DISTRICT 8



Communic~8

District 8 News And Events

Volume 15 Issue 4 District 8 February — March 2016



District 8 Spring Conference May 6th & 7th

Joann York, Spring Conference Chair

District 8—Taking the Lead.... Yesterday, Today and Tomorrow

Are you ready District 8? Spring is in the air and that means it is almost time for our Spring Conference. We will be continuing the celebration of the District 8's 75 year anniversary. Come celebrate the 'yesterday' of District 8! We will be expanding the historical display and including opportunities to hear more about the District's history.

Come celebrate District 8's 'today'! There will be education sessions to expand your skills and knowledge. We have keynote speakers, a Civic Award to present and naturally, we will have fun!

- Friday night we are planning the Division Feud! Be there to cheer on your Division as they battle head to head with each other, all in good fun!! Which Division will win the 'feud'? Yours??
- Saturday night, it's comedy and improv with special guests the "No Confetti Allowed Improv Players," Mike McGuire and George Haynes. Are you ready to get involved in a little "improv" and be part of the fun? Get ready, set, action!!
- Two contests—Evaluation Contest Friday night and Saturday afternoon see who will be representing District 8 as our International Speech Contest Champion.

Get ready for District 8's 'tomorrow'—elections for our next year of District leaders will be held in the Saturday morning business meeting (District Council) along with other business. Then later that evening the induction ceremony for these new leaders.

Beyond all the above reasons to attend the conference, there are my favorites—catching up with friends and making lots of new ones!

Get your registrations in and come have fun! See you there. ◆

Mid-Year Recognition by Sandy Kardis, DTM, IPDG Photos by Tony Kardis

On the afternoon of February 6, 2016, District 8
Toastmasters presented a new event, Mid-Year
Recognition Awards at the St. Louis County Library
Headquarters. The event was hosted by District 8

Leaders Farzana Chohan, District Director, Kat Mokriakow, Club Growth Director and Sandy Kardis, Immediate Past District Governor. This event allowed Sandy to present 2014 – 2015 Club, Marketing and Educational Awards to clubs and members who were unable to accept their awards at the 2015 Fall Conference. Since Toastmasters International sent out the certificates for Distinguished Divisions and Areas late in November, Sandy recognized Divisions A and C and their Division Governors Adam Kutell and Tom Gillard and Areas 1, 3, 6, 7, 9, 12, 15, and 20 and their



Sandy presents James Childress Distinguished Area certificate

Area Governors, Rick Maxwell, Ron Gossen, James Childress, Lorie Kaplan, Rebecca Now, Mark Strothmann, Lisa Cooksey-Cannon and Will Hayden. Prior to the scheduling of this event, several recipients were presented their certificates at a club meeting or received them in the mail.

James Childress, Area 6
Governor attended the event
and was presented with his
Distinguished Area certificate.

Kat presented the 2015

Making the trip from Sunrise Beach, Frank Yates was again recognized for his 2014 – 2015 Toastmaster of the Year Award. Farzana presented Sandy with a District Governor Award in recognition of her leadership as District 8 Governor 2014 – 2015.



Sandy presents Frank Yates with Toastmaster of the year



 2016 Marketing Awards for sponsoring members to Rachel Addis, Mark Aubuchon, John Barry, Meg Langland, Carla Martin, Curtis Scroggins and Steve Watkins. It has been a good year for new clubs. Kat and

been a good year for new clubs. Kat and Farzana welcomed new clubs Voices of Impact and RGA Toastmasters to Division A

and Speaking Made Simple, Thompson Reuters Speak Now and Downtown St. Louis Toastmasters to Division B. Best Wishes for many fun-filled and successful years in District 8! Congratulations to the District 8 Toastmasters who assisted in the chartering of these clubs!

Helping make this a successful event were the attendees, Frank Yates who brought his equipment for the PowerPoint presentation, Donna Troy and Savita Kartha who helped with refreshments, Bridgette Wesley for the PowerPoint Presentation design, Tom Coscia for the advertisements and Kat Mokriakow for the program. ◆

Spring Conference Workshops

Presenter: John Barry

Workshop Title: 7 Elements of a Winning Story

Workshop Synopsis: A winning story is comprised of seven key elements. Be prepared to be engaged in storytelling, starting with the first element, time and place, and ending with the seventh element, a message or a moral. This will be an interactive session where we will also break down the elements of a winning story and learn the technique of *story mining* from our subconscious mind.

Presenter: Don Carter

Workshop Title: Inspiring and Engaging with Effective Feedback

Workshop Synopsis: Feedback is critical to improving performance and therefore an important tool for self-coaching and coaching others. Individuals look for feedback that is balanced, two-way and includes both positive and constructive comments.

Presenter: Margaret Walker

Workshop Title: Your Speaking Voice

Workshop Synopsis: When you speak in public, your listeners judge you and your message based on what they see as well as on what they hear. This workshop will reveal how to use your voice to effectively enhance your message.

Presenter: Jef Williams

Workshop Title: Body Language of a Good Listener

Workshop Synopsis: Listening is a neglected communication skill. The majority of the focus is often placed on reading, writing, and speaking. However, what many fail to realize is that effectively listening to others as they speak is needed for effective communication. Whether in person or through electronic means, listening helps ensure the message is properly understood to prevent misunderstanding between those involved in the communication process. Therefore, if you want to see your personal and professional lives soar, come and learn 5 great tips for effective listening.

Presenter: Brian Catanzaro

Workshop Title: Making a Positive Impression

Workshop Synopsis: According to a Harvard University study, it takes only 5 seconds to make a first impression and 8 positive interactions to overcome just one poor first impression. This 50-minute presentation will provide the principles and tools to build immediate rapport in business relationships.

Presenter: Brian Jones

Workshop Title: Prezi - Presentations that Get Noticed

Workshop Synopsis: Ever wanted to add a little flair to your presentations? Ever think your visuals were just a little lackluster? Maybe it's time to break out of the usual presentation mold and try something bold and new. Prezi is a new format for presentations that is catching on in the presenting world for plenty of great reasons. Come see what all the fuss is about as I show you some of the tricks of Prezi and at the end of the session we will create a Prezi together!

Friday Night ...
It's time for the feud!



Saturday Night ... Comedy & Improv Get ready to laugh!



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District Director Message

District Director's Message

Time to Celebrate!

"Life isn't about finding yourself. It's about creating yourself." - George Bernard Shaw

Fellow District 8 Toastmasters,

We are in the last quarter of this TM year and it is time for us to celebrate all of your hard work you had put into "creating yourself". It is your journey as a Toastmaster, working on your goals for communication and leadership development and supporting fellow members in their journey along the way. This is also a time for us to celebrate District 8's landmark anniversary of being 75 years old that is Diamond Jubilee of D8.

Farzana Chohan, DTM
District 8 Director
EMAIL: dd@dist8tm.org



This celebration will take place at our Spring Conference coming up on May 6th and 7th at the Sheraton Clayton Hotel in St. Louis, MO. The Conference Chair Joann and committees are in full planning mode under our PQD Jacquie. There will be a lot of fun and learning activities taking place that you do not want to miss. The entire experience of our District 8 conference will be exciting and worth attending.

Please note the change for "International Speech contest", as it will be held on Saturday during the day at 1:00 PM. District 8 is following the Toastmasters International model of conducting the stand alone contest during the day. This contest will be open to members and community and will provide an opportunity to concentrate on great speakers of D8.

District 8 is also starting a tradition of presenting a "Civic Recognition Award" to a Community Leader at our Saturday night banquet, which will endorse our presence in larger bi-state community.

Along with learning, fun and championship, we will have the most important council meeting of the year on May 7, 2016 at 10:00 am. At this meeting, the following important items will be addressed:

- ♦ Realignment In accordance with Toastmasters International Policy, each district must review the alignment of clubs, areas, and divisions within the district each year. Our Realignment Chair, Past District Governor (PDG), Lora Mather has performed this review and will propose any necessary changes to ensure we have at least three areas per division and no fewer than four clubs and no more than six clubs per area.
- ♦ Procedures Manual Changes The Procedures Committee had several conference calls to discuss what procedures should change to meet the needs and serve our members. Our Procedures Committee Chair, Frank Yates, will present his committee report with suggested changes to District 8's procedures manual.
- ♦ Election and Installation of new District officers for the 2015-2016 Toastmasters year More specifically, we will elect all five Division Directors, the Club Growth Director, the Program Quality Director, and the District Director. Our Nominating Committee Chair, Immediate Past District Governor (IPDG), Sandra Kardis will present the Nominating Committee Report.

District 8 Club presidents and VPEs are designated by our by-laws to carry the votes for each club. Each club has two votes. If your club President or VPE cannot attend the Council Meeting, be sure to have them complete it and assign a proxy. A copy of the proxy is included in this issue. You can also download a copy of it from the District 8 website at:

http://dist8tm.org/assets/proxy may 2016.docx

A club member in good standing may present the proxy to the Credentials Desk prior to the meeting and receive ballots for voting during the meeting.

Looking forward to see you at the conference! ◆

Barometer Check

Club Success Plan (Distinguished Club Plan)

Club officers, with three months left in the 2015-2016 Toastmasters year, now is the time to reexamine your Club Success Plan and make adjustments as necessary.

Early in the year, you identified individuals who would help the club achieve its goal of being a Distinguished (5 of 10 points), Select Distinguished (7 of 10 points), or President's Distinguished (9 of 10 points) Club. How are you doing? What's "Plan B," your backup plan?

$\sqrt{}$	Task	Point
	Two CCs	1
	Two More CCs	1
	One AC-B, AC-S, or AC-G	1
	One More AC-B, AC-S, or AC-G	1
	One CL, AL, or DTM	1
	One More CL, AL, or DTM	1
	Four New Members	1
	Four More New Members	1
	Club Officers Trained (minimum four during each of the two training periods)	1
	One Semiannual Membership Report and a Club Officer List (must submit on time)	1

Club Officers Trained 2015-2016

The district currently has 107 clubs with approximately seven officers per club which translates into 742 club officers. The goal is to train all club officers twice year by providing three opportunities for training (Early Bird, TLI, and Makeup training sessions). Yet, despite the district's best efforts less than half of the officers receive training during the second half of the Toastmasters year.

As you can see, the number of officers trained dropped by 68 from the first half of the year. Even more alarming is that clubs with all seven officers trained the first half of the year dropped significantly in the second half of the year.

	1 st Half	2 nd Half
Officers	434	366
All Club Officers	16	5



Jacquie Vick, DTM

Program Quality Director EMAIL: pqd@dist8tm.org

Kudos to the following clubs for having all club officers trained in the first and second half of the Toastmasters year:

- 1. Good Neighbor Toastmasters Area 21/Division E
- 2. Primary Conversations Toastmasters Area 15/Division F
- 3. River City Toastmasters Area 3/Division B
- Talu Toastmasters Area 21/Division E
- WelDon Toastmasters Area 20/Division B

These clubs will receive a \$100 gift certificate to use at the district's bookstore or TI's shop.

New Club Officers

Now is the time for your club to start thinking about club officers for the 2016-2017 Toastmasters year.

Newly elected officers should ask, discuss, and answer the questions if your club is not distinguished:

- What will we do differently to raise the bar in our club?
- What prevented our club from obtaining two of the easiest points on the distinguished plan?
- Who can we count on to obtain educational awards in the coming Toastmasters year?
- Can we start the year off on task by having all seven of our officers trained at the June TLI?

Develop your plan early and review it often to ensure you are on task to being distinguished. Your success at the club level ensures success at the area, the division, and the district levels.◆





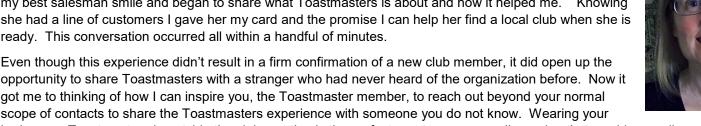
Club Growth Director Message

Club Growth Director Corner

Kat Mokriakow, DTM

Club Growth Director EMAIL: cgd@dist8tm.org

I walked into the gas station the other day and when I approached the counter, the cashier said, 'Toastmasters International. Huh, what's that?' After briefly contemplating how she knew I was a part of the Toastmasters group, I realized I still had my badge on from one of the meetings I attended earlier that day. Realizing this is my golden moment, that nugget of opportunity to turn on the Toastmaster charm; I smiled my best salesman smile and began to share what Toastmasters is about and how it helped me. Knowing she had a line of customers I gave her my card and the promise I can help her find a local club when she is ready. This conversation occurred all within a handful of minutes.



badge or a Toastmaster pin outside the club meeting is the perfect way to open up a discussion that would normally not occur. Just know when you are wearing the badge or pin, in the eyes of the public; you are representing the brand of Toastmasters. Please act according to the core values of integrity, respect, service, and excellence; and turn on your best Toastmasters salesman charm!

As we are getting closer to the end of the Toastmaster year, we are looking for our clubs to have strength and sustainability that will build a lasting relationship with the organization through many years to come. That commitment takes an active approach and requires all Toastmasters within the club to take part. Your Club Growth Director is sponsoring a membership growth campaign to encourage and support you throughout your efforts. Open houses are being planned and executed all over the district, members are reaching out one person at a time to bring to meetings, and club leaders are examining their club structure to ensure it is inviting to guests.

Now I would like to share with you one experience from the last membership campaign. The Speak Out Club reached out to me with the results of their open house and it was so inspiring, I asked them to write something up for me that I could pass on to you. Here are their words:



'Speak Out, the Equifax Corporate Club located in Maryland Heights, MO, has seen tremendous membership growth in the past 18 months. Holding an annual open house that has attracted more than 100 co-workers each year, Speak Out has added 30 members since September of 2014. Today Speak Out boasts over 40 members, and was recently awarded 2nd place in the District 8 Membership Drive with over 13 new members during the campaign. The Speak Out club has been in operation for over 15 years, and many of the original charter members still hold a leadership role within the club. Speak Out is looking ahead to an amazing 2016 and beyond!'

This is a corporate club; however, they have their challenges to overcome as much as all our clubs. When I spoke with Sam Roberts, he shared the club leadership took these challenges and turned them into an advantage. If you wish to reach out to this club, I am sure they will be happy to share their ideas of success with you.

I am hoping the Speak Out story is only the first to be told. I am looking forward to many more being shared from all over the district. Your success is our success! Be inspired. Take action. Share the reward. ◆

- Need a Club Coach? If you have less than thirteen members then you are among one of the clubs that qualify.
- Serve as a club coach, mentor, or sponsor. If interested, I will share what each position requires so you can make the best choice.
- **Serve on the demonstration team.** This team demo's a 'mini' Toastmasters meeting to allow prospective guests to see if Toastmasters is right for them and establish a new club for their company or community.

Club Growth Director Vision:



2016 District 8 Spring Conference Individual Registration Form Friday, May 6 & Saturday, May 7

Taking the Lead....Yesterday, Today and Tomorrow

Club Registration Form

Club Information Club Name	Club Number	
Club Contact	Contact Phone	
Contact email address		
Club registration includes the keynote, education sessions, and contests for three (3) or more club members and non-Toastmaster guests. Meals and lodging ARE NOT INCLUDED .		Total
Meals must be selected using the individual registration form. For hotel reservations, contact the Sheraton Clayton Plaza Hotel at 888-337-1395 or register online at <u>District 8 Toastmasters</u> .	Before 04/22/16 \$75 / After 04/22/16 \$95	\$
Please complete the bottom portion of form and use a second form if more than ten are attending under the club rate.		

Conference Contact Information

For the Conference: Make checks payable to "District 8 Toastmasters" and send with form by U.S. mail to: Tim Spezia, 5037 Reynosa Dr., St. Louis, MO 63128. For credit card payments, send this form to conference@dist8tm.org. An invoice will be emailed to you for payment. Payment covers conference costs, no meals. If you want to stay at the hotel, please make your arrangements and separate payment early (see below).

For Hotel Reservations: Make your reservation at https://www.starwoodmeeting.com/events/start.action?id=1601257517&key=37C788DE or call Sheraton Clayton Plaza Hotel at 888-337-1395. Mention "District 8 Toastmasters" for discounted room rate of \$109 per night (single/double occupancy) available until Wednesday, April 20, 2016.

Name (Indicate First Time Attendees with an *)	TI Designation (Not required for non- Toastmaster guests)	Current Office (Not required for non- Toastmaster guests)	Meal Yes (Complete individual registration form and indicate choices)	Meal No



2016 District 8
Spring Conference Individual Registration Form
Friday, May 6 & Saturday, May 7
Taking the Lead....Yesterday, Today and Tomorrow

Last Name		First Name		MI	
Street Address Apt / Unit #					
City State Zip Code					
Day phone # ()		Evening phone	e # ()		
Email Address:					
TI Designation:		Club Name:		Club Number:	
First Time Attendee? Yes	No	Current Office(s) Held:		
Did you Register with a Club?	(Check One) Yes Cli	ub#	No		
	Reg	gistration Optio	ns - <u>Per Attendee</u>		
Option #1 –Full Meal Deal: Includes Friday Dinner, Saturday Lunch and Dinner (\$110 until 04/22 / \$125 after 04/22) If you choose this option, no other registration is required either for Individual and / or Club Registration. You will be able to attend Speech contests, keynote and educational sessions as part of this option.				\$	
Option #2 – Club Registration Option: (Use this option only if your Club pays for registration.) You will be able to attend speech contests (Gallery Seating), keynote and educational sessions as part of this option. If you would like to go to a meal, please chose from the Al-A-Carte listing below.				\$	
Option #3 – Full Al-A-Carte / Cus	tomization Option: Chose from	m the Al-A-Carte	list below:		
Friday Contest only (Gallery Seating) - \$5				\$	
Friday Dinner Buffet w/contest (\$35 until 04/22 / \$40 after 04/22)				\$	
Saturday Registration Only - Keynote, Education Sessions, Contest (Gallery Seating) - \$ 20 per person (Not needed if club paid for registration) Registration is a must for those who attend the Keynote and/or the Education Sessions - (TM and / or Non-TM)				\$	
Saturday Lunch Buffet (\$30 until 04/22 / \$35 after 04/22)				\$	
Saturday Contest only (Gallery Seating) - \$5 (Saturday Afternoon)			\$		
Saturday Dinner and Entertainment (\$45 until 04/22 / \$50 after 04/22)			\$		
				Total Amount	\$
Saturday Dinner Meal Options Check one option	Chicken Modiga w/white wine w/provel cheese, broccoli and		Pan Seared Tilapia w/Pesto Cream S	For special dietary email conference@	y needs, please odist8tm.org
		Payment	Options		

For the Conference: Make checks payable to "District 8 Toastmasters" and send with form by U.S. mail to: Tim Spezia, 5037 Reynosa Dr., St. Louis, MO 63128. For credit card or pay pal payments, send this form to conference@dist8tm.org. An invoice will be emailed to you for payment. Payment covers conference costs. If you want to stay at the hotel, please make your arrangements and separate payment early (see below).

Note: Last minute late meals will depend on availability

For Hotel Reservations: Make your reservation at https://www.starwoodmeeting.com/events/start.action?id=1601257517&key=37C788DE or call Sheraton Clayton Plaza Hotel at 888-337-1395. Mention "District 8 Toastmasters" for discounted room rate of \$109 per night (single/double occupancy) available until Wednesday, April 20, 2016.

Please note the Sheraton Clayton Plaza is located at 7730 Bonhomme Avenue, Clayton, MO, 63105.



Credential or Proxy Certificate (Date)

District 8 Credential/Proxy Certificate

District Council Meeting on Saturday, May 7, 2016 at 10:00 a.m. Sheraton Clayton Plaza Hotel, 7730 Bonhomme Avenue St Louis, MO 63105 7:30 am Credentials Desk Opens

At the district council business meeting, each club president and vice president education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as proxy or proxies for their club. (Use form below.) No other proxies are valid at this meeting – per Article X, Paragraph (d) of the District Administrative Bylaws.

In the event one of these officers does not attend the meeting and has not designated, in writing, an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other, and may therefore cast two votes at the meeting. This assures that every club is represented by two votes.

In addition, each district officer, including Area Directors, in attendance is entitled to one vote. Only district executive committee members carrying either credential or proxy certificates from their club are allowed three votes. All other members are limited to a maximum of two votes each.

eredential of Froxy certificate (Bate)	
[Must be submitted to Credentials Desk to obta	in ballot(s)] Certificate No
Club name (print)	Club No
Your name (print)	
Your office:(club president, club vice president	education, Area Director, other district office)
IF YOU CANNOT ATTEND For club president and vice president education	n only.
Indicate your duly authorized proxy below (mus	st be an active member of your club):
Name (print)	
Date	
Signature	

District 8 Abounds With New Clubs

By Kat Mokriakow, Club Growth Director

As the Club Growth Director, I have the privilege of meeting new people in the startup of new clubs. That is a pleasure I relish in and feel very blessed as a result. So far this year, the district has had six new clubs and quite a few more on the bubble. What does that mean for our district? We are on target to achieving, at the very least, Distinguished District for club growth.

Celebrating with the new clubs at their charter parties was Farzana Chohan, District Director, John Barry, Club Extension Chair, Julius Adewunmi and me:



Voices of IMPACT Chartered October 2nd, 2015

The club is located in Chesterfield, MO at Impact Corporation. This club has the direct support of the company leadership. The CEO and president attend the meetings at every opportunity. With such great support, this club provides encouragement that it will be sustainable for many years to come. They chartered with 20 members and continue to stay strong with 20.

RGA Toastmasters Chartered October 13th, 2015

The club is located in Chesterfield, MO at the RGA Company. RGA was a club that was previously lost to District 8. Since then, the company restructured their locations; opening up the opportunity for the club to make a miraculous comeback to Toastmasters. They chartered with 27 members, they are now up to 31 new members.



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Thomson Reuters Speak Now Chartered November 30th, 2015

The club is located in Creve Coeur, MO. Thomson Reuters was a club that was previously lost to District 8. Since then, new ideas and support have come from the company and the core Toastmasters group has new energy. They charted with 20 members and staying strong with 23 members.

Speaking Made Simple Chartered October 29th, 2015

The club is located in Ellisville, MO at Bussman Eaton. This new group hit the ground running! They chartered with 24 members, and continue to add more all the time. They are now up to 32 new members.



Note: More Charter parties to come in the next issue!

D8 Speech Contest Workshop

by Lora Mather

"You have not had a world champion of Speaking in 75 years of your District history?" He asked with a surprise in his voice. As District Leaders confirmed the statement, Mr. Balraj Arunasalam, the First Vice-President of Toastmaster International challenged District 8 to produce the next World Champion of Public Speaking. At first we were shocked and annoyed, and then we realized the meaning - what contesting is all about. As Contesting challenges us to perform at peak level. Contesting is where we learn by observing proficient speakers. Proficient means consistently performing a peak level and giving your audience a memorable as well as technically perfect speech.

Our District Director, Farzana Chohan, did what a leader should do and delegated the task to our most experienced contest champion, John Mohr, DTM. John did what a leader should do and pulled together a team of district champions to present a workshop on Building a Contest Speech. His team members were all District 8 Champions:

- John Mohr International 1993 & 2009, Humor 1988 & 1998
- Wayne Allen Humor 2003
- Lemont Curry Humor 2014
- Tawanna Hill International 2015
- John Baranzelli Humor 2011
- John Barry Humor 2008

On February 13, 2016 at the Grant's View Library, forty-six Toastmasters gather to learn from these champions. The workshop format was three parts: Part 1 was hearing from the champions, first with Wayne Allen on the Components of a Contest Speech and then each of the champions presented a 5-7 lesson from their experiences. Then Part 2 was small group with speech preparation with each of the champions leading a group. Each participant got to ask questions and get feedback from the champion and their peers. Part 3 was to allow workshop participants to give a 5-7 minute speech to the workshop as a whole.

This was the first of its kind in recent years and the response was fantastic. The workshop participants ranged from our most experienced members of decades to members who membership was counted in months to even a person who was "shopping" for a club. The feedback from the event itself spurred the team to plan for a second event in April by inviting an International World Champion to spend an evening with our district members to share his experience and answer questions about his journey through Toastmasters contesting. In this quest, Mark Brown, World Champion 1995 and coach for many World Champions is scheduled for April 7th.

District 8 is on its way to producing a World Champion. As in Toastmasters, it is about the journey. Raising the awareness that greatness is among us has heightened our own performances and speaking abilities. Competition is not a win or lose, it is win-win that brings out the best in us all. On behalf of Farzana, John and the team, we look forward to seeing you there. ◆



Pictured above (left to right/back): Lora Mather, John Barry, John Baranzelli, Lemont Curry, Tawanna Hill, John Mohr, Farzana Chohan and in front Wayne Allen















Evaluation Contest Final - Friday May 6th & International Speech Contest May 7th—1pm

Youth Leadership Program (YLP)

sponsored by Shalom Toastmasters by Donna Troy - Area 18 Director - District 8

On February 27, 2016 the Shalom Church Toastmasters club celebrated the conclusion of the Fall Youth Leadership Program. The Youth Leadership Program(YLP) gives youth an opportunity to grow and enhance their speaking and leadership skills. Youth Leadership Program participants: Tyden Finley, Jamarah Mahr, Andrew Roberson, Mariah Savala and Saniah Savala were enthusiastic young speakers who gave presentations on their love of music, running and even how to give a speech. During the eight week sessions, presiding officers were elected; they practiced evaluations, giving feedback and parliamentary procedures. Upon completing the program our leaders of tomorrow now have the knowledge of preparing, organizing and giving speeches; giving impromptu presentations; effective use of voice control, increased vocabulary and the use of gestures while presenting.

Congratulations to the youth sponsored by Shalom Church Toastmasters. We will continue to watch them blossom into future Toastmasters and leaders of tomorrow. ◆













DD & CGD with TI CEO Dan Rex



DD & CGD with International Director Magnus & R5 Advisor Don Bittick



District Leaders at Training

Toastmasters International - January 29-30, 2016

"Intellectual growth should commence at birth and cease only at death." — Albert Einstein

"Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young." - Henry Ford

Fellow Members,

We know that learning is a lifelong process and the above two quotes by two great Americans says that in a nutshell.

That is the reason that each one of us seeks every opportunity to learn and grow. As you attend learning opportunities provided within the District, likewise District leaders are required to attend two days of extensive trainings twice a year.

Toastmasters International organized the Mid-year training for Region 4 and Region5 leaders training in Calgary – Alberta. The course material covered the wide ranging topics from Leadership challenges to Finances and Management of Districts. Sounds like a lot, but the more knowledge you gain, makes you to learn more and more! The best part of training is learning from leaders from other Districts, the sharing and camaraderie is priceless!

Enjoy images from District Leaders training! ◆



DD and CGD with TI Staff at Certificate Presentation



District Directors Group - Regions 4 & 5



DDs- CGDs-PQDs Group - Regions 5

Club Growth Directors Group - Regions 4 & 5

TOASTMASTERS INTERNATIONAL

Kat Mokriakow, DTM—Club Growth Director 100 Lakeview Circle

Elsberry, MO 63343

Editor: Joann York, DTM E-mail: j_york71@hotmail.com

District 8 is on the web. www.dist8tm.org



For Information on

Charity Auction

email Jim Bubash at

conference@dist8tm.org

The Mission of District 8

We build new clubs and support all clubs in achieving excellence.



Candidates for District 8 Leadership 2016-2017

District Director - Lora Mather

Program Quality Director - Kathryn Mokriakow

Club Growth Director - (1) Elaine Curry and (2) Eileen Roth

Division A Director - Somnath Bhattacharyya

Division B Director - Donna Troy

Division C Director - R.J. Stratton

Division E Director - Erin Tucker

Division F Director - Angela Breinin

Contest Functionaries Needed:

Timers, Vote Counters, Sergeant-at-Arms, & judges

Email <u>conference@dist8tm.org</u> to volunteer

Judges <u>CANNOT</u> be a member of club of contestant

HELP Wanted working Registration Table

Welcome attendees— it's a great opportunity to meet new people!

Contact Dale Lancaster 314-910-9293 or email at conference@dist8tm.org