



# Communic~8

**WHERE LEADERS ARE MADE**  
[www.toastmasters.org](http://www.toastmasters.org)

Volume 14 Issue 3

District 8

December 2014

District 8 is on the web

[www.dist8tm.org](http://www.dist8tm.org)

**Have you checked out  
the updated  
Toastmasters website?**

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## Conferences Don't Happen Alone!

By Tom Gillard, ACG, CL—Fall Conference Chair/Division C Governor

On November 14th and 15th, Division C hosted the Fall Conference. Over 200 District 8 Toastmasters converged on the Doubletree Inn, Collinsville, Illinois to partake in “A Toastmasters Anthology” and to celebrate 90 Years of Advancement as we reflected on our 90th Anniversary as an organization. Our conference featured two contests showcasing “the best of the best” from District 8, ten education sessions, a keynote address delivered by Jef Williams, special guest Don Bittick—Region 5 Advisor, and recognition of new Distinguished Toastmasters. From the outset, the vision for the conference was to showcase the anthology Toastmasters truly is, plus to provide an opportunity for personal and professional growth while increasing everyone's knowledge of Toastmasters. As I consider all the events of the conference, coupled with the spirit and enthusiasm witnessed in everyone who attended, I can say that seeing this vision become a reality was one of the most rewarding moments I've ever experienced.



John Donne penned the poem, *No Man Is An Island*, as I reflect upon all the dedication and effort required to make this conference a success, it could not have happened without the committee co-chairs, committee members, contest functionaries, and education session presenters. To everyone who had a hand in making this conference a success, I simply say, “THANK-YOU!” for a job extremely WELL DONE! I am also reminded of a Proverb written by King Solomon “*Iron sharpeneth iron; so a man sharpeneth the countenance of a friend.*” Serving as conference chair was a tremendous experience as well as an opportunity to develop new communication and leadership skills plus to refine others. It was an experience made possible through the opportunity provided by District 8. THANK-YOU! to all of my fellow District 8 Toastmasters for your support in attending the conference, allowing me this opportunity to serve as your conference chair, and for being a sharpening iron within my life.

Are you ready to sharpen your skills and expand your leadership skills? Future conferences await your skills. #

**Sandra Kardis, DTM**District 8 Governor  
EMAIL: DG@dist8tm.org

## A Message from the Governor

Hi District 8 Toastmasters!

Are you interested in a district leader position for the 2015 – 2016 Toastmasters year? Would you like to be considered for District Director, Program Quality Director, Club Growth Director, Division Director, Area Director, Public Relations Manager, Administration Manager, or Finance Manager? If these positions do not sound familiar to you, it's because they are new district leader titles.

At its February 2014 meeting, the Board of Directors decided on new district leader titles that will take effect on July 1, 2015 when the incoming district leaders assume their new leadership roles. They will be the first generation of leaders to carry the new and contemporary district leader titles.

The decision to modernize the district leader titles was based on the findings of a Board of Directors committee studying the competencies required for district leaders to successfully fulfill their roles. As a result of this study, it became clear that titles needed to evolve to better reflect their responsibilities and real-world practice. The new titles:

- Are more modern.

- Accurately reflect the focus and responsibility of each role.

- Are more familiar to potential members.

- Create a parallel between district leadership in the corporate and volunteer sectors.

- Reflect the level of leadership required in each position.

Toastmasters International believes this change is a positive step for Toastmasters International and is in alignment with the organization's strategic plan objective to modernize the programs with a renewed focus on leadership.

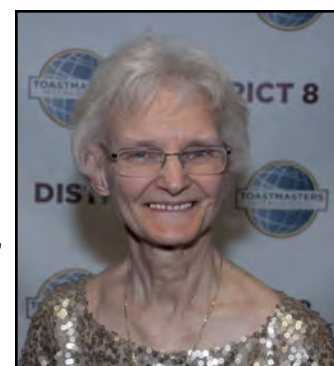
The District Nominations Schedule from Toastmasters International provides a schedule to facilitate the district nomination process. During the month of December, a call for candidates is to be published on our district website and/or in the district newsletter. This is the call for candidates. Leadership position descriptions, including the competencies and responsibilities for each and a copy of the District Leader Nominating Form should be included. The District Leader Nominating Form is already posted on the District Website - <http://www.dist8tm.org/docs/District%20Leader%20Nomination%20Form.pdf>. Directions state to mail, fax or email to your district governor. I request that you submit it to Lora Mather, Nominating Committee Chair at [loradmather@gmail.com](mailto:loradmather@gmail.com). **Submit the form by March 1, 2015.**

For the positions to be voted upon at the spring conference, here are the leadership positions and descriptions including competencies and responsibilities as found in the Rev. 2/2014 District Leadership Manual.

### **District Director (District Governor)**

As the District Director, you are responsible for directly overseeing and managing the district's day-to-day operations, finances, and human resources. You must empower your district leadership team to work together toward the district mission, while supporting each other in his or her development as a leader. Together with your district leadership team,

*(Continued on page 12)*



**Farzana Chohan, DTM**

Lt. Governor Education &amp; Training

EMAIL: LGET@dist8tm.org

**Inspire & Motivate with Genuine Humility of a Leader!**

From time to time each one of us should stop and ponder, what does it mean to be a leader? In our ever changing world, the only constant is “change” itself. Leaders, especially good leaders need to recognize new ways to survive and thrive, particularly in an organization comprised of volunteers. Organizations like Toastmasters are filled with adults on their own self-development paths. These volunteers seeking to improve their leadership skills have good intentions and desire to lead positively which should be kept in mind. We are practicing to be better leaders.



In *Leadership for the Twenty-First Century* Joseph Rost said leaders who exercise their leadership in an authoritarian manner rapidly outdate themselves and hamper the development of their fellow members. Contrast that authoritarian style with Heifetz's *The Practice of Adaptive Leadership* which offers useful tools for leaders to thrive in this changing world. Heifetz recommends we reflect and look at situations from a higher distance. A detached distance perspective helps create a process of humility to build creative thinking skills. This then allows self-development and stimulates understanding of situations and the people around them. The emphasis is on internal and external self-awareness and leadership development to become a “real leader” as opposed to the “counterfeit leader.” Dean Williams explains in *Real Leadership* a counterfeit leader spends their time in political maneuvers protecting their territory and promoting their self-interests rather than working for the good of those they are to lead.

When I think of a recent good example of a “real leader” Captain Sullenberger comes to mind. It was not a matter of pure luck that he was able to land his Airbus smoothly on the Hudson River. He prepared for the worst case scenarios, he practiced in simulators, he knew his plane and his crew. Captain Sullenberger was knowledgeable, flexible and adaptive as a result he mobilized his team and kept them working together in a very turbulent time as a leader and everyone survived. The best positive outcomes are achieved through strong, authentic leaders who inspire and motivate with humility. As we practice our leadership skills as well as our speaking skills, we should remember to practice with humility.

**Early Bird Officers Training (EBOT):** District 8 officers, once again proved they are dedicated toward their self-development in leadership and to helping their club earn their DCP goals. On Saturday, December 13, 2014, 81 officers attended the Early Bird Officers training opportunity at the County Library. This was one of the largest attendance recorded for an EBOT. Members were in great spirits and learned from the experiences of trainers and fellow officers. Melissa Kelly presented on “creating the best club climate” drawing from the success of her “Monsanto Noon Time Club.” Team members making this training possible included Chris Rigdon, Carol Breckner, Elizabeth Link, Tom Gillard, Yolanda Wood, Carol Steinbach, Rob Van Winkle, Phil Stephenson and Tom Coscia. Many thanks to all!

**Toastmasters Leadership Institute (TLI):** Please plan to attend an exciting TLI on January 10, 2015 at Seigel Hall in Washington University. **Toast of WU** and its enthusiastic members are hosting their fellow Toastmasters of District 8. Please read the article and flyer in this edition of Communic~8 and on our website. You can sign up through the link provided to ensure that your attendance is acknowledged and to receive credit toward the Distinguished Club program.

Have a great time with your family and friends during the Holidays! See you all on January 10, 2015!

Farzana #

**Jacquie Vick, DTM**

Lieutenant Governor Marketing

EMAIL: LGM@dist8tm.org

## The Theory of One **STAR**

"All for one and one for all" is the mantra approaching the second half of the Toastmasters year!  
Are you onboard? Can District-8 count on you?

Success for District-8 is measured by its number of paid clubs, paid memberships, and distinguished clubs. What drives these numbers, YOU.

The September issue of the Communic~8 outlined truths about the district: challenges faced and offered solutions in membership growth, maintaining charter strength, and participation in the distinguished club plan (DCP). Tables were provided, so that you could see where the district as a whole needed to be to reach its goals according to the criteria set by Toastmasters International.

The table below shows where the district is today and where the district needs to be to achieve distinguished status. (The September article reflects select and president's distinguished numbers.)

Goal	To Date	Year's Goal	Needed
Paid Clubs	103	111	8
Membership Payments	2052	4615	2576
Distinguished Clubs	0	43	43

**Note:** "Paid clubs" today can still be lost if not paid in April.

While distinguished club numbers will be reflected at the end of the Toastmasters' year, it is important for your club to have a DCP in place. This will allow you to successfully monitor your progress and make adjustments as necessary to accomplish your club's goals. For example, at the start of the Toastmasters' year, your club identified, by name, individuals who were going to achieve the educational goals. These individuals committed to doing so and one individual slated for a competent communication (CC) award moved out of state. What do you do? Just as in football, you bring in your second string quarterback, your backup Toastmaster. If everyone is on "ready alert," it means that all members are engaged and prepared to step

in for the good of the club, which will impact the area, the division, and the district.

Achieving the educational awards is one piece of the DCP, membership is another. Clubs are tasked with doing two things: retain current membership and increase membership. Membership retention is easy to accomplish provided members are engaged and the Toastmaster value is realized. It is up to the club's leadership to know the pulse of the club and its members.

Attracting new members can be challenging, which is why clubs were asked to schedule an open house around Toastmasters International membership building contests:

- Smedley Award (August 1 to September 30)
- Talk Up Toastmasters! (February 1 to March 31)
- Beat the Clock! (May 1 to June 30)

By doing so, members are more apt to invite people to an orchestrated event and the club maximizes its chances to grow its membership. Start planning your next open house now!

Toastmasters, you play a vital role in the district's success: Pay your club dues before the end of March, 2015. Officers, make sure your club's DCP plan is up-to-date. Members **BE A STAR**...If each member will **ST**rive and complete one educational goal, **A**chieve a leadership goal, and **R**ecruit and retain a member, the district will meet its goals. Look for more information about this initiative in the coming weeks. (Source: "The Theory of One **STAR**" was envisioned by Immediate Past District 13 Governor Russell Drake, who is now a 2015-2017 Region 7 International Director Candidate.) #





**Lora Mather, DTM**

Immediate Past District Governor  
District 8

**IPDG Reflects on International Convention**

*"My fear of flying starts as soon as I buckle myself in and then the guy up front mumbles a few unintelligible words then before I know it I'm thrust into the back of my seat by acceleration that seems way too fast and the rest of the trip is an endless nightmare of turbulence, of near misses. And then the cabbie drops me off at the airport." -- Dennis Miller*

This was exactly how I felt in the months before our trip to attend the Toastmaster International Convention in Kuala Lumpur Malaysia. In mid-May, David Kincade and I reached our "point of no return" purchasing our airline tickets. With the reality of the Malaysian airlines disasters and with each expression of concern for my safety from my Toastmaster friends, my fear rose. Fear was not the only emotion I experienced on this journey. Come fly with me through the emotional highlights of our journey.



Frustration was my first emotion. Our flight was delayed due to a thunderstorm in Dallas. American Airlines rerouted us to the east through Charlotte, NC and then on to Frankfurt, Germany to board a Malaysian flight across Europe and the Middle East. Yes, this 23 hour flight was a long period of boredom with sporadic sudden jolts of intense fear.

Upon our landing at Kuala Lumpur International Airport, fear, frustration and boredom were replaced by awe at the beauty of the palm plantations surrounding Kuala Lumpur. Palm oil is the number one export. Driving closer to the Petronas Towers, I felt excitement seeing a growing modern urban city of over 20 million residents.

After we checked into our hotel, I wanted to stay awake, but jet lag called my name leading me to our hotel bed for a mid-day nap. However, I was not to stay in bed for long; our luggage did not arrive with us. We were told that our bags were sightseeing in London and would arrive in a few days. Thus, our first task was shopping. David and I visited the Suria Mall at the base of the PETRONAS Towers. We were on a mission to find plus sizes in a petite world. In this predominantly Muslim world, female clothing choices were limited to long sleeve blouses, long skirts and head scarves. When David and I asked, we were pointed toward the equivalent of JC Penney's and Macy. At these stores, I found suitable female clothing – long skirt that narrows at the knees and long sleeve blouses. Wearing these clothes, I felt what it was like to be a female in a Muslim world and wondered at the strength it must take to find your voice when your culture forbids you from being seen or moving freely. What courage it must take to speak out! David also found a shirt. Thank goodness for the Toastmaster Marketplace that opened on Wednesday. We will be sporting new Toastmaster polo shirts at our meetings.

On Thursday evening the semi-final contests were held. Sudharshan Anandan placed third in his semi-final. I felt tremendous pride in Sudharshan and his home club, Area 14, Division E and District 8 team that supported him. Our keynote speakers inspired me to take the stairs, to leave a legacy by influencing others and to set my personal goals higher. Meanwhile, our bags arrived on Friday morning. I wanted to wear everything I brought.

On Saturday morning, at the World Championship of Speaking, I laughed and enjoyed these most humorous speeches that reminded me a mentor that "sees something ...". The Annual Business Meeting followed and we elected our new leaders. That night, we partied with people from around the world. Hanging from the huge ballroom walls were big screens blaring the music of the 60's, 70's and 80's while playing videos from Beatles, Aerosmith, Guns and Roses and Journey, to name a few. It was surreal watching a sea of people lip-sync and line dance to "Achy-Breaky Heart". While

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# District 8 - TLI

## Toastmasters Leadership Institute

Membership and Education Leadership Expo



Washington University in St Louis  
Seigle Hall  
6475 Forsyth Blvd  
St Louis, MO 63105

Hosts:  
Date:  
Time:  
Website:

Toast of WU Toastmasters Club - D8  
Saturday, January 10, 2015  
10:00 a.m. – 5:00 p.m.  
<http://www.dist8tm.org/>



**District 8 - TLI**  
**Toastmasters Leadership Institute**  
**January 10, 2015**



The top reasons you should attend the Saturday Jan. 10, 2015, Membership and Education Leadership Expo – hosted by the District 8 club, **Toast of WU** at Danforth campus of Washington University in Saint Louis.

The primary benefit of midyear training is to learn more about your role(s), with an opportunity to reflect on first six months.

- **Officer Training** - The available sessions will include training for club officers. If you are an officer, this training will not only help you to become a better leader within your club, it will also earn your club's credit for Distinguished Club Program. If you are not currently a club officer but are interested in becoming one, these sessions will give great insight into what will be expected of you.
- **Educational sessions** – Judges training will prepare you to pick the best winner at a speech contest as a judge. Also learn how to give a Pecha Kucha presentation. If you don't know what that is, then learn what it is and how to give one. Need ideas on how to prepare winning speeches for contests, we have a session for that and more!
- **Networking** – This is a great opportunity to meet other officers and members from other clubs within our district. You have a good rapport with the members of your own club now it is time cast your net even wider and meet members from other clubs. Share your stories and interests and you may find you would like to visit other clubs and make new friends.
- **Key-note speaker** - Come hear Rob Wild Ph.D., the associate vice chancellor for students from Washington University. Rob is the co-chair for the task forces that discussed the development of the Center for Diversity & Inclusion which would focus on diversity and inclusion.
- **Bookstore** - an opportunity to review materials and purchase new materials.
- **New ideas** in break-out sessions and training will re-energized you.
- TLI counts toward **DCP credit** – an additional bonus.
- **Fun** – Spending a day on the beautiful Washington University's Danforth Campus, meeting new people and listening to great speakers, who wouldn't call that fun.



Rob Wild, Ph.D.

Please register for the event by going to <https://www.surveymonkey.com/r/TLI-January2015>

We are looking forward to meeting you.

Karen Leingang  
Vice President Membership  
Toast of WU- District 8



## Toast of WU—Washington University's New Club Charter Party Sept. 16, 2014

By Mark Bagby, VPPR Toast of WU

The newly chartered Toastmasters club "Toast of WU" at Washington University was only five months old when they celebrated their club charter party on September 16th. As per tradition of Toastmasters International and District 8, club President Kate Duggan and fellow Toastmasters were presented with their club banner, charter certificates and timing device provided by LGET Farzana Chohan.



Shannon Sowell with Farzana Chohan

One of the members, Shannon Sowell, captured the value of being a Toastmaster by saying, **"It's our party and we'll speak if we want to...."** This is our charter party. So that means what?...

That day we received our charter document – outlining and verifying our existence as an

official club within Toastmaster's International. The charter members – those of us who joined when the first two Washington University staff clubs were being formed – also received charter certificates, so that everyone knows we are legit. But beyond that, what does this mean?

As charter members of a new organization it is up to us – individually and as a group – to get something out of our membership and to put something back in.

We started this journey with a bunch of other Wash U staff – some we may have known – but many more we did not. We have made new friends and learned more about each other.

We have already watched our fellow Toastmasters grow as public speakers. We applaud each other's bravery and we support each other's struggles.

Some of the folks with busy travel and work schedules haven't been seen as often,

but when they come we are happy to see them. For those of us hardy folks who are here almost every week, we are growing in our commitment to this group of peers and in our personal development as public speakers.

We say fewer ums and ahs. We move around the room and gesture when we speak. We make eye contact and we blush less frequently. We no longer hesitate to say something bizarre in Table Topics, because we know that everyone has to clap for us anyway – since that's the Toastmaster way.

We are happy to have members when they can come, and we support them. And those of us who are here – be proud. You are awesome! You are on your way to becoming an amazing speaker, or at least one who won't pass out when called upon to speak.

I can guarantee that any visitor and new member will receive a supportive round of applause, and what could be better than that.

John Barry, renowned District 8 speaker, rounded out the event by delivering a great humorous speech and then hosted a short workshop on essential humorous speech or storytelling components and discussed how to evaluate these types of speeches.

Thanks to Brenda Archie (club mentor) and Farzana Chohan (club sponsor and mentor), who have attended meetings regularly every week. Through their mentoring and guidance, the club is now well established and conducting smooth and fun meetings. #





## Midtown Clayton Toastmasters Club #283 Celebrates 70th Anniversary



From left to right: Manley Feinberg, club President, Sandy Kardis, District 8 Governor and Mark Aubuchon, immediate past club President

**By Rosemary Wilson, ACS, ALB — SAA**

"I consider Toastmasters to be in the top five of my life experiences," said a senior citizen alumni of the second oldest Toastmasters Club in District 8. This public praise for the personal value of Toastmasters was made to the 50 members, alumnae and guests present at the October 4, 2014 70th Anniversary of Midtown Clayton Toastmasters Club 283 held in the banquet room at Balaban's in Chesterfield.

The club was chartered as Midtown Toastmasters Club in October, 1944 at a location in what was the epicenter of "THE IN PLACE TO BE" in St. Louis at the time--the corner of Lindell and Grand. About two dozen nearby businessmen walked to their lunch-time club in the now shuttered Melbourne Hotel one block south of the Fox Theatre.

"From 1944 until 2014 this club has had a dozen different meeting venues migrating west towards St. Louis County into Clayton. In 1998, the club's name was changed to Midtown Clayton Club. Thru the years the meeting time has also changed from lunch time to breakfast time and continues with a 7:15 a.m. start time the first and third Fridays of the month.



Midtown Clayton Toastmasters Club is the second largest community club in the St. Louis area with 31 members. There is an Open House for guests at every meeting. The U-shaped table and chair room set up is a tangible embodiment of this club's core value: a safe harbor to practice public speaking and leadership for use in the real world. The Toastmasters culture is alive and very well in this club: experiential learning, self-paced learning, peer feedback and mentoring.

"At this time of remembrance with a club anniversary, we need to also keep in mind the future for both our and your continued personal improvement. Related to tenure in Toastmasters and its legacy in our lives, the next time semi-annual club dues are payable 1) Remit the money promptly 2) Remember what Helen Blanchard, DTM and Past International Director, has said: "If you get out of Toastmasters all there is to get out of Toastmasters, you will never get out of Toastmasters." #



Tables were decorated using sapphire blue which is gemstone for a 70th anniversary and pick up the TI colors.

*(Continued from page 5)*

another ballroom held an array of exotic desserts, soft piano music and quiet areas for conversations. Our Malaysian hosts set before us a feast of foods from China, Japan, Malaysia and India and refilled the buffet lines into the late night. It was a joy to share this night with new friends whom I already miss.

Eight members from District 8 made this journey half way around the world: District Governor, Sandy Kardis; Lt Gov. Education and Training, Farzana Chohan, Lt Gov Marketing, Jacquie Vick, Toastmasters Tony Kardis, David Kincade, Ben Bathke and Sudharshan Anandan. We were a merry band of travelers who made Toastmasters history. Each of us will have a journey to tell.

Upon recovering from jet lag, I felt satisfied with myself. As my catch phrase said, "Together we fly higher." Each and every one from District 8 was with me on this trip. Thank you for your support. In my heart, together we travelled around the world. #



## Become a Club Coach?

By Dan Darnall, DTM PDG

Webster defines a "Coach" as a trainer, a teacher or a mentor. Certainly a Toastmasters' Club Coach fits into this definition, but it is so much more. In the traditional coaching situation, the relationship is somewhat one sided; the coach instructs, the student does. In a successful club coaching situation the relationship is multi-directional; the coach instructs or suggests, the club implements the ideas and the amazing thing is that both the club and the coach grow. Being a club coach is one of the most involved things a Toastmaster can do, but it is also one of the most rewarding things we can do. It is a chance to apply every communication and leadership skill and technique that we have learned. The relationship between the club and the coach becomes one of pride. As the club becomes successful, the heart of the coach becomes filled with pride. The relationships you build will last for a lifetime.

The secret of a successful coach is not to come in thinking they have all the answers. Every situation is different. A coach needs to familiarize himself/herself with the club. Even a struggling club has its individual strengths to build on. The first step is to find these foundational blocks and to build trust with the club. The coach must work with the current officers to develop an action plan that has short term and long term goals. The short term goals will become the spark that rekindles the fire.

A proverb comes to mind: Give someone a fish and you feed them for a day. Teach someone how to fish and you feed them for life.

Do you want to give back? Do you want to fine tune your communication and leadership skills? Do you want to build a relationship for life? Become a Club Coach!

There are a number of District 8 clubs that could use a Club Coach. If you are interested in becoming a club coach, please contact Lieutenant Governor Marketing, Jacquie Vick. #



Kudos and many thanks to Toastmasters Gert Baldwin, Som Bhattacharyya, Robert Van Winkle, Gail Vaucher, and Yolande Wood for heeding the call to serve as a club coach at the district conference.

### *New clubs need mentors*

Each time a new club is formed, the district assigns a mentor or mentors to ensure club success. Many thanks to Toastmasters Som Bhattacharyya, Larry Kimbrow, Elaine Laura, and RJ Statton for their willingness to serve as a mentor to a new club. #

## Look back at the International Convention ... Kuala Lumpur, Malaysia

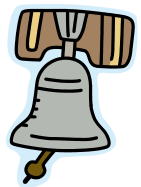


Photos by David Kincade





Marquetta Anderson (left), a member of Triton Toastmasters, presents her winning Constitution Day speech at the Millennium Student Center. (Photo by Ryan Heinz)



## Campus Celebrates Constitution Day by Rachel Webb

From 9/18/14—<https://blogs.ums1.edu/news/?p=52089>

University of Missouri-St. Louis students, staff and faculty showed their patriotic stripes Wednesday during the university's annual Constitution Day celebration.

Constitution Day is an observance led by the American Democracy Project. The celebration is a chance for the UMSL community to reflect on the Constitution's authors' purpose and idealism, said Deborah Burris, director of UMSL's Office for Equal Opportunity and chief diversity officer.

Whether the authors realized it or not, they created a document that was timeless, that was unlimited in its definition," Burris said during her opening remarks in the main program at the Millennium Student Center. "This is especially critical when we look at the issues faces by our community today, Ferguson and beyond."

The event in the Nosh also featured a reading of the Constitution's preamble by student Amy Cabanas and an introduction by Chancellor Tom George. The centerpiece of the afternoon's events was a competition from Triton Toastmasters, a public-speaking organization. The event featured prepared speeches by Marquetta Anderson, front office and corporate accounts assistant at St. Louis Public Radio, and Ron Gossen, senior associate vice chancellor for University Marketing and Communications, and the extemporaneous Table Topics category. In Anderson's winning speech, she focused on the first three words of the preamble, "We the People."



Sean Marshall, a UMSL senior, explains his role of timer during the Triton Toastmasters' Constitution Day competition. (Photo by Ryan Heinz)

"We are the people," Anderson said. "We are the people that make decisions. We are the people that empower others."

Gossen focused on the Constitution and its guarantees of free expression.

"As we address injustice, be ever mindful that justice isn't free, that justice doesn't come cheaply, but rather, extracts a commitment to rule of law and the constructs of a civil society," Gossen said.

Other events included a screening and discussion of the documentary "Restrepo," a lecture on American military power and paintings by UMSL students. #



(Continued from page 2)

you participate in district leader training sessions at the International Convention, Mid-Year Training, and online training via the Toastmasters Learning Connection.

To serve as District Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor or division governor, or a combination of the two at the time you take office.

#### **Program Quality Director** (Lieutenant Governor Education & Training)

As the Program Quality Director, you are responsible for all aspects of education and training within the district. This includes supporting quality programming efforts, promoting the Distinguished Club Program, and planning and executing the district conference. Together with your district leadership team, you participate in district leader training sessions at the International Convention, Mid-Year Training, and online training via the Toastmasters Learning Connection.

To be Program Quality Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor, division governor, or area governor. Once you serve as Program Quality Director for a full year, you may not be re-elected to the same office for a succeeding term.

#### **Club Growth Director** (Lieutenant Governor Marketing)

As Club Growth Director, you are responsible for all aspects of marketing, club-building, and member-and club-retention efforts within the district. This includes defining an overall marketing strategy for the district, developing outreach and retention efforts with existing community and corporate clubs, and penetrating new markets. Together with your district leadership team, you participate in district leader training sessions at the International Convention, Mid-Year Training, and online training via the Toastmasters Learning Connection.

To be Club Growth Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor, division governor, or area governor. Once you serve as Club Growth Director for a full year, you may not be re-elected to the same office for a succeeding term.

#### **Division Director** (Division Governor)

As Division Director, your job is to lead and support the division through the supervision and support of the **Area Directors** (Area Governors). One of your primary goals as Division Director is to ensure that each club achieves its mission and fulfills its responsibilities to its members. To achieve this, you coordinate division activities, set division goals, and assist in the training of area and club leaders.

To serve as Division Director, you must have served at least six consecutive months as a member of a district council. The division director may be re-elected to one succeeding term.

All leadership positions will be posted on the district website including appointed positions of Area Director, Public Relations Manager, Administration Manager, and Finance Manager.

Ponder this quote from Ronald Reagan while considering a leadership position.

"The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."

Sandy #



# DISTRICT LEADER NOMINATING FORM



*These materials are confidential. District leadership committee, upon completion of voting, submit all forms to the committee chair to destroy after the final report has been distributed to the district governor.*

Are you interested in nominating yourself or someone else for a district leader position? If so, please complete the form below and submit it to your district governor. If you are nominating someone besides yourself, you may submit more than one person's name for each position.

To be nominated or elected, a member must meet the following requirements:

- ▶ Be a member in good standing of a Toastmasters club in good standing.
- ▶ Meet the qualifications of the position.
- ▶ Consent to being nominated and sign the Officer Agreement and Release Form

I wish to have the district leadership committee consider the following member for the office of:

- ☐ District Director
- ☐ Program Quality Director
- ☐ Club Growth Director
- ☐ Division Director (please specify division \_\_\_\_\_)

***If applicable:***

- ☐ Area Director (please specify area \_\_\_\_\_)
- ☐ Public Relations Manager
- ☐ Administration Manager
- ☐ Finance Manager

Name of nominee \_\_\_\_\_ Are you nominating yourself? ☐ Yes ☐ No

Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_ Postal code \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Member number \_\_\_\_\_

Email \_\_\_\_\_

Home club name \_\_\_\_\_ Club number \_\_\_\_\_

Educational Awards ☐ CC ☐ ACB ☐ ACS ☐ ACG ☐ CL ☐ ALB ☐ ALS ☐ DTM

Other \_\_\_\_\_

To assist the district leadership committee member in their deliberations, please attach:

- ▶ Additional information you would like to include about this candidate.
- ▶ A description of any club and district offices held by the nominee (include dates of service if possible).
- ▶ Why you believe the nominee should be considered for the specified position.

Submitted by \_\_\_\_\_ Date \_\_\_\_\_

**Mail, fax or email to your district governor.**  
**Submit this form by \_\_\_\_\_ .**

## Salute!

### Elaine Laura, ACG, CL—Charter Anniversary Recognition Chair Person

"Hats Off!" to District 8 Toastmasters as we celebrate a year of lively and commendable meetings, speeches, contests and events. This club year I am serving as District 8's Charter Anniversary Recognition Chairperson. Not only is it my pleasure to amass and share intriguing facts about our clubs, I also get to marvel and reflect on longevity, the dynamics of group relationships, and the compassion of leadership. In addition to all of that, I am head cheer leader, "Hooray, Toastmasters!" As we celebrate and recognize our charter dates by sharing happy memories and wishes of wonderful times to come, let's continue to bask in being a member of District 8.

Nine clubs celebrated anniversaries in September, all but the following four, Fort Leonard Wood, 1966, Anheuser Busch, 1980, Waynesville, 1981, and Monsanto Noon, 1990, were founded in the new millennium. They are: Talx Masters, 2004, MAC Toast, 2005, Wry Toastmasters, 2005, Rubin Brown, 2007, and Marion VA, 2011.

Club Charter Anniversaries in October illustrate that the mission of our organization remains viable and is life sustaining as Midtown Clayton recognizes their fortieth fourth year, South County Toastmasters celebrates thirty nine years, and Ozark Orators applauds thirty three years. Talu Toastmasters has been organized twenty one years, and Missouri Toast of the Town celebrates fifteen years, while Southern Illinois Toastmasters Club marks their eleventh year. SALT, Save-A-Lot Toastmasters, will mark eight years on October 5<sup>th</sup> while Montgomery County Toastmasters Club will meet a milestone when it salutes its fifth year anniversary on October 27<sup>th</sup>.

Sharing a Toastmaster life is something to celebrate. Send cards and well wishes. We are District 8 Toastmasters! #

Farzana Chohan, Lemont Curry, Tom Gillard



Jef Williams, Lemont Curry, Raymond Allen

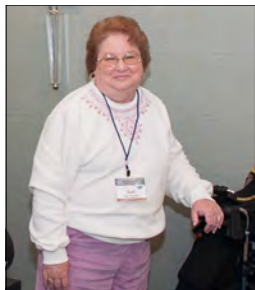


Don Bittick, Farzana Chohan, Curtis & Cynthia Scroggins





## Fall Conference Photos ... Memories, fun times and friends!







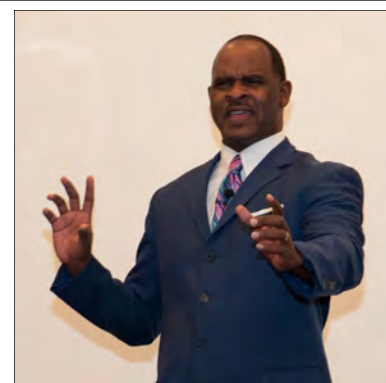
## Time for a Good “Roast” of Immediate Past District Governor Lora Mather



Come Fly With Me?



The annual “roasting” of the IPDG took place once again at the Fall Conference breakfast, this time Lora Mather was in the “hot” seat!.



Frank Yates ... “action!”



Don Bittick, Region 5 Advisor

Keynote speaker—Jef Williams



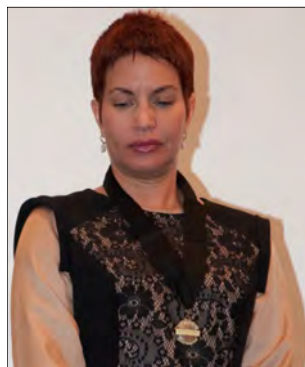




Future Toastmasters? Graduates of Youth Leadership program.



New DTM Leigh Britt with  
Kenny Freeman



Wendy Clothier, DTM







Tom Gillard, Conference Chair





## Mallinckrodt Pharmaceuticals Receives Corporate Recognition Award

By Bridgette Wesley, ACG, ALB

On November 13, 2014, Toastmasters Region 5 Advisor, Donald Bittick, DTM, along with District 8 Governor Sandy Kardis, DTM and Lt. Governor Education and Training, Farzana Chohan, DTM, presented the Toastmasters Corporate Recognition Award to Mallinckrodt Pharmaceuticals. The award recognized the company “for enhancing employee engagement through continuing support of Toastmasters’ Communication and Leadership programs.”

Mallinckrodt Pharmaceuticals is home to two Toastmasters’ clubs, the **M-Powered Speakers** and **Mallinckrodt Speaks**.

The M-Powered Speakers club chartered at the company’s headquarters in Hazelwood, Missouri in March 2008. The club was previously known as the Covidien Communicators, but was renamed when Mallinckrodt Pharmaceuticals became a stand-alone company. The Mallinckrodt Speaks club chartered at the company’s downtown St. Louis production facility in December 2012.

Both clubs have strong support from company leadership and its members work diligently to improve their leadership and communication skills. The award was accepted on behalf of Mallinckrodt Pharmaceuticals by the Vice President Organizational Development and Learning, Tracey Grimshaw, who is also the Executive Sponsor of the Hazelwood club, and the Vice President Global Manufacturing, James Walter, who was instrumental in helping the downtown St. Louis club to get started. Both company leaders spoke briefly on the benefits of Toastmasters for its employees at Mallinckrodt. They also told how the company benefits from employees with improved communication and leadership skills. Sandy Kardis and Farzana Chohan also spoke about their personal connection with both clubs and members, such as Bridgette Wesley, ACG, ALS who is a charter member of the M-Powered Speakers, as well as sponsored the Mallinckrodt Speaks club, and Stephen Coenen who is a charter member of Mallinckrodt Speaks. #



(Left to Right) James Walter, Sandy Kardis, Tracey Grimshaw, Donald Bittick, Farzana Chohan



Club members from M-Powered Speakers and Mallinckrodt Speaks with Tracey Grimshaw, James Walter and District 8 leaders.



## District 8 Members Earn Education & Leadership Awards from September 13, 2014 to December 11, 2014



### Division A

#### **Jeffco Challengers Club**

- Watson, Adam B.—CC
- Breckner, Carole S.—LDREXC

#### **Maritz Toastmasters**

- Chipman, Jane M.—CL
- Chipman, Jane M.—CC

#### **Mastertoasters Club**

- Phillips, Gregory S.—CC
- Manda, Sagar—CL

#### **Poplar Bluff Toastmasters**

- Crew, Michael P.—ACB

#### **South County Toastmasters Club**

- Ramshaw, Matthew J.—CL

#### **Speak Easy Toastmasters**

- Workman, David—ACB
- Sanborn, Greg Dean—ACB

#### **UniGroup Toastmasters Club**

- Morhaus, David H—CC

#### **Webster Groves Toastmasters Club**

- Smiley, Craig S.—ACS

#### **West County Club**

- Radnov, Carrie F.—LDREXC
- Radnov, Carrie F.—ALS
- Radnov, Carrie F.—DTM

### Division B

#### **B.I.B.L.E. Toastmasters**

- Dove, Allif—CC

#### **Plus Factor Club**

- Triplett, Melissa—CC
- Mather, Lora D.—ALB
- Mather, Lora D.—CL

#### **River City Toastmasters Club**

- Getz, Winston J.—CC

#### **Script Masters Club**

- Mokriakow, Kathryn G.—ACS
- Gada, Paul N—CC

- Kogel, Galina—ACB

#### **Shalom Church Toastmasters**

- Savala, Andrea R.—CC
- Jimerson, Shauna L—CC

#### **Speak Out**

- Shaus, Amber Rose—CL
- Moncelli, Bonnie—ACB

#### **St Charles County Toastmasters Club**

- Oliva, Kelly D—CL

#### **Toast of the Fleet**

- Obrecht, Heather Nicole—CL
- Obrecht, Heather Nicole—ALB

#### **Triton Toastmasters**

- Gossen, Ron—ALB

#### **WelDon Toast Club**

- Anantharam, Parasuram—ACB

### Division C

#### **Capital City Toastmasters**

- Walker, Margaret—CL

#### **Collinsville Toastmasters Club**

- Rasche, Valerie M.—ACS

#### **Horace Mann Toastmasters**

- Kloese, Sam—ACB
- Lahr, Laurie A.—CL

#### **Noontime Toastmasters Club**

- Petty, Sarah T.—ACS
- Petty, Sarah T.—ACG

#### **O'Fallon Toastmasters**

- Gimenez, Roberto A.—ACG

#### **Scott Toastmasters Club**

- Gillard, Thomas A.—CL

#### **Smedley Hometown Memorial Toastmasters Club**

- Gillard, Thomas A.—CC
- Mather, Lora D.—CC

#### **St Clair Club**

- Schaefer, Samatha—ACG

### Division E

#### **Alpha Toastmasters**

- Atkins, Jerron Anthony—CL
- Loschiavo, Aldano—ACB

#### **Downtown Toastmasters**

- Jayamanne, Charlene—CL
- Farr, John A.—ACB
- Donahue, Will—CC
- Hall, Michele L.—CC

#### **Missouri Univ of Science & Technology**

- McGraw, Nicholas R—CC
- Landers, Alan T.—CC
- Miller, Austin David—CC

#### **Shelter Insurance Toastmasters**

- Bradshaw, Michael R.—ACB
- Cayce, Daniel J.—CL
- Curry, Stephanie R.—ALB
- Randall, Victoria C—CL

### Division F

#### **BJC Toastmasters**

- Porter, Richard W.—LDREXC
- Porter, Richard W.—ALS

#### **Free Speakers**

- Wilson, Juanita J—ACB
- Wilson, Juanita J—CL
- Calhoun, Lawson H.—CC

#### **Square Talkers Toastmasters Club**

- Hoelscher, Richard—CL
- Trenz, Sharon A—ALB
- Miller, Alex J.—ACB
- Hoelscher, Richard—ACS

#### **Torchmasters**

- Waugh, Leanne M.—CC
- Shortt, Holly—CL

#### **Wells Fargo Advisors Toastmasters**

- Curry, Elaine—CL #

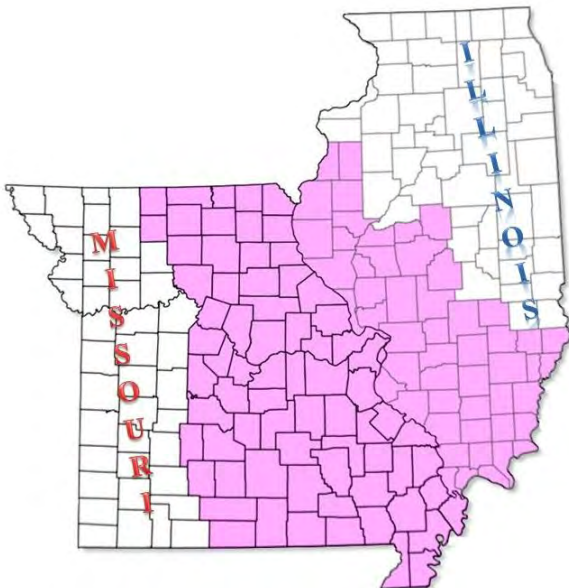


**TOASTMASTERS INTERNATIONAL**

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**TOASTMASTERS**  
INTERNATIONAL**District 8 is on the web.****[www.dist8tm.org](http://www.dist8tm.org)****WHERE LEADERS  
ARE MADE****The Mission of District 8**We build new clubs and support all clubs  
in achieving excellence.

## District 8 Calendar

Saturday, Dec. 6 Communic~8 Issue 3 Submit Deadline

Saturday, Jan 10 District 8 TLI  
10:00 am—5:00 pm Seigle Hall—Washington University

Saturday, Feb. 21 Communic~8 Issue 4 Submit Deadline

Saturday, Feb. 21 Smedley Hometown Memorial Toastmasters  
11:00 am—Noon Missouri College, 1405 S. Hanley Rd., St Louis

Saturday, Mar. 21 Communic~8 Issue 5 Submit Deadline

Saturday, Mar. 21 Smedley Hometown Memorial Toastmasters  
11:00 am—Noon Missouri College, 1405 S. Hanley Rd., St LouisSaturday, Apr. 18 Smedley Hometown Memorial Toastmasters  
11:00 am—Noon Missouri College, 1405 S. Hanley Rd., St LouisFriday, May 29 District 8 Spring Conference  
Saturday, May 30 Holiday Inn Airport West  
3400 Rider Trail S., Earth City, MO 63045

Saturday, May 30 Communic~8 Issue 6 Submit Deadline



Charter party for Toast of the Fleet held Friday, Nov. 14th

