



DISTRICT 8

# E-Communic~8

## District 8 News And Events

Volume 15 Issue 3

District 8

November 2015—January 2016

### MISSION ACCOMPLISHED!

#### District 8 Diamond (is forever) Jubilee ... Learning, Growing, Leading.

By Vickie Calmese, Fall Conference Chair



I will forever remember the Fall Conference Diamond Jubilee of 2015. It will be remembered as a special anniversary, a celebration and a gala.



The Chesterfield Doubletree Hotel and Convention Center was **THE** place to be on November 13th and 14th as District 8 Toastmasters celebrated 75 years as a district. It was also a great honor to have the 1st Vice President of Toastmasters International, Balraj Arunasalam, who challenged us to “Change Yourself to Change the World” in his keynote address.

The multi-faceted teaching talents of our presenters more than adequately portrayed our core values:

- **Learning:** Talk Tech Better  
Social Media & How to Use Linked In  
Sharpening Your Chops
- **Growing:** The Code to Greatness  
Bringing Your Dreams to Reality—Vision Boards  
Connecting—More than Words
- **Leading:** Drive: 5 Elements of Leadership  
Mindful Leadership

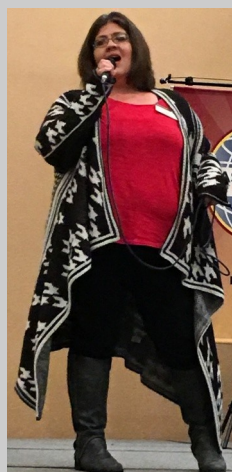
On Friday night we were thoroughly entertained by the District 8's Got Talent Revue. The host, contestants and judges were superb. The audience participation made it a highly rated success. The 'Silent Auction' was fantastic and exceeded our expectations with over 35 club baskets donated and earning more than \$1,000 for the Omer Roberts & Dori Drummond Inmate Scholarship Fund.

The Saturday Evening of Elegance was second to none as District 8 Toastmasters and guests appeared “Magazine Cover ready” in their attire. Glamour photos were taken upon request. Congratulations to the Fall 2015 DTM Awardees!

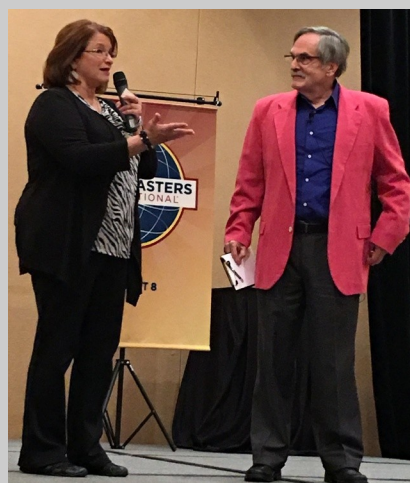
Many thanks to each of you for the distinguished honor of serving as the Fall Conference Chair, however as it has been

*(Continued on page 2)*

### Fall Conference Photos



### District 8's Got Talent!





(Continued from page 1)

said, there is no "I" in team and I certainly had a GREAT TEAM. Please allow me to give a special thanks and shout out at this time to that team: Jacquie Vick, Robin Anderson, David Kincade, Leigh Kottwitz, Joann York, Paul Cook, Tim Spezia, Curtis Scroggins, Kevin Desrosiers, Kari Hoehne, Cathy Babis, Cynthia Scroggins, Rebecca Now, Lora Mather, Arnita Jones, Yolande Woods, Lisa Cooksey-Cannon. Thanks to Farzana Chohan and Mary Kerwin for your support and guidance. Thanks to ALL Conferences Functionaries and Presenters! ▲



And the judges say ...



### Four New Clubs Chartered to Date:

1. Voices of Impact in Chesterfield
2. RGA Toastmasters in Chesterfield
3. Speaking Made Simple in Ellisville
4. Thomson Reuters Speaks Now in Creve Coeur

**Charter parties soon to follow!**

### An Oprah style 'roast' of IPDG Sandy Kardis



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## “Ring the Bell” Incentives

**District 8 Members:** Each individual member between July 1, 2015 and June 30, 2016 has the opportunity to earn “incentives” for your invited guests who become a District 8 club member. The new member must place your name on their application as a sponsor. They are not required to join your club, they can join any club within District 8 and you still earn credit. This incentive is in addition to any other incentives being awarded by Toastmasters International. Happy recruiting!

**5 New, Dual, or Reinstated Members**

**Toastmasters Key Ring plus 1 Core Values Coin**

**10 New, Dual, or Reinstated Members = Hard Cover Notebook**

**15 New, Dual, or Reinstated Members = Computer Messenger Bag**



## District Director Message

**Farzana Chohan, DTM**

District 8 Director

EMAIL: [dd@dist8tm.org](mailto:dd@dist8tm.org)



## District Leader Positions for the 2016—2017 Toastmasters Year

*"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."  
~ John Quincy Adams*

Fellow District 8 Toastmasters,

This is a time to take your Leadership journey to the next level of development. If you like to lead with humility and positively, have a desire to serve fellow Toastmasters and grow yourself while serving, then you must think about running for a District Leadership position to serve the District. As you are considering to run for a position, ensure that it is the right time in your life and you will have time to fulfill your volunteer leadership responsibilities as described below. As serving each member of the District requires time, a whole hearted commitment, competence, dedication and patience. As a result you will be rewarded with a great learning and serving experience.

Toastmasters International's decision last year to modernize the district leader titles was based on the findings of a Board of Directors committee studying the competencies required for district leaders to successfully fulfill their roles to better reflect their responsibilities and real-world practice. Toastmasters International is now in alignment with the organization's strategic plan objective to modernize the programs with a renewed focus on leadership.

The District Leader Nominating Form is already posted on the District Website. Directions state to mail, fax or email your completed form to your District Director. However, I request that you submit it to Sandy Kardis, Nominating Committee Chair at [nominations@dist8tm.org](mailto:nominations@dist8tm.org) by **March 1, 2016**.

### District Director

As the District Director, you are responsible for directly overseeing and managing the district's day-to-day operations, finances and human resources. You must empower your district leadership team to work together toward the district mission, while supporting each other in his or her development as a leader. Together with your district leadership team, you participate in district leader training sessions at the International Convention, Mid-Year Training and online training via the Toastmasters Learning Connection.

To serve as the District Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor or division governor, or a combination of the two at the time you take office.

### Program Quality Director

As the Program Quality Director, you are responsible for all aspects of education and training within the district. This includes supporting quality programming efforts, promoting the Distinguished Club Program and planning and executing the district conferences. Together with your district leadership team, you participate in district training sessions at the International Convention, Mid-Year Training and online training via the Toastmasters Learning Connection.

To be Program Quality Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor, division governor, or area governor. Once you serve as Program Quality Director for a full year, you may not be re-elected to the same office for a succeeding term.

*(Continued on page 13)*



## Program Quality Director Message

# Mid-Year Barometer Reading

**Jacquie Vick, DTM**

Program Quality Director  
EMAIL: [pqd@dist8tm.org](mailto:pqd@dist8tm.org)



At the start of the 2015-2016 Toastmasters year, you undoubtedly set goals for things that you'd like to accomplish:

### At the Club Level

Attend and be an active participant in club meetings

- ☐ Be an officer
- ☐ Attain at least one education award (CC, AL, ACB, ALB, ACS, ACG, and HPL) toward being a Distinguished Toastmaster
- ☐ Participate in club events such as contests, open houses and speak-a-thons, etc.
- ☐ Stretch yourself, be a contest contestant
- ☐ Attend Toastmasters Leadership Institute (TLI), especially if an officer
- ☐ Recruit at least one new member
- ☐ Mentor a new member
- ☐ Broaden your horizon, visit other clubs
- ☐ Pay your April/October Toastmasters membership fees

### At the Area and Division Level

- ☐ Support contestants participating in contests
- ☐ Serve as a contest functionary
- ☐ Get to know and assist the area and division director

### At the District Level

- ☐ Regularly check the district's website [www.dist8tm.org](http://www.dist8tm.org), for events and activities
- ☐ Attend District-8 conferences and workshops
- ☐ Support contestants participating in contests
- ☐ Serve as functionary
- ☐ Use your gift(s) to serve the district

Hopefully you are on task with accomplishing your goals. If not, it is not too late as this is the halfway point and there is still much to do as the district enters into officer training and contest season!

### Officers Training

Club officer training is underway:

- ☐ Early bird training took place December, 2015.
  - o 47 officers were trained.
- ☐ Toastmasters Leadership Institute (TLI) took place Saturday, Jan. 16, 2016 at Maritz in Fenton, MO.
  - o Attendees — 226
  - o Officers trained — 198
- ☐ Division dates for make-up officer training are listed on the district's calendar.

Planning is already underway for the June TLI. If you are interested in serving as a chair or functionary and/or if you have an ideal location to host TLI, please let me know at [pqd@dist8tm.org](mailto:pqd@dist8tm.org)

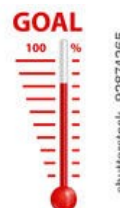
### Contests

As planning gets underway for the club, area and division contests, please be mindful of the following:

- ☐ All club contests **must** take place before the end of February
- ☐ All area contests **must** take place before the end of March
- ☐ All division contests **must** take place no later than Sunday, April 24th

The district's spring conference is scheduled for Friday, May 6th & Saturday, May 7th at the Sheraton Clayton. Joann York is the conference chair. If you would like to participate as a committee chair or functionary, please contact Joann at [j\\_york71@hotmail.com](mailto:j_york71@hotmail.com), as conference planning is underway.

Check your barometer and get involved! ▲







## Club Growth Director Message

# Retention is District 8's Mantra

**Kat Mokriakow, DTM**

Club Growth Director  
EMAIL: [cgd@dist8tm.org](mailto:cgd@dist8tm.org)



Bringing in new clubs every year is a focus of districts around the world. Having new members join Toastmasters keeps clubs fresh and challenges the existing members with excitement. Getting members to stay is another matter altogether. "District 8 doesn't have any problem getting new clubs," said Balraj Arunasalam, 1st VP Toastmasters International, "it is membership retention that is your greatest challenge." When Balraj came to visit in November during the District Fall Conference, I had the opportunity to spend many days with him reviewing district business surrounding new clubs and current membership. With Balraj's help, I shifted my focus from only building new clubs to how we as a district can retain the club membership we currently have. In order to pass on the wisdom I learned at the hands of Balraj, ask yourself a few simple questions.

- When a new member joins, does the VPE (or other club officer) sit down and have a conversation regarding what the member wants out of the Toastmaster experience?
  - Is it mapped out in writing?
  - Is it monitored regularly for completion?
  - Is it renewed every year?

The questions above are regarding new members, but the existing members should have this same plan in place. If you have been a Toastmaster for a very long time and do not feel challenged, I ask that you reach out to me or another district officer and let's see what can offered to stimulate your interest.

Consider how familiar are you with the Toastmasters program? The program offers so many benefits to the member and can keep the individual challenged for many years. People leave for a myriad of reasons. If it is because they are bored or their needs are not being met in the program, we are not doing our job as ambassadors of Toastmasters. Being a personal ambassador of the Toastmasters program allows you to share the benefits on a deeper level than just joining a club, attending meetings and giving a random speech here or there. It allows you to create a program specifically designed for each individual and allows everyone to meet their goals.

At the Fall Conference, I announced during the business meeting that I am committing to helping clubs be successful. Towards that I have committed to visit low membership clubs in person. By the time this article is published, I will have visited two clubs and have five others on the calendar for January and several in February. If I have not contacted your club, I will shortly.

I encourage you to reach out to me and request a visit. I truly enjoy visiting clubs and love the passion and camaraderie I am encountering from other Toastmasters. ▲

- **Need a Club Coach?** There are twenty-four clubs that qualify for a club coach. If you have less than thirteen members then you are among one of the clubs that qualify. **Contact: Kat Mokriakow to request a coach**
- **Serve as a club coach, mentor, or sponsor.** There are approximately 30 clubs that qualify for a club coach. If interested, I will share what each position requires so you can make the best choice.
- **Serve on the demonstration team.** This team demo's a 'mini' Toastmasters meeting to allow prospective guests to see if Toastmasters is right for them and establish a new club for their company or community.

### *Club Growth Director Vision:*

*To strengthen the core of District 8 by increasing membership in current clubs and to new club expansion.*

# **Mid-Year Recognition**

## **District 8 Stars!**

**will be recognized on**

**February 6, 2016 (1:30 -3:30 PM)**

*Let us all come together to,  
Congratulate Fellow Toastmasters!  
on their Achievements!*

**2014-2015**

**Educational Awards**

**Club & Division Awards,**

**Area & Division Governor,**

**Toastmaster of the year & Retired Toastmaster**

**District Governor Award**

**Mid-Year 2015-2016**

**New Clubs!**

**Welcome & Induction in District 8 family  
Marketing incentives and recognition**

Rsvp: [Click Here](#)

Location: St.Louis County Head Quarters Library  
1640 S. Lindbergh Blvd. St. Louis, MO 63131-3598

# **Building a Contest Speech**

## **Workshop for Toastmasters International Speech contest Learn from Champions of District 8**

**Date: Saturday, February 13, 2016**

**Time: 1:15 PM – 5:00 PM**

***You don't want to miss this workshop!***

***If you,***

**Want to learn how to build a speech?**

**Want to learn the nuts and bolts of a speech?**

**Want to learn the process of speech building,  
body language & Voice modulations?**

**Then this is a workshop you want to attend!**

***A great opportunity to participate and/or observe the process of  
speech development with fellow Toastmasters and Champions who  
have participated in Semi-finals of Toastmasters International speech  
contests at Regional and International level.***

**Reserve your spot now, as session is limited.**

**Confirm Here**

**Location: Grant's View Branch, St. Louis County Library  
9700 Musick Road, St. Louis, MO 63123**



**Be creative**

**Act now!**

**Video to be posted  
on clubs website**

# District 8 Toastmasters CLUB VIDEO CONTEST

All entries due by March 31st

**Club members will create a video by personally introducing themselves and their club. This will open up a whole new way for guests to see for themselves the club culture to entice them to want to attend. Be creative and have fun!**



For more information contact Kat Mokriakow, [katmokriakow@dist8tm.org](mailto:katmokriakow@dist8tm.org)



District 8 is requesting all clubs to consider paying  
Toastmaster renewal dues once a year!

## Introducing **ONE AND DONE!**

Here's how:

1. Email [renewals@toastmasters.org](mailto:renewals@toastmasters.org) the names of all members who are paying for a year's term
  - a. Toastmasters will prepare the invoice for two terms
2. Call Toastmasters directly –ask for member services to provide credit card information
3. Enjoy the benefits of not having to pay again in six months

Select the best option to fit the needs of your members and/or company:

### Corporate Clubs:

If Company Year Starts	Club Dues Paid
Beginning calendar year	April and October
If company year starts	
Mid calendar year	October and April

### Community Clubs:

Select Best Choice	Club Dues Paid
Calendar year	April and October
Toastmaster year	October and April



Promotion of One and Done is strictly on a volunteer basis. For more details contact Kat Mokriakow,  
[katmokriakow@dist8tm.org](mailto:katmokriakow@dist8tm.org)

## Washington University in St. Louis Receives Corporate Recognition from Toastmasters International

By Valerie Gaston & Maureen Kleekamp

On November 12, 2015 Toastmasters International awarded Washington University the Corporate Recognition Award for the achievement of its two fledgling clubs— Toast of WU and WUSTL Speaks. First Vice President of Toastmasters International, Balraj Arunasalam, presented the award to Hank Webber, Executive Vice Chancellor for Administration of Washington University in St. Louis in a ceremony at the Olin Library.



Mr. Arunasalam commended the clubs on achieving so much in a short time. Less than two years ago, Shirley Ikemeier of Human Resources worked to bring Toastmasters to the university. Because of the high interest of the staff in Toastmasters, two clubs were chartered. Since starting, both clubs have received numerous awards. WUSTL Speaks earned the Distinguished Club Award and Toast of WU earned the Select Distinguished Club Award. Along with the club awards, individual awards were given to four members for their completion of Competent Communication award and to five who received their Competent Leader Awards. Both clubs hosted successful leadership training sessions, multiple open houses and membership drives.

Furthermore, the first Washington University Toastmasters speech competition was held at the 2015 Staff Day. This annual event showcases the three best speeches from each club. The winner of this year's competition, Rosalind Early of WUSTL Speaks went on to earn first place in the Division F Humorous Speech contest and third place at the District 8 finals. Maureen Kleekamp won first place in the Division F contest for Table Topics (extemporaneous speaking).



Mr. Arunasalam remarked there are 75 different life skills that can be learned through the Toastmasters manuals. His exuberant speech about Toastmasters sparked with Hank Webber in the audience. Hank will be delivering his retirement speech soon and couldn't resist seizing the Special Speech advanced manual.

Congratulations to Washington University and to all members of its two Toastmasters clubs. Congratulations also to the club mentors, Farzana Chohan, DTM—District 8 Director and to Brenda Archie and John Barry for their sage leadership. ▲

Photos by Sid Hastings/WUSTL



Photo by Maureen Kleekamp

## Celebrating & Recognizing Brewer Science Toastmasters

By Sandy Kardis, IPDG — Photos by Tony Kardis & Brewer Science Toastmaster



Dr. Terry Brewer's discovery of anti-reflective coatings resulted in a revolution in the global microelectronics industry and ushered in today's high-speed, lightweight electronic devices. Under Dr. Brewer's leadership, Brewer Science has grown to be a global leader in developing and manufacturing advanced materials and equipment for the reliable fabrication of cutting-edge micro-devices used in electronics such as tablet computers, smart phones, digital cameras, televisions and LED lighting.

The employees of Brewer Science are committed to an environment that fosters innovation, diversity and professional

development. Thanks to a lead at the Division E Training in February 2015 from Shyam Paudel, a member of the Ozark Orators Toastmasters club, the Brewer Science Toastmasters club located in Rolla had its beginning. Shyam is one of the club's sponsors and Sudarshan Anandan, another member of the Ozark Orators Toastmasters Club is one of the club mentors.

Brewer Science, Toastmasters club #4534024, chartered on April 16, 2015 with 29 members. On June 25th, District Governor Sandy Kardis presented the club banner and charter certificate to Wayne Farrar, club president and charter certificates to members who were able to attend. Wayne provided an additional photo of part of the club members and one of the club mentors. ▲





## Corporate Recognition Award Presented to Express Scripts, Inc. by Toastmasters International

By Apryl Purnell

Express Scripts, Inc. (ESI) is a large and successful pharmacy benefits management company that provides many avenues for employees to grow and enhance their experiences. One way that ESI has participated in growth opportunities is by supporting local Toastmasters clubs within the organization.

On Thursday, November 12th, Express Scripts was presented with the Toastmasters International Corporate Recognition Award. The event was held in the headquarters cafeteria. It was exciting due to our distinguished guest Mr. Balraj Arunasalam, 1st Vice



President—  
Toastmasters  
International from

Colombo, Sri Lanka. He presented the award and thanked Express Scripts for their support of our seven Toastmasters clubs. Accepting the award on behalf of ESI was Mr. Mike Koehler, Vice President of Human Resources. We are "grateful this partnership exists" said Koehler. Mike also encouraged Toastmasters to "continue to challenge us to do better and more; help us grow and connect us to other clubs."

Express Scripts was honored with this recognition due to its continuous support of seven clubs within the organization. The clubs are located in: St. Louis; Franklin Lakes, NJ; Mississauga, ON; Bloomington, IN; Memphis, TN; Tempe, AZ; and Orlando, FL. Not only does ESI support the clubs, but meeting rooms and supplies are arranged by the company. Many department leaders assist with the club dues for their employees and refer employees to the club for professional and personal development. Express Scripts leaders, CEO George Paz and President, Tim Wentworth have actively participated by presenting during Script Masters meetings in the past.



Other distinguished guests in attendance for the ceremony included Ms. Farzana Chohan, Toastmasters' District 8 Director; Kat Mokriakow, Toastmasters' Club Growth Director and event hostess; and Kari Hoehne of Maritz Toastmasters club and photographer. Script Masters members in attendance were: President Ms. Michele Gullede, Immediate Past President Mr. John Bosico, Vice President of Education Mr. Vamsi Tokala, Vice President of Education Mr. Mike Kuhn, Vice President of Public Relations Ms. Apryl Purnell, Sergeant At Arms Mrs. Jackie Kam-Blackard, Mr. Mark Becker and Mrs. Galina Kogel.



Both organizations are focused on the growth and potential it offers all engaged. ESI and Toastmasters where leaders are made! ▲

**Save the Date:**  
***District 8 Spring Conference***  
**May 6th & 7th at the Sheraton Clayton Hotel**



# What is Toastmasters?

By Shyam Paudel

The first time I heard about Toastmasters was in the Fall of 2014. I was on a foundry visit to Mapleton, IL and an accountant at the facility introduced me to Toastmasters. I quickly made a direct word-to-word translation of Toastmasters. I thought Toastmasters was a party place where people give toasts and celebrate occasions. Later, I found out it is a club where members meet and give speeches. I did an internet search on local clubs and learned there are two Toastmasters clubs in Rolla.

Later that week I came back to Rolla and participated in the Ozark Orators Toastmasters club meeting. It was an interesting experience. Members there were very welcoming and humble. I was asked to introduce myself at the meeting and then the thrilling Table Topics session began.

In my daily life at school and work, I often struggle with conversations, especially getting my point across to the listener. I have been in situations where I only have seconds to prepare and respond to the listener. Table Topics offers similar to real-life practice. All responses are timed, critical, random questions to answer—yet fun! After Table Topics, the prepared speech portion of the meeting started with one speaker. Speech evaluators critiqued the individual speech and the general evaluator commented on the overall meeting.

I am not a native English speaker. Often I struggle communicating. Toastmasters has become a place for me to practice my speaking skills and to develop my leadership abilities. I have now been the club's president and am serving as the secretary. Since joining Toastmasters eight months ago, I have more confidence to interact and network with people. I have learned how to run meetings and give constructive feedback. Toastmasters has changed my life in a positive way. I hope it helps yours too! ▲



Ozark Orators Toastmasters club

## Toastmaster Magazine Features District 8 Member

If you picked up your December 2015—Toastmaster Magazine (page 21) you saw one of District 8's own featured. Triton Toastmasters member Ron Gossen, recently earned his Distinguished Toastmaster (DTM) award and shared his thoughts on Toastmasters with an article titled "It's a Matter of Give and Take". If you have yet taken the time to read his article, what are you waiting for?



While the Triton Toastmasters club only started in 2014, Ron is a veteran member of Toastmasters and has participated in multiple clubs. Achieving the DTM status means years of dedicated service and leadership to the organization. "Ron has served as a formal mentor to a few members of our club but has been an informal mentor to all of us by encouraging each of us to follow the steps of the Toastmasters program," said Melinda McEndarfer, Triton Toastmasters VPM. "He has led many Toastmasters' members to greater personal achievements by his example. His experience, enthusiasm and sense of humor have set the tone for our club."

"There are many meaningful ways to volunteer our time and our talents," Ron said. "Helping others to acquire life-changing skills is built into the Toastmasters ethos, one that mirrors Maya Angelou's intonation: 'When you learn, teach, when you get, give.' Earning the DTM recognition is just something that comes with dedication to the organizations values."

~ Excerpts from USML Daily from 8/20/2015 ▲

## Honeymoon on Mars

By Drew Storey

Toastmaster Jean Craft performed in the local rendition of 'Honeymoon on Mars' presented in the Lyric Live Theater in Newburg, MO. Jean's role was that of the lottery-drawn local high school sports news anchor who got a once-in-a-lifetime chance to cover the historic mission, so long as the local football games didn't go into overtime. Jean expertly demonstrated her public speaking in a realm many Toastmasters don't venture into—public theater.

Congratulations to Jean Craft on a wonderful performance! ▲

*(Continued from page 3)*

### **Club Growth Director**

As Club Growth Director, you are responsible for all aspects of marketing, club-building, and member and club-retention efforts within the district. This includes defining an overall marketing strategy for the district, developing outreach and retention efforts with existing community and corporate clubs and penetrating new markets. Together with your district leadership team, you participate in district leader training sessions at the International Convention, Mid-Year Training and online training via the Toastmasters Learning Connection.

To be Club Growth Director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a lieutenant governor, division governor or an area governor. Once you serve as Club Growth Director for a full year, you may not be re-elected to the same office for a succeeding term.

### **Division Director**

As Division Director, your job is to lead and support the division through the supervision and support of the **Area Directors** (Area Governors). One of your primary goals as Division Director is to ensure that each club achieves its mission and fulfills its responsibilities to its members. To achieve this, you coordinate division activities, set division goals and assist in the training of area and club leaders.

To serve as Division Director, you must have served at least six consecutive months as a member of a district council. The division director may be re-elected to one succeeding term.

### **Area Director**

The **District Administrative Bylaws** provide for the selection of Area Directors either by appointment by the District Director or by election by the Area Councils. Toastmasters International recommends that District Directors appoint Area Directors.

As Area Director, you serve as the direct liaison between the district and the clubs. Area Directors conduct club visits twice a year within their respective areas to understand and support club needs. In turn, these visits help district leaders understand how to support and meet the needs of each club.

Area Directors are eligible for re-election or re-appointment for succeeding term only. Ideally, Area Directors have served as members of a district council.

### **Public Relations Manager**

As the Public Relations Manager, you are responsible for coordinating publicity efforts in the district. By establishing and maintaining lines of communication between the district and its members, as well as between the district and the public, you work to increase awareness of Toastmasters through all available media.

The Public Relations Manager may be elected or appointed at the will of the District Director, subject to the approval of the district executive committee and confirmation by the district council. You are eligible for re-election or re-appointment for one succeeding term only.

### **Administration Manager**

As the Administration Manager, you are responsible for maintaining the historical records of the district, recording and distributing meeting minutes and otherwise maintaining accurate, timely records of district business.

The Administration Manager may be elected or appointed at the will of the District Director, subject to the approval of the district executive committee and confirmation by the district council. You are eligible for re-election or re-appointment for one succeeding term only. The office of Administration Manager and Finance Manager may be combined.

### **Finance Manager**

As the Finance Manager, you are tasked with the fiscal oversight and management of the district. The Finance Manager works closely with the District Director and Lieutenant Governors to ensure that the district is making cost-effective decisions—within policy—that result in effective fiscal management. The Finance Manager should have knowledge of accounting and be acquainted with the handling of financial matters.

The Finance Manager may be elected or appointed at the will of the District Director, subject to the approval of the district executive committee and confirmation by the district council. You are eligible for re-election or re-appointment for one succeeding term only. The office of Administration Manager and Finance Manager may be combined.

I will encourage you to take this great opportunity to develop your leadership capabilities by taking up a leadership position at the District level. Reflect upon the quote by John Quincy Adams, “If your actions inspire others to dream more, learn more, do more and become more, you are a leader.” ▲

# DISTRICT LEADER NOMINATING FORM



*These materials are confidential. District leadership committee, upon completion of voting, submit all forms to the committee chair to destroy after the final report has been distributed to the district governor.*

Are you interested in nominating yourself or someone else for a district leader position? If so, please complete the form below and submit it to your district governor. If you are nominating someone besides yourself, you may submit more than one person's name for each position.

To be nominated or elected, a member must meet the following requirements:

- ▶ Be a member in good standing of a Toastmasters club in good standing.
- ▶ Meet the qualifications of the position.
- ▶ Consent to being nominated and sign the Officer Agreement and Release Form

I wish to have the district leadership committee consider the following member for the office of:

- ☐ District Director
- ☐ Program Quality Director
- ☐ Club Growth Director
- ☐ Division Director (please specify division \_\_\_\_\_)

***If applicable:***

- ☐ Area Director (please specify area \_\_\_\_\_)
- ☐ Public Relations Manager
- ☐ Administration Manager
- ☐ Finance Manager

Name of nominee \_\_\_\_\_ Are you nominating yourself? ☐ Yes ☐ No

Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_ Postal code \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Member number \_\_\_\_\_

Email \_\_\_\_\_

Home club name \_\_\_\_\_ Club number \_\_\_\_\_

Educational Awards ☐ CC ☐ ACB ☐ ACS ☐ ACG ☐ CL ☐ ALB ☐ ALS ☐ DTM

Other \_\_\_\_\_

To assist the district leadership committee member in their deliberations, please attach:

- ▶ Additional information you would like to include about this candidate.
- ▶ A description of any club and district offices held by the nominee (include dates of service if possible).
- ▶ Why you believe the nominee should be considered for the specified position.

Submitted by \_\_\_\_\_ Date \_\_\_\_\_

**Mail, fax or email to your district governor.  
Submit this form by \_\_\_\_\_ .**





## Tony Gartner, DTM—Past District Governor

### *Too soon gone!*

*By Joann York, DTM*

In 2015 we felt the loss of veteran District 8 Toastmasters Darlene Suter, George Noll, Nancy Jones, Lydia Pochedly and most recently Tony Gartner. The hole in the district and in our hearts for those who knew these members is large. During the Fall Conference, a small group took part in a remembrance session especially for the past district governors who passed. We shared our stories, our memories and our tears.



While I knew Darlene, Nancy and Lydia they were mere acquaintances in comparison to my relationship with Tony. Since starting out as the Communic~8 editor years ago, Tony had become my best friend, my confidante and someone I considered family. He was my sounding board, you could tell Tony anything. He listened and gave fantastic advice as so many within the district knew. You always knew Tony had your back and would provide those needed words of encouragement and guidance.

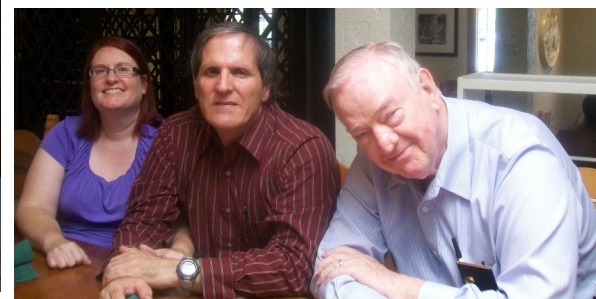
My favorite part of any District 8 event was meeting up with Tony and his lovely wife, Louise, for our conversations. I could miss all the education sessions just chatting and laughing with Tony

and still come away from the conferences feeling like I had gained so much.

Ironically in the last issue which included a memorial to Nancy Jones, I had included a photo of Tony with Nancy from his immediate past district governor roast. I had no idea when I selected that photo we would lose Tony so soon as well. He had just received his printed issue of the newsletter the day before his passing, but he'd already seen an electronic version of the issue and had let me know that photo was his favorite of all the photos in the issue. Tony was definitely a "chick magnet" as the shirt Nancy gave him said. It wasn't just me that was drawn to him, as I went looking through photos I found most included Tony with women surrounding him.



Many may have heard Tony reference the quote, "Too late smart, too soon old." He'd say it to me often when he'd learn something new, like the term "bling" which he learned from me. I don't believe he was too late smart, but he was definitely too soon gone!



Tony, my dearest friend, you will be missed! ▲



## District 8 Members Earn Education & Leadership Awards from Sept. 4, 2015—Jan. 15, 2016



### Division A

#### Chesterfield Toastmasters Club

- Desrosiers, Kevin M.—CL

#### Crossroads

- Ablan, Tamara—CC
- Muelleman, Norman F—CC

#### DSAGSL WORD Masters

- Brune, Paige K.—CC
- Suelmann, Andrew—ACB
- Roth, Dennis Andrew—ACS
- Roth, Eileen Rivera—CC

#### Franklin County Toastmasters

- Hopkins, Michael F.—CC
- Goss, Megan—ACB
- Poinsett, Brenda—ACB
- Kohnen, Mark D.—CC

#### Marion VA Toastmasters

- McClurken, Kathy A.—CL
- McClurken, Kathy A.—CC
- Neal, Michael T.—CC

#### Maritz Toastmasters

- Schaumann-Harfst, Karon M.—CC

#### Mastertoasters Club

- Travis, Caroline—CL
- Roberts, Eric—CL
- Phillips, Gregory S.—CL
- Steinbach, Carol C.—ACG
- Steinbach, Carol C.—DTM
- Prior, Craig—CC

#### Poplar Bluff Toastmasters

- Kimbrow, Larry—ALB
- Shields, James H.—ALB

#### South County Toastmasters Club

- Paul, Jerald D.—ACB
- Paul, Jerald D.—ALB
- Ritter, Lauren—CC
- Carter, Jack—CC
- Jammalamadaka, Vamsi—CC
- Ramshaw, Matthew J—ALB
- Kutell, Adam Henry—LDREXC

#### Southern Illinois Toastmasters Club

- Klein, Barbara Jean—CC
- Scarbrough, Timothy Thomas—CC

#### Speak Easy Toastmasters

- Workman, David—ACS
- Holt, Sharon L.—ACB

#### SPEAK UP! Club

- Kardis, Sandra M.—ALS

### Division B

#### Bulls & Bears Club

- Boley, Susan—ACS

#### Cave Springs Toastmasters

- Swanson, Catherine C.—ACG
- Siemers, Denise R.—ALB

#### Creve Coeur Toastmasters Club

- Read, Annette R—CC
- Singh, Dhanuja—ACS

#### Grace Church Toastmasters

- Turner, Joseph—CL

#### Little Hills Toastmasters

- Lepkowicz, John—ACS
- Lepkowicz, John—ALB
- Pelikan, Brian R.—ACS

#### M-Powered Speakers

- Valentino, Cathy M.—CL
- Buehler, Craig—ACS

#### McCarthy Communication Builders

- Krewson, Joseph M.—ACB
- Stelmacki, David M.—CC

#### Money Talks Club

- Berkbighler, Susan M.—ALB

#### Monsanto Noontime Toastmasters

- Were, Angelica—CC
- Were, Angelica—CL
- Rao, Suvandhya—CC

#### Plus Factor Club

- Hill-Carter, Camesha N.—LDREXC
- Triplett, Melissa—CL

#### River City Toastmasters Club

- McFadden, Tonya S.—CC
- McFadden, Tonya S.—CL

#### Speak Out

- Fackler, Jonathan C—CC
- Roberts, J Sam—CC

#### St Charles County Toastmasters Club

- Riano, Denise E.—CL
- Riano, Denise E.—CC
- Rios, Eric—CC

#### Toast of the Fleet

- White, Shawn—CC

#### Triton Toastmasters

- Anderson, Marquette—CC
- Larsen, Ann—CL
- Anderson, Marquette—CL
- Banholzer, Peter M—CC

#### WelDon Toast Club

- Anantharam, Parasuram—ACS

### Division C

#### Capital City Toastmasters

- Reserva, Pat O.—CL

#### Collinsville Toastmasters Club

- Stewart, Brian R.—CC

#### Fairview Heights Toastmasters Club

- Helf, Ronald F.—CC

#### Horace Mann Toastmasters

- Randall, Nathaniel H.—ALB

#### McBrian Lincoln-Douglas Club

- Gale, Peter—ACB
- Burgess, Daniel C.—CC

#### O'Fallon Toastmasters

- Golart, Erika J.—ALB
- Wright, Deborah D.—CC

#### Scott Toastmasters Club

- Emerson, Cameron S—CC
- Emerson, Cameron S—CL

#### Smedley Hometown Memorial Toastmasters Club

- Triplett, Melissa—ALB

#### St. Elizabeth's Hospital

- Jablonski, Natalie D.—CC
- Owens, Kamara—CC
- Stratton, Raymond L.—ACS

#### Top Talk Toastmasters!

- Holton, Edwina—CC
- Turner, Caren D.—CC
- Ralleigh, Rosalind D.—CC
- Ralleigh, Rosalind D.—CL

### Division E

#### Alpha Toastmasters

- Davis, Pierre—ACB
- Jones, Trevor—CL
- Threadgill, Eric—ACB
- Threadgill, Eric—ALB
- Jones, Trevor—CC

#### Capital Toastmasters Club

- Yates, Frank M.—LDREXC
- Yates, Frank M.—ALS
- Yates, Frank M.—DTM
- Sullivan, Linda A—ACB

#### Columbia Toastmasters

(Continued on page 17)





## District 8 Members Earn Education & Leadership Awards continued ...



(Continued from page 16)

- Kaplan, Lorie F.—CL
- Jarboe, Seth M.—ALB
- Jacobs, Erin L.—CL

Courage to Grow Toastmasters Club

- Wilson, Caleb J.—CL

Downtown Toastmasters

- Thomas, Theresa A.—CC
- LaRose, Judith Claire—ALB
- Milarsky, Jeremy F.—CL
- Freeman, Kenneth Don—CL
- Howard, Genevieve A.—ACB

Good Neighbor Toastmasters Club

- Bennett, Nicholas Barton—ACG

Ozark Orators Club

- Paudel, Ghana Shyam—CL
- Storey, Andrew A.—CC
- Storey, Andrew A.—CL
- Paudel, Ghana Shyam—CC
- Paudel, Ghana Shyam—ALB

Shelter Insurance Toastmasters

- Fitzgerald, Ross A.—CL

Talu Toastmasters Club

- Davis, Brock T.—CC
- Backstrom, Roderick—CC

- Lockhart, Jimmie—CL
- Khaalid, Abdullah S.—CL

Waynesville-St. Robert Area Toastmasters

- Stewart, Teresa Anne—ACB

### Division F

Anheuser-Busch Club

- Donovan, Timothy M.—CC

F.R.B. Club

- Autry, Prentice C.—ACG

Free Speakers

- Laura, Elaine P.—CL
- Carpenter, Denise E.—CC

Jacobs P3

- Stein, Tony M.—CC
- Wisbey, Mark B.—ALB

MAC Toastmasters Club

- Smith, David—CC

Mallinckrodt Speaks

- Coenen, Stephen G.F.—CC

Midtown Clayton Toastmasters Club

- Stimac, Richard C.—CC
- Devoll, Matthew W.—CC

Open Line Toastmasters

- Black, Nick S.—CC

Primary Conversations

- Anderson, Robin G.—CC

Rent-A-Toast Club

- Berri, Kathy—CL

Sigma-Aldrich Toastmasters Club

- Triplett, Tammi T.—CC
- Triplett, Tammi T.—CL
- Madhi, Sateesh—CC

Toast of WU

- Leingang, Karen A.—ACB
- Leingang, Karen A.—CL
- Bagby, Mark P.—ALB
- Leingang, Karen A.—ALB
- Huck, Jennifer L.—CC

Torchmasters

- Finks, Jason—CC
- McCullar, Steven C.—ACB

Voices in Unity Club

- Simpson, Portia M.—CC

WUSTL Speaks

- Early, Rosalind L.—CC



## Celebrating & Recognizing Missouri Bootheel Regional Consortium Toastmasters

By Sandy Kardis, IPDG

Missouri Bootheel Regional Consortium, Inc. (MBRC) is an innovative, diverse non-profit organization that promotes data-driven, evidence-based and high performance programs. For more than 10 years, the MBRC has been instrumental in improving the quality of family life in the region.

Thanks to the diligence of Cynthia Dean, Chief Executive Officer on the MBRC Board of Directors Missouri Bootheel Regional Consortium Toastmasters had its beginning in Sikeston. With four days remaining in the 2014-2015 Toastmasters year, this club (Club #04631603) chartered on June 26, 2015 as District 8's third new club with 20 members. Larry Kimbrow, 2015-2016 Division A Director and

James Shields are serving as the club's mentors.

Kat Mokriakow, 2015-2016 Club Growth Director made the arrangements for the October 8th presentation of the club charter certificate. I (the Immediate Past District Governor), Farzana Chohan, 2015-2016 District Director, and Kat traveled to Sikeston for the presentation. I had the honor of presenting the club president Tracy Morrow and Cynthia Dean with their club's charter certificate and then presented member charter certificates to the Toastmasters attending. The charter cake was enjoyed by all!



Welcome to Missouri Bootheel Regional Consortium Toastmasters! ▲





## More Fall Conference Photos ... did you miss the fun?



# Spring Conference May 6th & 7th

## Seeking District 8 Toastmasters — Get Involved!

- ◆ Charity Chair
- ◆ Contest Chair
- ◆ Decorations Chair
- ◆ Education Chair
- ◆ Facilities Chair
- ◆ Hospitality Chair
- ◆ Publicity Chair
- ◆ Registration Chair
- ◆ Special Events Chair



If you want to get involved as a “chair” or on our team, please contact me Joann York at [j\\_york71@hotmail.com](mailto:j_york71@hotmail.com) to discuss your involvement.

We will still be celebrating District 8’s 75th year—you can help make it a fun-filled event!

**TOASTMASTERS INTERNATIONAL**

Kat Mokriakow, DTM—Club Growth Director  
100 Lakeview Circle  
Elsberry, MO 63343

Editor: Joann York, DTM  
E-mail: [j\\_york71@hotmail.com](mailto:j_york71@hotmail.com)

**District 8 is on the web.**  
**[www.dist8tm.org](http://www.dist8tm.org)**

### **Volunteer for District and Develop your Leadership skills:**

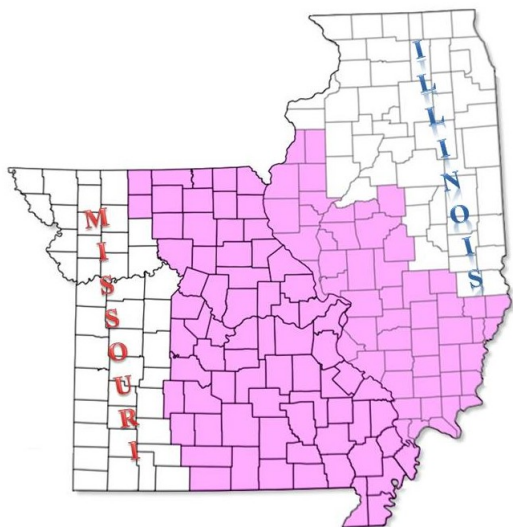
Do you know there is a Toastmasters world  
beyond your club in which you can  
participate? Join us at District level by  
volunteering for District activities & events.

If you have a specific skill and would like to  
assist the District send an email to  
[DD@dist8tm.org](mailto:DD@dist8tm.org)

*It is a great way to enhance Leadership skills  
and learn from experienced Toastmasters!*

### **The Mission of District 8**

We build new clubs and support all clubs  
in achieving excellence.



### **Share your News with District:**

**Recognition:** Have you shared your recognition in community, in your profession/business with your fellow Toastmasters in District 8? Fellow Toastmasters would be delighted to know about your achievements.

#### **Club Anniversary**

**and Club News:** Send us a brief report with pictures to be posted on District social media about your club events.

**Published Authors:** If you published a book, written an article and would like link to be shared on District Social media.

Email to [DD@dist8tm.org](mailto:DD@dist8tm.org)

### **District 8 Speakers Bureau**

By John Barry

Talent, skill, and expertise – District 8 Toastmasters have it! District 8 is currently launching a link to a Speakers Bureau on the District 8 website. Are you interested in joining the Speakers Bureau? A speaker must have demonstrated the capability to engage an audience through speeches and topics with a credible professional presence. As a D8 Toastmaster the minimum qualifying requirement is accomplishment of the CC award. Topics should be of universal interest, ie leadership, communication skills, business topics and social media just to name a few.

Potential engagements include a variety of venues, including keynote address, conference breakouts, seminars, workshops, commencement address, after dinner/lunch speeches, community group meetings, school assembly and storytelling.

All candidates for the Speakers Bureau should e-mail District Director Farzana Chohan or Speakers Bureau Chair, John Barry to let us know of your interest. You will be asked to complete an application with a list of speech titles and presentation topics to be considered. If approved, speakers will be requested to provide a head and shoulder's photo and a short bio. Let us know if you are interested or if you know of any potential speaking opportunities within the District.

**Farzana Chohan**  
District Director  
[dd@dist8tm.org](mailto:dd@dist8tm.org)

**John Barry**  
Chair, Speakers Bureau  
[mrjohnbarry@msn.com](mailto:mrjohnbarry@msn.com)

### **Be a part of the past and the future of D8!**

Become a member of ...

#### **Smedley Hometown Memorial Toastmasters Club**

Seeking the past, current and future D8 leaders

**Purpose:** We celebrate our D8 connection to Founder Dr. Ralph Smedley and work to build, support and encourage D8 leaders.

**Meets:** Once a month, usually in connection with D8 meetings or other events.

**Website:** <http://4115.toastmastersclubs.org/>

**Contact:** Joann York [j\\_york71@hotmail.com](mailto:j_york71@hotmail.com)