



## E-Communic~8 District 8



Volume 10, Issue 5

Together We Can!

April 2011

**District 8 is on the web**

[www.dist8tm.org](http://www.dist8tm.org)

### Inside This Issue:

|   |    |
|---|----|
| St. Patrick's Day Parade                  | 2  |
| More TLI Photos                           |    |
| Meet Toastmonkey Rico                     | 3  |
| LGM News                                  | 4  |
| Spring Conference Flyer                   | 5  |
| Spring Conference Registration Form       | 6  |
| Choosing Our Leaders                      | 7  |
| Change Is In the Air—Realignment          |    |
| Candidate for District 8 Governor         | 8  |
| Candidate for LGET                        | 9  |
| Candidate for LGM/Division C Governor     |    |
| Candidate for LGM                         | 10 |
| Candidate for Division A & B Governors    | 11 |
| Candidate for Division C, E & F Governors | 12 |
| MLD Celebrates 75 Years                   | 13 |
| Columbia Toastmasters 30 Anniversary      | 14 |
| Upcoming Events                           | 15 |
| Conference Workshop                       | 16 |
| District Council Proxy                    | 17 |
| Educational Awards                        | 18 |
| District 8 Map                            | 19 |

## Thoughts from the District 8 Governor

by Tim Spezia, DTM

### State of the District

We have done a lot of work this year. As I attend Area contests, I see the enthusiasm in members advancing in their Toastmasters work. As members continue practicing their communications, they show improvements as they attain additional skills. This is the whole reason we are Toastmasters. We have the chance to work together and help each other in the true spirit of advancing our communication skills.

Area contests are in full swing now, your club contests are complete and now the Division contests are underway. This contest pattern is a way to show how consistent the speakers are as they advance through each contest. It is more than this actually, declaring a goal to be a contestant and follow-up this goal through each contest, your speaking ability goes to a whole different level. Even those who volunteer to help out at a contest realize benefits as they show their leadership skills.



### Membership

April 1 is when your clubs membership renewals are due at World Headquarters. By turning in your club renewals on time your club earns credit towards a DCP point. This DCP point helps your club to become distinguished or better. In my last article I wrote: 'Your decision to renew your membership in your club or clubs show that you support taking not only your own communication skills to a higher level, but also helping to create an environment to help your fellow club members aspire to "Achieve Greatness Together"'.

### Conference

Planning for the conference is in full swing now. Expect to receive much information on the conference as this is one of the chief highlights of this Toastmasters Year. If you have never been to a District Conference before, you will find the entire experience to be very exciting and worth attending. The goal behind every conference is to further your overall Toastmaster experience. In order for that goal to be realized, we need your attendance!

*(Continued on page 16)*

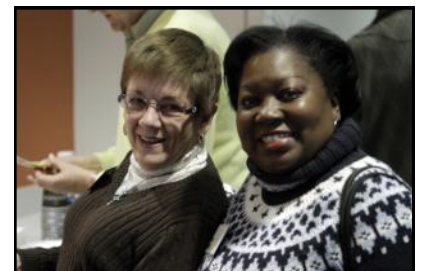
## St. Patrick's Parade

By Jeanette Lynch—District 8 Public Relations Officer

We had wonderful weather for the St. Patrick's Parade. Thank you to all who participated and who encouraged participation. Special thanks to Kristen Delahanty from Wells Fargo Advisors Toastmasters for her help and to Rosemary Wilson District Sgt at Arms for calling the local clubs. Thanks also go to Capital, Cave Springs, Creve Couer, Express-Scripts, Maritz, Scott, South County, Speak Easy, Unigroup and Wells Fargo Advisors and any other clubs that participated that may have been missed in my list. Tim Spezia, District 8 Governor led the troops as we flanked my gold Prius and walked with our club banners giving away plenty of green beads and green coins (bubblegum). The hats looked cute on us as well. ☀



## More Photos from Winter—TLI







## Meet Toastmonkey

Rico

by Tom Coscia, LGET

*I have received a lot of attention when I was featured with a monkey in the Traveling Toastmaster section in the February Toastmaster Magazine. As a result I decided to adopt a monkey mascot: Introducing Toastmonkey Rico! I thought it would be nice to sit down with Rico and ask him a few questions.*

Tom: Hi Rico. Are you serious about being a Toastmonkey?

Rico: Hey I'm Rico and people say I monkey around, but I am too busy speaking to put anybody down.

Tom: Do you see any problems as you work toward your DTM, Distinguished Toastmonkey?

Rico: You know it is a jungle out there, but monkeys have a philosophy toward life: See no evil, hear no evil. I am also striving to be the best Toastmonkey I can be.

Tom: Do you have any advice to clubs?

Rico: Considering my lineage, I have always felt that clubs should promote the "Full Circle Award". As you can imagine, my club goes ape over it.

Tom: Does the ah-counter have a different role in your club?

Rico: Yes, in my club we also count extraneous screeches. It can really throw a wrench into your speeches. We are all getting into the swing of things.

Tom: Do you have any close monkey friends?

Rico: Yes, his name is George—he is a really curious dude. I am also really close to my uncle.

Tom: You look like you're in great shape. Are you on a diet?

Rico: Well Tom, I am on the South Jungle diet. I start off with whole-banana oatmeal with banana bread in the morning. During the day, I like my bananas raw when I am on the go and in full swing. In the evening I prefer my bananas sautéed or stewed. You know I am trying to lay off the fried bananas, banana daiquiris—the calories in the alcohol can really add weight—and banana splits. I do have a sweet tooth, you know.

Tom: Do you have any favorite movies?

Rico: Well I have always been fond of the Planet of the Apes movies--though I prefer the original movies to the 2001 remake with Mark Wahlberg. All those special effects overshadowed the storyline. I did not like the Wizard of Oz—all those flying monkeys gave me nightmares.

Tom: Will you be attending the upcoming Spring Conference?

Rico: I wouldn't miss it. I am buying a new monkey suit for Saturday night. It should be a barrel of fun! Good luck Tom running for District Governor.

Tom: Thanks Rico!

## LGM Message By Curtis Scroggins



Hello, Fellow Toastmasters! I hope this issue of the Communic~8 finds you and your clubs in good spirits, good health and ready for the rest of the year!

To use a baseball analogy, we are now rounding third base of the Toastmasters year and heading for the home stretch. Just as a baseball player's run does not count until he crosses over home plate, nothing in our year will matter until we finish these last few months. April, May and June may be the last three months of the Toastmasters year but there is still plenty going on in the District and many opportunities to achieve on both a personal and a club level.

April is the month of our Spring Conference. This year the conference is on April 29<sup>th</sup> and 30<sup>th</sup> and will be held at the Crowne Plaza Hotel in downtown St. Louis. We will have the special treat this year of hosting George Yen, 2<sup>nd</sup> Vice President of Toastmasters International. Not only will Mr. Yen be attending our conference, during his visit he will also be visiting corporate locations in the St. Louis Area to introduce them to Toastmasters. He will also be presenting a workshop during the conference and will address conference attendees on Saturday morning. This is an event you'll not want to miss!

The month of May will be a slow month as far as District events are concerned but it should be a very busy month for us as Toastmasters. In May we should be getting ready for Officer Elections in those clubs that elect semi-annually, continue to hold Open Houses and distribute brochures and spread the value of Toastmasters through word of mouth. May is also the beginning of the annual "Beat the Clock" membership building program. "Beat the Clock" is about finishing the year on schedule -with a bang! Here's a wonderful new club goal: Earn the "Beat the Clock" award! Plan a contest in your club to motivate every member to get involved. Clubs adding five new, dual or reinstated members during these two months receive a "Beat the Clock" ribbon to display on the club's banner. Membership applications and payment for members who join between May 1 and June 30 must be received at World Headquarters or online no later than June 30. Each members join date as listed on the application must be no later than June. Transfer and charter members do not count for credit. In addition to the ribbon, qualifying clubs will also earn a special discount code for 10% off their next club order (discount code expires six months from date of issue).

June is the final month of the Toastmaster year. It's when we finish what we have been working toward all year long. Remember, the year does not end until midnight on June 30<sup>th</sup> and we need to do all we can to generate new clubs, recruit members and spread the experience of Toastmasters up to and through the end of our Toastmasters year. June marks the final month for both the "Beat the Clock" program and the Annual Membership Program. June will be the month we get our new Officers trained and the month that those of us who are targeting goals for this year will finish up those goals. Will you meet the goal you set for yourself at the beginning of the year? What about next year? Do you already have plans laid out to "take it up another level"? If so, I commend you on this and look forward to working with you as we go forward. If not, now is as good a time as any to begin setting new goals.

I have enjoyed my year serving you as LGM. I congratulate the new clubs who have joined District 8, bringing their talents, skills and personalities in to make our District even stronger! I look forward to a bright and prosperous finish to the 2010-2011 year and wish you well in accomplishing your goals! ☀





## *District 8 Spring Conference*

**April 29 –30, 2011**

### **Silent Auction and Door Prizes**

*District 8 Conference Committee is asking for your club to donate theme baskets and/or door prizes.*

### **Basket Theme : Toastmasters Together One World**

|            |               |
|------------|---------------|
| Division A | South America |
| Division B | Australia     |
| Division C | Asia          |
| Division E | Europe        |
| Division F | Africa        |

***Proceeds from the Silent Auction cover conference costs in support of the District 8 Educational Mission.***

***Basket Due Date:*** ***April 19, 2011***

### **Contact Information:**

***Gail Vaucher      314-592-9564      gail.vaucher@save-a-lot.com***  
***Carole Breckner   636-296-6378      cbrecknr60@aol.com***



# District 8 Toastmasters Spring Conference

**\*Toastmasters Together- One World\***

**April 29<sup>th</sup> – 30<sup>th</sup>, 2011**

**Crowne Plaza St. Louis Downtown**

Please Print

| Personal and Club Information  |   |   |  |  |            |
|--|---|---|--|--|------------|
| Full Name:   |   |   |  |  |            |
|  |   | Last Name   |  | First name   |            |
| Address:   |   |   |  |  |            |
|  |   | Street Address  |  | Apt/Unit #   |            |
|  |   |   |  |  |            |
|  |   | City  |  | State  | Zip Code   |
| Home Phone:  | ( )   | Alternate Phone:  | ( )  |  |            |
| Email Address:   |   |   |  |  |            |
| Educational Designation:   |   |   |  | Club Name & Number   |            |
| First Time Attendee? Yes or No   |   | Current Office Held   |  |  |            |
| 2 <sup>nd</sup> Attendee Name (Household Member or Non-Toastmaster Guest)                                      |   |   |  |  |            |
|  |   |   |  | Last Name  | First Name |
| Educational Designation:   |   |   |  | Club Name & Number   |            |
| First Time Attendee? Yes or No   |   | Current Office Held   |  |  |            |
|  |   |   |  |  |            |
| Registration Options   |   |   |  |  |            |
| Full Registration  |   | Includes all three meals, educational sessions and contests   |  |  |            |
| Individual   | <input type="checkbox"/> \$95 – Until 4/19                              | <input type="checkbox"/> \$105 – After 4/19   |  |  |            |
| Joint  | <input type="checkbox"/> \$180 – Until 4/19                             | <input type="checkbox"/> \$200 – After 4/19   |  |  |            |
| A La Carte   |   |   |  |  |            |
| Meals  | All meals must be ordered by 4/25                                       |   |  |  |            |
| Attendee 1   | <input type="checkbox"/> \$29 Friday Dinner Buffet<br>\$34 – after 4/19 | <input type="checkbox"/> \$22 Saturday Lunch Buffet<br>\$27 – after 4/19  | <input type="checkbox"/> \$35 Saturday Dinner<br>\$38 – after 4/19 |  |            |
| Attendee 2   | <input type="checkbox"/> \$29 Friday Dinner Buffet<br>\$34 – after 4/19 | <input type="checkbox"/> \$22 Saturday Lunch Buffet<br>\$27 – after 4/19  | <input type="checkbox"/> \$35 Saturday Dinner<br>\$38 – after 4/19 |  |            |
| Educational Sessions Only (Saturday afternoon)   |   |   | Contests Only  |  |            |
| Attendee 1   | <input type="checkbox"/> \$15 – Until 4/19                              | <input type="checkbox"/> \$25 – After 4/19  | <input type="checkbox"/> \$5 Friday Contest                        | <input type="checkbox"/> \$5 Saturday Contest  |            |
| Attendee 2   | <input type="checkbox"/> \$15 – Until 4/19                              | <input type="checkbox"/> \$25 – After 4/19  | <input type="checkbox"/> \$5 Friday Contest                        | <input type="checkbox"/> \$5 Saturday Contest  |            |
| Meal Options*  |   |   |  |  |            |
| Saturday Dinner (choose 1 option)  |   |   |  |  |            |
| Attendee 1   | <input type="checkbox"/> Breast of Chicken Au Chaucer                   | <input type="checkbox"/> Roasted Strip Sirloin of Beef  | <input type="checkbox"/> Grilled Portobello Tomato Tower*          |  |            |
| Attendee 2   | <input type="checkbox"/> Breast of Chicken Au Chaucer                   | <input type="checkbox"/> Roasted Strip Sirloin of Beef  | <input type="checkbox"/> Grilled Portobello Tomato Tower*          |  |            |
| *For special dietary needs, please contact Kat Mokriakow   |   |   |  |  |            |
| Payment Information  |   |   |  |  |            |
| Total for both Attendees   |   | \$  | Make checks payable to 'District 8 Toastmasters'                   |  |            |
| Mail to: Kathryn Mokriakow   |   | 100 Lakeview Circle, Elsberry, MO 63343   |  | Questions: Email: <a href="mailto:conference@dist8tm.org">conference@dist8tm.org</a> |            |
| *To guarantee meals, please postmark your registration form no later than 4/19                                 |   |   |  |  |            |
| Crowne Plaza, 200 North 4 <sup>th</sup> Street, St. Louis, MO 63102  |   |   |  | (314) 621-8200   |            |
| Credit Card Option   |   | Email: <a href="mailto:conference@dist8tm.org">conference@dist8tm.org</a> Please provide your name, phone number and best time to call. |  |  |            |
| Need the following at time of call:  |   | Name, mailing address, card #'s, exp., email address for receipt and name on credit card.   |  |  |            |
| ALL CREDIT CARD INFO WILL BE SHREDDED AFTER TRANSACTION IS COMPLETE. PLEASE DO NOT LEAVE ANY CC INFO IN EMAIL. |   |   |  |  |            |

# Choosing Our Leaders

By Dori Drummond, IPDG

At the Spring District 8 Conference, District Governor Tim Spezia will preside over the District Council Meeting. Several important items will need to be addressed at that meeting, including the election of our highest-rank District officers for the 2011-12 Toastmasters year. More specifically, the Council will elect all five division governors, the lieutenant governor marketing, the lieutenant governor education and training, and the district governor.

Choosing our leaders is one of the most important duties of the District Council. Those who are elected have the greatest responsibility for ensuring that District 8 meets its goals for assisting other district officers and committees as they perform their duties. Most importantly, those who are elected at the District Council Meeting must support club officers in meeting their members' goals in the coming year.

The 2011 District 8 Nominating Committee has voted to slate the following individuals for the ballot that will be distributed at the Spring District 8 Conference. Anyone whose name does not appear on the ballot may run from the floor if they wish to be considered for a division governorship or to become a member of the "District Trio" a/k/a "Top 3".

## Slate of Candidates:

District 8 Governor—Tom Coscia

Lieutenant Governor Education & Training—Curtis Scroggins

Lieutenant Governor Marketing

- Larry Hemingway Sr.
- Lora Mather

Division A Governor—Debra Morrissey

Division B Governor—Dossie ("D.J.") Randle

Division C Governor—

- Larry Hemingway, Sr.
- Louis Smith, Jr.

Division E Governor—Pam Melloway

Division F Governor—Sandra Kardis

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## "CHANGE IS IN THE AIR"

by Dori Drummond, DTM, IPDG

Change is coming to District 8! Beginning July 1, 2011, District 8 will have 20 Areas instead of the current 19 Areas, and some clubs will be aligned with new Areas. To what do we attribute these changes? There has been tremendous growth in District 8. Approximately five years ago, District 8 had 81 paid clubs. Approximately two years ago, there were 98 paid clubs. Today this District has 113 paid clubs . . . with more on the way.

With some exceptions, Toastmasters International policy specifies that Areas should have between four and six clubs. Therefore, the Realignment Committee is seeking to realign a club in almost every Area that currently has seven or more clubs. Clubs that may be realigned have been notified so that the Committee can consider the wishes of the members of those clubs.

Toastmasters International policy encourages Districts to limit Areas to six clubs so that the Area Governors can better serve the clubs and their members. After all, in this organization, no one is as important as the individual member! Members who enjoy competing appreciate the fact that the best contests occur in Areas that do not have too few or too many clubs.

After the Committee has reviewed comments from the clubs that would be directly affected by the proposed realignment, a draft will be posted on the District 8 website. That posting will be made no later than April 16 (2 weeks prior to the April 30 District Council Meeting). All District 8 members will be invited to submit comments regarding the draft proposal.

The District Council will vote to approve or modify the proposal that is posted on the website. The Realignment Plan approved by the District Council will be in effect throughout the 2011-12 Toastmasters year. Your input is welcome as we seek to develop the plan that will best serve our current members while allowing for even greater growth of District 8! ☀

## **Tom Coscia, DTM for 2011-12 District Governor**



Tom Coscia joined Toastmasters in 1996 and earned his DTM three times. He is currently finishing his term as District 8 LGET.

Serving as LGET Tom was responsible for the very successful Fall Conference at Harrah's Casino which featured the Improv Trick and focused on humor. He was also responsible for bringing in Regional Advisor, Brad Harris, for in-depth training at the January TLI. Also for the first time at a TLI, the District offered split club officer training sessions for first-time officers and experienced ones. And also in his term, Tom led two judges training sessions that featured hands-on training on all four contests.

In addition to having been recognized as a Star CTM, Tom completed all 15 advanced manuals and has served as an Area Governor, Division Governor, and the 1999 Fall District Conference Chair. Having staffed many district conferences in various capacities from presenter, to fun night chair, to contest master and facilities chair, Tom has attended four Regional Conferences, two International Conventions, and has served two terms as District Conference Site Chair, two terms as District Procedures Chair, two terms as District Audit Chair, two terms as District Hotline Chair, and two terms as District Treasurer.

He was instrumental in seeing the district purchase professional sound equipment and microphones. He has saved the district thousands of dollars and many man-hours by migrating the Communic-8 printing and mailing to a cheaper and more automated printing company.

Tom is a member of 3 clubs: Commerce Bank, Capital T, which is an advanced club and he is a charter member of Wry, which is a specialty club focusing on humor.

Tom is very proud of his contributions serving the District as LGET in 2010-11 and can't wait to serve District 8 as District Governor beginning July 1st.



## Curtis Scroggins

### For District 8 Lt. Governor Education & Training 2011-2012

Curtis Scroggins has been a Toastmaster since 2002 and involved in District 8 Toastmasters since 2004. Curtis began his Toastmasters experience as a member of Austintatious Toastmasters Club in Austin, Texas. He then transferred his membership to Capital 503 Toastmasters when he relocated to Jefferson City, Missouri. He is currently a member of three clubs. He has mentored the Alpha II Gavel Club for several years. He also is mentoring the newly chartered Huber Toastmasters Club of which he is a co-sponsor.



When Curtis was President of Capital 503 during the entire 2006-07 Toastmaster year, the Club achieved the status of Presidential Distinguished for the first time in 18 years. During the 2007-08 Toastmaster year, he served as Area 7 Governor and was successful in achieving Presidential Distinguished recognition for the Area. He then went on to serve two consecutive terms as Division E Governor during 2008-2009 and 2009-2010 Toastmasters years. Both years the Division was Presidential Distinguished.

Curtis is currently serving as the District Lieutenant Governor Marketing and has met the initial goal for number of new Clubs started, pending the April renewals.

Curtis has received several awards at the Club, Area, Division and District level, including 2007 Capital Toastmaster (503) Toastmaster of the Year, Division E Toastmaster of the Year in 2009-2010. Division Governor of the Year in 2008-2009 and Co-Division Governor of the Year in 2009-2010.

Curtis is excited about being able to serve the District in yet another capacity and looks forward to serving as your District Lieutenant Governor Education and Training during the 2011-2012 Toastmasters Year! ☀

## Larry Hemingway, Sr.

### For District 8 Lt. Governor Marketing/Division C Governor

Larry Hemingway, Sr., CITRMS based in Springfield, IL (by way of Chicago), is an enthusiastic, dynamic, facilitator, and speaker. His high content, high quality, high energy programs are delivered in a down to earth, empowerment style. He has presented speeches, workshops, and seminars and has spoken across the country in crowds ranging between 1 and over thousand. Some audiences include but not limited to IDPH Center for Minority Health Services, TaxPro, DCFS, School District #186, PPLSI, Lincoln's ChalleNGe, numerous ministries, and community organizations.



Larry draws his background from his national networking ability and working FT for the Springfield Urban League, Inc. where he oversees two 21<sup>st</sup> Century After-School Programs, he is an Empowerment Studio Engineer, and previous Male Involvement Program Coordinator. Also, he is very active in the community and volunteers. He's current VP of Membership for Noontime Toastmasters Club, President for League Of Our Own Toastmasters Club, Toastmasters District 8 Division C Governor, Frontier's International Annual MLK Breakfast Chair, American Red Cross volunteer/Instructor, BASUAH Ambassador, Founder of Empowering To Empower, Inc., Federal Reserve Bank of Chicago "Smart Money Week" Presenter, Precinct Committeeman, Supt. Of Christian Education, Notary, Family Service Center Board of Directors, husband, father, Independent Associate/Certified Meeting Coordinator/Business & Group Specialist of Pre-Paid Legal Services, Inc., Member of PHI BETA SIGMA FRATERNITY, INC. ETA PSI SIGMA CHAPTER, and FT student at DeVry University (Online), and working on a book just to name a few! His HIV prevention & outreach educational efforts have reached tens of thousands of youth and adults with empowering intervention. Through his leadership and motivation, he has helped reduce risk associated with unhealthy behaviour among African Americans, Hispanics, and all other ethnicities affected by the virus. Through positive intervention and on-going teams of recruited outreach workers, he maintains to be a solid conduit channelling resources. ☀

# LORA MATHER

## Candidate for District Lt. Gov. Marketing 2011-2012



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### Tenacious - Flexible - Collaborative

- Member since 1997
- Served as:
  - Club Officer, Area Governor, Division Governor, District Secretary
  - Coach: Plus Factor to Distinguished Club status
  - Mentor: St. Anthony Medical Center Talks It Up Club
- Reorganized the District 8 Bookstore
- Educational achievements to date:
  - Advanced Communicator Gold and Advanced Leader Bronze

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### Lt. Gov. Marketing Goals

*Extend District Leadership Opportunities:* In D8, there is a role for everyone. I will encourage and mentor prospective district leaders by asking for their assistance in a variety of projects.

*Support the District Leadership:* I will develop and distribute the upcoming 2011-2012 Club Officer Contact List by the June TLI.

*Develop D8 Membership:* I will lead the D8 Marketing Team to achieve substantial new club growth. I will guide the D8 Club Fitness program in growing and maintaining club membership levels.

[loradmather@gmail.com](mailto:loradmather@gmail.com)

314-348-5672

## Debra Morrissey

### Candidate for Division A Governor

I joined Toastmasters because I was terrified to speak. As a United States Postal Service Supervisor, I was required to read short safety talks to my crew of 17. I shook, my face turned red, I sweated profusely and it seemed like a great deal of time had elapsed (it was about 2 minutes time.)

I found Toastmasters when the USPS held a Speechcraft. I felt confident enough to obtain a position where I gave seminars to Business Leaders and Postal Employees. I achieved my CTM and stopped attending meetings.

After an absence of 20 years, I rejoined Toastmasters and I love it! I am a personal high-achiever. I completed my first ACG and ALB in 13 months. I am enjoying my current position as Area 8 Governor because it allows me the opportunity to help others succeed. I also enjoy serving as Club Coach for Missouri Toast of the Town.

I am a motivator and an encourager. I have a history, both work and personal, of being a trainer, facilitator, and influencer. I have a very positive attitude and a "can do" spirit. More than that, I am available. Since I am retired, I devote much of my time and talents to Toastmasters.

I would be an outstanding Division A Governor.

Debra M Morrissey— [Area8gov.debra@yahoo.com](mailto:Area8gov.debra@yahoo.com) ☀



## Dr. Dossie "DJ" Randle Jr.

### Candidate for Division B Governor

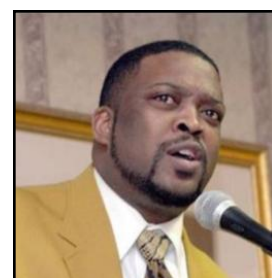
Dr. Dossie "DJ" Randle is a native of Starkville, MS. He works at The Boeing Company in St. Louis MO, in Frequency Management Services (FMS) organization. DJ joined toastmasters in 2006. He has served in 5 club officer positions, and currently is serving as Vice President Membership for the Boeing Aerospace Orators Toastmasters Club 2389. He received the Distinguished Toastmaster Award in 2010. He received the Co-Area Governor of the year Award in 2010. DJ is active in serving in his community. He earned his Doctorate of Ministry degree from United Theological Seminary, Dayton, OH in 2008. He is president, Boeing Black Employee Association, and Director of Education, Amelia Earhart Society. His hobbies include reading, teaching Bible classes, traveling, working with computers and spending time with family and friends. ☀



## Larry Hemingway Sr.

### Candidate for Division C Governor

(Bio found on page 9)



**Spring Conference Theme:**

**Toastmasters Together One World**

**Early Bird Registration ends 4/19!**

**April 29-30th**

## Louis Marion Smith, Jr.

### Candidate for Division C Governor

Currently, an ACS in O'Fallon Toastmasters #994 I joined TM in the mid-80s via the Scott Toastmasters Club #1382. I have held every club officer position since then. I was the Division A (now Division C) Governor for 1987-1988. I assisted in many events, including contests, TLI instructor and the Spring District conference.

Prior to my retirement, my career experience included being a Manager of the Management Information Systems at East Side Health District, Manager of Data Processing Center for the US Census Bureau and military service in the US Air Force. I have a B.S. in mathematics with physics minor from Morehouse College, a M.S. in computer science from New Mexico State University and am a Certified Data Processor (CDP) by the Association of the Institute for Certified Computer Professionals (AICCP). I wrote my first computer program in August 1966. It worked the first time. At one time or another, I have been an active member of Kappa Alpha Psi Fraternity, Masons, Shriners and other less known social and professional organizations. I have been married for 42 years and have one daughter. ☀



## Pamela Melloway ALB, ACG

### Candidate for Division E Governor

After joining the Columbia Toastmasters club in 2009 I became VP Membership, and most recently VP Education. In 2010 I joined the Mid Mo Advanced club in which I currently am serving as President as well as serving as Area 7 Governor for Division E. I have earned my ALB, ACG and have completed a second CC, ACB, CL, ALB; I am currently working on my ALS and my second ACS.

I am also a member of Downtown Club and Ozark Orators, and I am currently serving as Club Coach at Ozark Orators. I served as a coach to Dale Carnegie program for two years, and attend the High Impact Presentation program. I am currently employed by Auto Owners Insurance Company in Columbia Missouri, as Commercial Lines Underwriter. My hobbies include hunting, fishing, anything outdoors, my cattle and dogs and cats. I love spending time with family and friends at holidays and summer activities. ☀



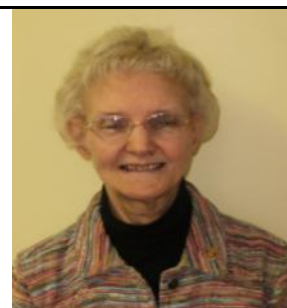
## Sandy Kardis ACG, ALB

### Candidate for Division F Governor

My leadership experience includes President, VP Education, and Treasurer for AGE Toastmasters, and similar officer roles for Creve Coeur Toastmasters, and mentor to Commerce Bank Toastmasters. Outside Toastmasters, I served as Secretary and President of St. Richard Parish Council. I am currently Co-President of St. Richard Ladies Club.

Getting along well with people, a willingness to listen to individuals' ideas, and working with club members/officers as club member/ officer/Area 19 Governor are examples of my management skills. I am easy to approach and encourage participation. I worked diligently with a club to help it get back on track after losing several officers. As Creve Coeur Toastmasters VP of Education, I set goals and developed a plan to achieve those goals by creating and implementing a Club Success Plan.

My organizational skills are evident in my monthly newsletter to Area 19 officers. I have also organized speech contests on club and Area 19 levels and helped organize special club events, including a debate and a member recognition meeting. I demonstrate my passion for Toastmasters by dual membership in Creve Coeur Toastmasters and Commerce Bank Toastmasters, by assisting a Notre Dame University student with the new club charter process, by mentoring several Creve Coeur Toastmasters, by participating in speech contests as a contestant and contest official and attending District 8 conferences. ☀





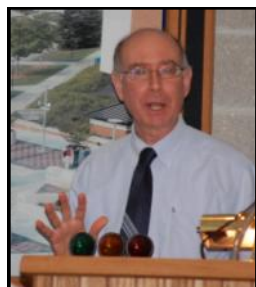


## MLD Celebrates 75 years

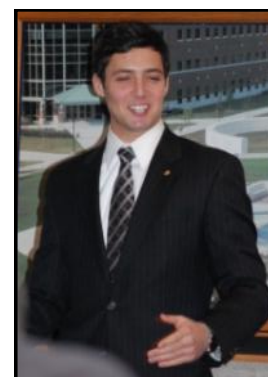
By Joann York, ACB ALB



On March 12, 2011 McBrian Lincoln Douglas Toastmasters celebrated 75 years with a special dinner event at UIS. Current club President John Baranzelli gave a fabulous speech titled "Elevator Speech". The audience laughed as John asked Nate "Mom" Randall 'why do we meet on Thursday nights?' Yes, John has missed "Must See TV" for four years, but the sacrifice is well worth it. Not only did we laugh but we listened as John explained what is Toastmasters, what is MLD and why should we be a Toastmaster. Like any good Toastmasters meeting, there was an opportunity for the others present to participate in Table Topics. Finally, Nate Randall was recognized with the Distinguished Service Award for his 25 years of service to MLD and District 8 serving as club officer multiple times, as a District officer and conference chair. Nate explained what started as a one year work goal has become a 25 year passion and odyssey.

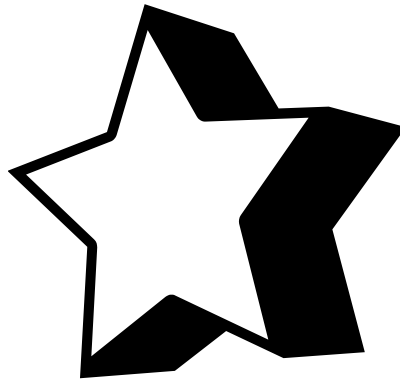


Items on display included the club's banner and their original charter dated February 21, 1936, newspaper articles and a group photo featuring Toastmasters founder Dr. Ralph Smedley. ☼



# **Columbia Toastmasters Club 4492**

## **Celebrating 30 years**



**Come celebrate with us!!**

**April 12, 2011 6:30pm**

**University Missouri Vet School**

**E Rollins St & Williams St**

**Columbia, Missouri 65201**

**Hors d'oeuvres & Cake will be served**

**For more information**

**Contact Lorinda Cruzshank @lorinda14@yahoo.com or**

**Pamela Melloway @ cabose66@hotmail.com**

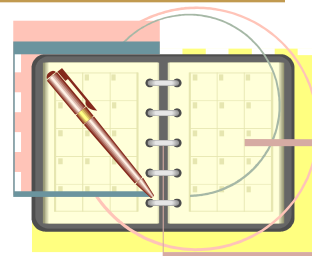


# Upcoming Toastmasters Events

## April

### Division Contests

- Division E—April 9 (11:30 am briefings start) — Lincoln University, Jefferson City, MO
- Division F—April 9 (9 am briefings start) — Enterprise Offices, Clayton, MO
- Division A—April 16 (1:30pm briefings start) — St Anthony's Hyland Center, St Louis, MO
- Division B—April 16 (9:30 am briefings start) — Save-A-Lot, Earth City, MO



### O'Fallon Toastmasters Club 50th Anniversary Dinner—April 16 at 6PM

- Ramada Inn Fairview Heights, IL—6900 N Illinois Street (I-64 & Route 159, across from St Clair Mall)
- Menu (buffet): Baked Alaskan White Fish, Lemon Herb Chicken, Green Beans Almondine, Tossed Green Salad, Sweet Potato Souffle and Anniversary Sheet Cake—\$30/person
- RSVP to: ofallon-officers@freetoasthost.com or PO Box 254, O'Fallon, IL 62269

### Spring Conference April 29 and 30th, 2011

- In the Spring Conference, District champions for both the International Speech Contest and the Evaluation contest will be crowned!
- The conference will be held at the Crowne Plaza St. Louis Downtown Hotel (200 N. 4th St., St. Louis, MO).
- Special guest, George Yen, our International 2nd Vice President, will be flying in from Taiwan to attend our conference. Come meet our 2nd VP who will be giving the Keynote Address.
- Friday night is "Fun Night" with a trivia contest planned.
- "Toastmasters Together One World" - In keeping with the theme, members are encouraged to wear costumes of the world. Each Division has been designated with a suggested continent to represent for their attire (see below). **Please note attendees are not required to dress in costume.**
  - Division A = South America
  - Division B = Australia
  - Division C = Asia
  - Division E = Europe
  - Division F = Africa
- Evaluation Contest will be held Friday, April 29th
- Silent Auction, Door Prizes, Rookie's Club Winners, Award Luncheon, Formal Saturday dinner
- International Speech Contest will be held Saturday, April 30th

## June

**TLI Officer Training—June 25, 2011** (*details to be announced*) ☀

# Conference Workshop: Reasons to Attend

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## Sounding Good in English

Margaret MacAdam, M.S.

Many international residents of the St. Louis area turn to our local Toastmasters clubs as an opportunity to improve both their day-to-day English skills and to extend their repertoire to include public speaking and professional presentations. Our session will touch on the beginning stages of the process up to acquiring the finishing touches which have enabled so many of our non-native members to stand-out as winners in our local, area and even district contests.

Topics will include:

- Listening with an analytical ear
- Minimizing performance anxiety
- Choosing engaging topics
- American collocations as culture cues
- Top Tips from local foreign born contest winners

This event should be of interest not only to new English language speakers but their Toastmasters mentors as well.

Margaret MacAdam (Peggy) calls St. Louis her hometown but wanderlust and cross cultural curiosity led to work with international speakers of English both in St. Louis and several locations in the Middle East. A member of the Capital T Toastmasters and Membership VP for the SLU Master's Club, Peggy sponsored the first Toastmaster's International Gavel Club while serving as an English Language Fellow, a U.S. State Department funded activity with Arabic teachers of English in the Bedouin villages. She returned to begin English Empowerment, a personalized coaching and consulting business for foreign born professionals, utilizing both her ESOL teacher training and counseling background. Currently she is a certified evaluator for the IELTS (International English Language Testing System). ☀

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*(Continued from page 1)*

## District Council Business Meeting and your Proxy

In the March issue of Communic~8 and in this issue, a registration form is included. Every member was sent a copy of the proxy form so everyone knows the format. If your club President or VP of Education are not able to attend the conference business meeting to vote your club's ballots, please make sure they designate a representative from your club who will attend the business meeting. Due to current growth of new clubs in the district several Areas will be affected by realignment next year. You must vote if you want a say in approving which Area your club will be located next year. If your club is affected by realignment and no designated representative from your club attends the business meeting, other clubs will make the decision to approve the district realignment affecting your club. Please make sure your club is represented with valid credentials at the District Council Meeting April 30, 2011 at 10:30 am.

Toastmasters, it is now the end of March and looking at the status of Areas within District 8 there are opportunities to really shine this year. Area Governors need to focus on being distinguished this year. As we look down the Toastmasters Distinguished Division Report the goals for clubs in each area, the bare minimum goals for each club are listed. As of the end of March, Area 7 and Area 4 are clearly in line to be Presidential Distinguished Areas. What does this mean to you? It means that club members in Area 7 and Area 4 are hard at work creating the best environment showing that they are accomplishing a large part of their Toastmasters opportunity to become better communicators.

Remember as Toastmasters for this year, whether you are a club member, club officer or district officer, what you accomplish this year goes on the records for 2010 and 2011. Next August when we look back in retrospect at what we accomplished for member and club awards, it will show what we are capable of accomplishing as Toastmasters. Take a look at your current list of completed projects and if there are one or two more speeches needed, please get those scheduled and delivered to complete your projects. ☀



**Dear District 8 Club Presidents and Club VPEs**

The manual: "*When You Are the President/Vice President Education*" describes the following standards more fully and explains how to carry them out.

**Outside the Club Meeting:**

- Attend and vote club's proxy at district council meetings or authorize a club member to do so.

**District 8 Credential/Proxy Certificate**

**District Council Meeting – Saturday 4/30/2011**

**Crowne Plaza St. Louis Downtown Hotel – 200 N. 4<sup>th</sup> Street, St. Louis, MO 63102**

**7:45 am Credentials Desk Open (more details to be provided later)**

**10:30 – 12:15 District Council Business Meeting**

At the district council business meeting, each Club President and Vice President Education in attendance is entitled to one vote. However, if either or both officers cannot attend, they may designate, in writing, any other active member of their club to act as proxy or proxies for their club. (Use form below.) No other proxies are valid at this meeting – per Article X, Paragraph (d) of the District Administrative Bylaws.

In the event one of these officers does not attend the meeting and has not designated, in writing, an active member of the club to act as his or her proxy, the officer or proxy holder in attendance is deemed to hold the proxy of the other, and may therefore cast two votes at the meeting. This assures that every club is represented by two votes.

In addition, each district officer, including Area Governors, in attendance is entitled to one vote. Only district executive committee members carrying either credential or proxy certificates from their club are allowed three votes. All other members are limited to a maximum of two votes each.

(Date) Credential or Proxy Certificate \_\_\_\_\_

[Must be submitted to Credentials Desk to obtain ballot(s)]      Certificate No. \_\_\_\_\_

1. Club name (print) \_\_\_\_\_ Club No. \_\_\_\_\_

2. Your name (print) \_\_\_\_\_

3. Your office: \_\_\_\_\_

Club President or Vice President Education

**4. IF YOU CANNOT ATTEND** (Club President and Vice President Education only), indicate you're duly authorized proxy below (must be an active member of *your* club):

Name (print) \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Signature



*District 8 members earn Education & Leadership Awards  
from February 18, 2011 to March 31, 2011.*



### **Division A**

#### Crossroads

- Patrico, Louis J.—CL
- Potrzeboski, Marc Stephen—CC

#### Jeffco Challengers Club

- Meadows, Brook Rose—CL

#### Maritz Club

- Schirmer, Debra A.—CC
- Hyde, Debbie J.—CC
- Kotur, Michael T.—LDREXC

#### SAMC Talks it UP

- Seffens, Linda—CC

#### South County Toastmasters Club

- Fawcett, Diane M.—CC

#### SPEAK UP! Club

- Strothmann, Mark M.—CL
- Deuschle, Joan—ACB

#### Twin Rivers WORD Masters

- Brandon, Patrick J.—CC
- Suter, Darlene—ACG

### **Division B**

#### Cave Springs Toastmasters

- Vargo, James S.—CC
- Blattman, Robert A.—CC

#### Creve Coeur Toastmasters Club

- Jeffries, June M.—CC

#### Earth City Toastmasters

- Morrissey, Ralph P.—CL

#### Mastertoasters Club

- Cook, Jeff—ACB
- Allen, Wayne—ACG
- Hayden, William W.—ACB

#### Shalom Church Toastmasters

- Phillips, Gregory S.—CL
- Phillips, Gregory S.—ALB
- Phillips, Gregory S.—ACB

#### Wry Toastmasters Club

- Mokriakow, Kathryn G.—ALB

### **Division C**

#### Lord Effingham Club

- Mette, Phil—ACG

#### Scott Toastmasters Club

- Hobbs, Victoria C.—CC

#### Springfield Parkway Pointe Toastmasters

- Viteychuk, Lindsay Elizabeth—CC
- Blankenship, James K.—CC

#### St Clair Club

- Lanning, Randall—CC

### **Division E**

#### Callaway Community

- Mitchell, Rodney L—CC
- Davis, Dejuan—CC

#### Columbia Toastmasters Club

- Melloway, Pamela R.—ALB

- Melloway, Pamela R.—CL

#### Good Neighbor Toastmasters Club

- Adams, Chantez V.—CC

### **Division F**

#### Anheuser-Busch Club

- Vance, Mark D.—ACB

#### F.R.B. Club

- Morrissey, Debra M.—CL

#### Grand Center Club

- Laura, Elaine P.—ACS

#### Midtown Clayton Toastmasters Club

- Weisman, Carol E.—CC

#### Missouri Toast of the Town Club

- Cobb, Talfanita M.—CC
- Salman, Saqib—CC
- Cosby, Edna Jean—CL

#### Rent-A-Toast Club

- Duke, Sharon—ACB

#### SLU Masters Club

- Clark, Jane Dawson—LDREXC

#### Voices in Unity Club

- Newcomer, John—CL

#### Wells Fargo Advisors Toastmasters

- Clothier, Wendy Renee—ALB

## **From the Editor:**

Fellow Toastmasters Spring is upon us and very shortly we will come together once again for our Spring Conference. The conference is a wonderful opportunity to meet and renew acquaintances with your fellow Toastmasters, to learn and develop your skills in the workshops and most of all to have a great time. In addition to the learning and the fun, there is the business of electing our officers and the vote on the realignment of the district. Following the conference there will be one more issue of the Communic~8 for this year, please submit your conference photos and/or stories to me at [j\\_york71@hotmail.com](mailto:j_york71@hotmail.com) by June 1, 2011. I look forward to seeing you at the conference. Remember, there is still time to take advantage of the "early bird" discount registration.

Joann York, ACB ALB  
Communic~8 Editor

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Communications and Leadership  
Together We Can!  
Achieve Greatness Together!

**District 8 is on the web.**  
**[www.dist8tm.org](http://www.dist8tm.org)**

Want to receive the next e-Communic~8 in your inbox? Make sure your email is current on the Toastmasters International website.



## Upcoming Events

Go to the District 8 website

[www.dist8tm.org](http://www.dist8tm.org) “Calendar” link to stay up to date on District 8 Events!

April 12—Columbia Toastmasters 30th Anniversary

April 16—O’Fallon Toastmasters 50th Anniversary Party

April 19—Conference “Early Bird” Registration Deadline

April 29-30—District 8 Spring Conference

*Crowne Plaza St. Louis Downtown, St Louis, MO*

\*Conference Registration Form also on the D8 website.\*

\*\*Clubs—Remember to bring your Banners for Parade\*\*

May 21—Staff meeting

**June 1—Communic~8 next issue submission deadline**

June 25—Summer TLI

## District 8 Map

