—CC
- Shah, Naina—CL
- Geppert, Kathryn E.—CC

Voices in Unity Club

- Lamb, Jeannine M—ALB
- Henderson, Charles—ACB
- Chapman, Jerry—ACG

Wells Fargo Advisors Toastmasters

- Francis, Rachel M.—CC

**TOASTMASTERS INTERNATIONAL**

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Comments from the Communic~8 Editor:

I hope that you have enjoyed this issue and all the wonderful photos taken by Kevin Desrosiers. As always I look forward to hearing your ideas for stories and any suggestions to improve the District's newsletter. Included in this issue is a new feature which is my effort to shine the light on the many wonderful and accomplished members of our district. Of course, selecting only one member each issue is a hard task. Do you know someone in our district who is worthy of praise for their actions within Toastmasters and beyond? I look to you to submit your recommendations as to who to "spotlight" in our future issues.

I am looking forward to my continued involvement with the newsletter as well as sharing the role of editor with Cynthia Scroggins in the coming year. I have appreciated everyone's assistance with the newsletter over this last year. Over this last year I have learned a great deal about leadership as I completed the High Performance Leadership project with my service as the editor of the Communic~8 as my project. Thank you for your feedback and please keep it coming! As John F. Kennedy once said, "Leadership and learning are indispensable to each other." I continue to have a great deal to learn about communication and leadership, which is why I continue to be involved in this organization. The learning never ends. I hope each of you continue on your path to learning and to leading. Enjoy the walk! ☀

District 8 Map

Communications and Leadership
Together We Can!
Achieve Greatness Together!

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