



Toastmasters International

E-Communic~8

District 8



Volume 9, Issue 5

December 2009

Inspire Your Audience

Connect with audience
Change the status quo
Inspire them
How you say it

- Quotes, stories, anecdotes
- Unifying language
- Vivid words
- Action verbs
- Positive words

Competent Communication manual

Motiv-8 Today to Cre-8 A Better Tomorrow

Fall Conference Highlights

Joann York, CC ALB

Toastmasters from across District 8 came together in St. Louis for the Fall Conference November 20th and 21st. Twice a year the district has the opportunity to gather together to conduct business, to have fun, to learn in the educational sessions and to enjoy the district contest finals.

Friday night festivities included a performance of "Toastmasters in the Sky". We were all asked to sing along with a special Toastmasters version of the classic Johnny Cash song "Riders in the Sky" before the Table Topics Finals. The evening also included some Tall Tales with each table given a cartoon character and a short time to brainstorm about the story to share. With the audience as judges, Porky Pig was selected as the "winner" of the special Tall Tales event. But the highlight of the evening was the Table Topics contest. Four contestants were asked to address congress to have the turkey designated as the national bird. All had interesting answers and pleas for the turkey. First place trophy went to Jerry Hoeflein.



Past District Governor Barbara Kryvko started Saturday morning off with the ceremonial "roast" of the Immediate Past District Governor Tony Gartner. Tony took his seat on the stage as Toastmasters from around the district shared stories of experiences with him and about him. In addition to the stories, Tony received his share of hugs, kisses and don't forget to ask him about his new T-shirt.

Saturday included a business meeting, choices of educational sessions and an opportunity to bid on the collection of creative baskets donated by clubs from around the district. As the festivities moved into the evening, the dignitaries paraded in and dinner began followed by the keynote speaker, Willie Johnson with his presentation "It's Possible—to

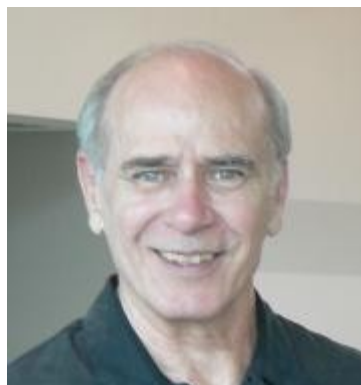
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Membership Contest Awards!

By John Barry, DTM—Lt. Governor Marketing



Pizza Party Membership Contest Extended!

If your Club recruits the most new, dual, or reinstated members from November 1 through January 15, your Club will receive \$50 from the District toward a celebratory pizza party! Please make it a Club goal to implement an idea from the list entitled "Hundreds of Membership Building Ideas" at <http://www.dist8tm.org/docs/membuild.doc> . . . or cre-8 and implement your own membership idea. During the month of December, each Club is strongly encouraged to host a Holiday open house. This is an excellent time to invite those members who didn't pay their renewals in October, as well as to invite new prospects.

The Club Business and District Business sections of Toastmasters International website will be inaccessible from December 17th through January 4th because of the physical inventory at World Headquarters. No new member applications or educational award applications will be processed during those 19 days. However, Clubs still may take applications, collect dues/fees from new members and vote them into their Clubs. It is suggested that the Clubs then hold on to the paper applications and submit the membership applications online beginning January 5th. Likewise, members may complete their educational awards, provide the VPE or other Club officer with the information needed to submit the award online, and then the award may be submitted online beginning January 5th and the new members will receive their materials shortly thereafter. ■



Talk Up Toastmasters!

The next membership contest on the horizon is of course, the Talk Up Toastmasters contest from February 1 – March 31. Add five or more new, dual or reinstated members to your roster between February 1 and March 31, to receive a special Talk Up Toastmasters ribbon to display on your club's banner.

2009 Smedley Award winners!

The clubs adding five or more new, dual or reinstated members between August 1 and September 30, 2009 are:

Club #	Divison	Area	Club Name	New Members
00000503	E	07	Capital Toastmasters Club	5
00004431	B	20	Mastertoasters Club	6
00008974	F	15	Uptick Talkers	6
00009643	E	21	Talu Toastmasters Club	6
01151058	B	20	St Charles County Club	6

Congratulations to these clubs for their recruiting efforts. Please display your 2009 Smedley Award ribbon proudly on your club banner. ■



Navig-8 Your Future

Navig-8 Your Future
in your Club and in your Life



Toastmasters Leadership Institute Presents Toastmaster Officer Training and Educational Enrichment Sessions

Saturday, January 30, 2010
Registration begins 7:30am
TLI - 8:30am-12:30pm

Twin Rivers Worship Center
10575 Tesson Ferry Road
St. Louis, MO 63123-6125

Please return this form to Paul Cook by **Monday January 18** to ensure all is ready for you!
E-mail: prc422@charter.net Address: 4231 Veranda Dr. St. Louis, MO 63129
Fax: 314-982-3274 Note: This is a Word Form compatible with Word 97 and up.

Club Name:

Number:

Please fill in all club officers – use the check box to indicate their attendance.

- ☐ President:
- ☐ VP-Education:
- ☐ VP-Membership:
- ☐ VP-PR:
- ☐ Treasurer:
- ☐ Secretary:
- ☐ Sergeant at Arms:

Other Members Attending:

Please contact TLI Co-Chairs with questions: - Pre-registration is encouraged!

- Paul Cook – email: prc422@charter.net (314)845-0368
- Julie Siess – email: Julie.siess@gmail.com (314) 398-5002



Navig-8 Your Future

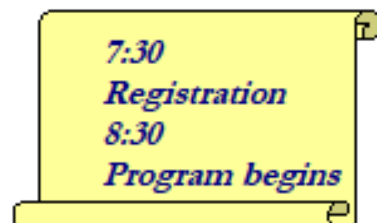
Navig-8 Your Future
in your Club and in your Life



Toastmasters Leadership Institute Presents Toastmaster Officer Training and Educational Enrichment Sessions



Saturday, January 30, 2009
07:30am- 12:30 pm



Twin Rivers Worship Center
10575 Tesson Ferry Road
St. Louis, MO 63123-6125



Breakout Sessions

● **Carole Breckner**
Making Sense of TI

● **Becka Clark**
Dynamic Clubs

● **John Mohr**
Building a Speech

● **Jef Williams**
Winning Evaluations



Volunteers are needed to support this event. Please contact the TLI Co-Chairs:

- **Paul Cook** – email: prc422@charter.net (314)845-0368
- **Julie Siess** – email: Julie.siess@gmail.com (314) 398-5002

To Coach or Not to Coach

Wayne Allen, DTM



"I am so nervous." "What can I tell this group of people about myself and why I am here?" "Will they like me?" "Will they 'boo' me off the stage?" "Can I figure out a way to tell them something they will want to listen to?"

Does this sound like the thoughts of someone about to give their Ice Breaker speech? Actually, they were my thoughts when I first entered the room for a Toastmasters meeting where I was to be the club coach.

For many of us, a new adventure will often give us feelings of being unsure, regardless of the years of experience we may have. However, if you like a challenge, if you want to try something new, if you want to be involved in turning around a club and leading them to success, then being

a club coach is the opportunity for you.

It has been my privilege to be a club coach for a Toastmasters club. The experience allowed me to work with the members and help the club become "Distinguished". It was work. It did require some extra time, but it was so rewarding and very enjoyable. Working side by side with my co-coach we were able to get people excited again about being in Toastmasters. We were able to help the club find ways to have fun and worthwhile educational meetings.

Over a period of about one year my co-coach and I attended club meetings, shared ideas, worked on ways to improve meetings, and discussed ways to increase club membership and participation. During that time we both had experiences that showed us more about Toastmasters. We recognized why it is so beneficial, and why people want to come and be a part of a group whose goals are to make everyone a better speaker and leader. For myself, I found I grew more in my own efforts to enhance my skills. I also developed a sense of accomplishment helping others become part of a successful club.

Could you do something like this? Could you provide the guidance for a club to succeed in reaching their goals? I say, "Yes you can!"

Club coaching is all about taking your knowledge, your excitement about your Toastmasters experience and sharing them with others. It is about helping guide a club in their efforts and leading it into becoming a "Distinguished" club.

As District 8's Club Coach Chair for 2009 – 2010, I am looking for clubs that may be in need of a coach. Currently, 26 clubs in District 8 are on the list as eligible for a club coach. I approach each club about what it means to have a coach. Once the club agrees to have the assistance I pair them up with the right coach(es) to help them become a distinguished club.

If you would like to be a part of helping a club or would like more information on club coaching, please contact me via email at wayne_allen@mastercard.com or by calling 636-722-6667. ■

District 8 2009 Fall Conference

Motiv-8 Today to Cre-8 a Better Tomorrow



Humorous Speech Contest—(left to right) Mark Mahan 3rd place, Margaret Walker 1st place, and Kim Polansky 2nd place







Table Topics—
Jerry Hoeflein 1st place,
Chris Robinson 2nd place,
Terry Rolan 3rd place



Tony Gartner “the chick
magnet” and Nancy Jones
“one hot chick”



**Congratulations to the District 8 members
earning Educational Awards from
October 31, 2009 to December 16, 2009.**

Division A

Chesterfield Toastmasters Club

- Goetz, Gilles H.—CL

Crossroads

- Lyons, Kevin—CC

Maritz Club

- Darnall, Daniel A.—DTM
- Darnall, Daniel A.—LDREXC

Maryville Toastmasters

- Manley, Alan—CC

McCarthy Communication Builders

- Grady, John T.—CL

Smooth Talking Toastmasters

- Milbach, Ron—CC

South County Toastmasters Club

- Sowers, Judy—ACB

SPEAK UP! Club

- Darnall, Daniel A.—ALS

Twin Rivers WORD Masters

- Morrissey, Debra M.—CL
- Morrissey, Ralph P.—CL
- Rehmer, Debra C.—CC
- Morrissey, Debra M.—ACB
- Ward, Daniel C.—CL
- McCurren, James Kean—CC
- Roth, Eileen Rivera—CL
- Roth, Eileen Rivera—CC
- Roth, Dennis A.—CL
- Roth, Dennis A.—CC
- Reichardt, Kevin W.—CC

Unigroup Toastmasters Club

- Subbiah, Chidambaram—ACS
- Niewoehner, Kevin P.—CC

Division B

Alton Club

- Mills, Jeremy C.—CC

Bulls & Bears Club

- Fields, Albert C.—ALB
- Edge, Jeff S.—CC

Cave Springs Toastmasters

- Sanders, Mary B.—CC

Creve Coeur Toastmasters Club

- Kardis, Sandra M.—LDREXC
- Schulte, Paul Dennis—CC

Grace Church Toastmasters

- Merritt, Jennifer Denise—ACG

Mastertoasters Club

- Cook, Jeff—CL
- Hayden, William W.—CC
- Hayden, William W.—CL
- English, Brenda B.—ACB

Monsanto Noontime Toastmasters

- Highfill, Stephen Dewayne—ACG
- Lepski, Patrick—ALB

River City Toastmasters Club

- Molina, Stephen P.—CC
- Sutphen, Daryl—CC
- Jones, Jacqueline D.—CC

Script Masters Club

- Reid, Peter J.—CL

St Charles County Toastmasters Club

- Pochedly, Lydia G.—ACS
- Robinson, Chris—CC

The Covidien Communicators

- Schuster, Tamara—ALB

Thomson Reuters Speak Now Club

- Iyer, Rajesh—CC

Division C

League of Our Own Toastmasters

- Woods, Sandra L.—CC

McBrian Lincoln-Douglas Club

- Baranzelli, John David—ACB
- Randall, Nathaniel H.—CL

Noontime Toastmasters Club

- York, Joann—ALB

O'Fallon Toastmasters Club

- Taylor, Glenn L.—CC

Scott Toastmasters Club

- Gates, Kristy M.—CC

St Clair Club

- Moore, Ryan C.—ACB

Division E

Shelter Insurance Sunrise Club

(Continued on page 10)

Fall Contest—District

Humorous Speech Contestants

Dan Darnall—Division A
Maritz Toastmasters—Area 9
Kim Polansky—Division B
St Charles Toastmasters—Area 20
Margaret Walker—Division C
Capital City—Area 1
Jason Lockwood—Division E
Downtown Toastmasters—Area 7
Mark Mahan—Division F
Uptick Talkers—Area 15



Table Topics Contestants

Gerald E. Hoefflein—Division A
Parkland Toastmasters—Area 5
Chris Robinson—Division B
St Charles Toastmasters—Area 20
Brian Parsons—Division C
Fairview Heights Toastmasters—Area 6
Terry Rolan—Division F
Solae—Area 12

Educational Awards Continued ...

- Maxey, Stephen A.—CC
- Chandrani, Ramesh—CC

Division F

Anheuser-Busch Club

- Fridley, Craig A.—CC

BJC Toastmasters

- Purnell, James—CC
- Hawthorne-Stewart, Janice—CC

F.R.B. Club

- Mueller, Phillip Anthony—CC

MAC Toastmasters Club

- McCollum, Wayne—LDREXC
- McCollum, Wayne—DTM
- McCollum, Wayne—ALS

Missouri Toast of the Town Club

- Sauer, Judy—ALS
- Sauer, Judy—DTM
- Sauer, Robert A.—ACB

Uptick Talkers

- Clothier, Wendy Renee—CL



(Continued from page 1)

CRE-8 a Larger Vision". After contest briefings it was time for the main event ... the Humorous Speech Contest. Five contestants delivered their humorous speeches as the audience laughed. The judges had a tough decision to make. Placing third was Mark Mahan with Kim Polansky taking second and the first place trophy to Margaret Walker for her speech titled "Daddy Gave Me Permission to Date".

With the contest complete, it was time to introduce the members who had earned their first or another DTM award since the last conference. Those already with their DTM stood to receive their new members and the new DTMs were announced and received their DTM medals. Congratulations to the DTM award earners!

The 2009 Fall Conference came to a close, but the Spring 2010 Conference will be here soon. The next gathering will be in Springfield, IL. Mark your calendars now to attend May 7th and 8th at the Route 66 Hotel and Conference Center. Conferences provide an opportunity to network with other Toastmasters beyond your own club. Make new friends, learn new things and have a great time! ■



(Preparing to sing Friday night)

TOASTMASTERS INTERNATIONAL

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Communications and Leadership

Cre-8 Your Own Destiny...

District 8 is on the web.

www.dist8tm.org

Want to receive the e-Communic~8 in your inbox? Make sure your email is current.



Earn your CC award this year and you will receive this year's button.

Upcoming Events—Dates to Know

Go to District 8 website calendar www.dist8tm.org to stay up to date on District 8 Events!

DEC Meeting—January 16, 2010—O'Fallon, MO

TLI—January 30, 2010—St. Louis, MO

Div C—Make up TLI—Feb. 6, 2010—Springfield, IL

- Club Officer 2nd Training ends—Feb 28th

Talk Up Toastmasters Contest—Feb 1—Mar. 31

Spring Conference—May 7th & 8th—Springfield, IL

Beat the Clock Contest—May 1—June 30

For specific date/time/location details on upcoming District Events—check out the “Calendar” link on the District’s website.

District 8 Map

